

Saint Mary's

Episcopal Church Barnstable

JULY - AUGUST 2019



THE REV. DR. LIBBY
GIBSON, RECTOR

*"Connect deeply with
God and each other"*

"When you enter the land that I am giving you, the land shall observe a sabbath for the Lord. For six years you shall sow your field, and for six years you shall prune your vineyard, and gather in their yield; but in the seventh year there shall be a sabbath of complete rest for the land, a sabbath for the Lord: you shall not sow your field or prune your vineyard. You shall not reap the aftergrowth of your harvest or gather the grapes of your unpruned vine: it shall be a year of complete rest for the land." Leviticus 25: 2-5

Seven years ago when I was called to St. Mary's, the search committee shared with me that the parish was discerning an extensive renovation of the buildings. At that time, focus groups had been consulted and architects had drawn up sketches of what might be done. Thankfully, the renovation team and vestry let these plans simmer on the back burner since I was a brand new rector and somewhat intimidated by the scope of the project. In my very first month, we began describing ourselves as a parish community that **seeks to connect more deeply with God, with each other, and with the needs of the world.** It is astonishing to look back on the many ways we have deepened our connections in those seven years.

We sought to **connect more deeply with God** by celebrating hundreds of services of Holy Eucharist – including Joy Mass, Taize', and services on the sandbar, in the gardens, and in your homes. All of our services are prepared by the staggeringly faithful altar guild, enhanced by our amazing choir and music ministers, and supported by the dozens of liturgical participants like ushers, acolytes, lay readers, and lay Eucharistic ministers. We have tried new worship styles and allowed them to fall

away when they didn't work for our community. We have welcomed hundreds of new members, baptized dozens of God's people, celebrated the blessings of many marriages, cried for our loved ones who are now in the communion of saints, and seen two community members ordained. We have also met God in retreat environments such as the Barbara C. Harris Camp and Conference Center, Society of Saint John the Evangelist, and the Holy Isle of Iona.

Strengthened by our lives of prayer, we reached into our community to **deepen connections with each other** during coffee hour, special parish dinners like Shrove Tuesday, Thanksgiving, and small groups like Bible Study, Men's Fellowship, Thursday morning group, and especially in establishing Open Circle neighborhood groups. Our Sunday School programs and Youth Group help our children and teens to deepen their connections with each other and across the generations. Our care for each other deepens during times of crisis, and the pastoral care team has lovingly cared for many members of the community. And under the direction of our deacon, the healing ministry was expanded and is now offered at all services and Eucharistic Visitors regularly take Communion to

(Continued Next Page...)

people in their homes or hospital. Our annual events like the Rummage Sale, Daffodil Tea and Holly Fair provide wonderful opportunities to deepen relationships with each other and also reach out into the community.

Our **connections with the needs of the world have also expanded** tremendously in the last seven years. We were a founding congregation of the Nutrition Mission feeding program while continuing the Days of Hospitality and Miracle Kitchen. We developed a mid-Cape program to feed hungry children in the summer months, we helped start the Amazing Grace camp for children whose parents are incarcerated, we cultivated a mission relationship with our Lakota Sioux friends on Rosebud reservation, we built a flourishing partnership with Hyannis West Elementary School, we continue to support efforts to prevent homelessness with the BIC grocery card sales, and our youth group regularly participates in efforts to clean up our ponds and beaches.

All of these connections depend on our hard-working staff and the administrative structures that support all our work. In the last seven years, we have overhauled our financial systems, changed to an on-line database program, initiated on-line giving, improved our human resources practices, and constantly sought to improve our buildings and grounds. This committee and the garden committee have worked tirelessly to maintain and enhance the beauty of our physical environment that welcomes and blesses thousands of people each year.



In the midst of all this holy work, in 2017, your vestry and building renovation team heard God calling us to **make our buildings and grounds safer, more accessible, and more environmentally sustainable.** Over the course of two years, as a parish we have worked together in joy and through challenges, to answer this call and do our part in **making St. Mary's as welcoming as possible for all of God's people, regardless of physical abilities.** Now that the renovation is complete and we are about to bless our church, parish hall, and gardens, my heart overflows with gratitude for the blessings and strength God poured into this community during this renovation.

On the seventh day of creation, God rested from work. When the people entered the promised land, God called them to rest in the seventh year. And thus my friends, as we are in our seventh year of ministry together, I look forward to a time of rest with you. May God fill us with her Spirit of refreshment and peace as we gather strength for many more years of service together, connecting ever more deeply with God, each other, and the needs of our community.

With love and blessings,

Libby +

Worship Services and Notable Dates

Our Weekly Services - All are Welcome!

Thursday, Holy Eucharist & Breakfast: 8:30am.

Saturday Holy Eucharist: 5pm

Sunday Holy Eucharist: 8am & 10am

***Please note:** Tuesday Morning Fellowship & Wednesday Morning Bible Study will not be meeting during the summer. We will resume in September. Thank you!

Save the Dates:

Thursday, July 4th - 9:30am - Independence Day Parade - Come and see St. Mary's Float!

Saturday, July 6th - 5pm - Taize, potluck following service

Sunday, July 7th - 8am & 10am - Holy Eucharist, Celebration of Fr. John McGinn

Tuesday, July 9th - 4:30pm - **Bishop Alan Gates Visits - Dedication of our Renovation with Reception (please see notice further in this newsletter for RSVP information)**

Sunday, July 21st - 9:30am - Big Nick's Ride

Sunday, July 28th - 9:00am - Joy Mass

Please follow this link to all of our services and events on our
www.stmarys-church.org

W O R S H I P & M U S I C

New Minister of Music to start in July!



I am delighted to welcome Dr. Mark Lawlor to the staff of St. Mary's to serve as our minister of music. Our job description stated: "The Minister of Music is the principal musician and music educator of St. Mary's Church, and integral to leading the congregation as we offer our musical gifts to God. S/he will direct the parish choir, collaborate with the director of the youth choir, and in consultation with the rector, have primary oversight over all musical selections. As appropriate, the Minister of Music will instruct the choir and congregation concerning the music and how the selections relate to our liturgies. S/he will be diligent in preparation, clear in communication, and will collaborate with others to provide and enable the highest standard of music at St. Mary's."

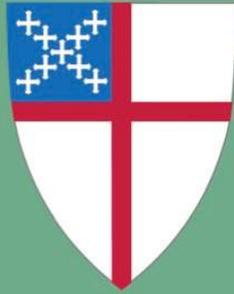
I could not imagine a more qualified person than Dr. Mark Lawlor to assume this role. Mark comes to us from Denver, CO where he was an associate professor of sacred music at St. John Vianney Theological Seminary and Liturgical Music specialist and director of choirs for the archdiocese of Denver. He has forty years

of church music experience as both an organist and choir director and developer. Grounding his service in the church, Mark has a deep love of Jesus and incredible joy that are contagious for all who are blessed to sing with him. We are blessed that his wife Betsy, who is a Senior IT Systems Administrator at Woods Hole Oceanographic Institute, will be joining Mark at St. Mary's and sharing her incredible musical gifts in the choir. Mark and Betsy's daughters, Katie and Courtney live in New York City and Colorado, and we look forward to welcoming them when they come to visit. Mark will begin working with us in late July and we look forward to many years of singing with him!

S H E ' S B E E N O R D A I N E D !



Congratulations Reverend Deacon Hilary Greene
who was ordained June 1st!



THE BISHOP IS COMING
TO ST. MARY'S!

*Join us as we dedicate our
newly renovated church,
parish hall and gardens*

Tuesday July 9, 2019

**4:30 pm Service and Ribbon Cutting
5:30 pm Reception and Dinner**

For more information and to RSVP,
please call 508-362-3977.
3055 Main St. Barnstable

**Please RSVP. This is a Pot Luck dinner. We will supply the main entree.
Please sign up to bring a side dish, salad or dessert.
Sign up sheet is in the Parish Office.**



EDUCATION & FORMATION

ALLISON BRESSETTE, COORDINATOR FOR CHILDREN AND FAMILIES' MINISTRIES



Youth & Children



We've had so much fun and experienced great joy throughout our multi-age spring church school/kids' church session! Inspired by both *The Way of Love* and the *Love First Project*, we've focused on themes and projects that share love and kindness with others. Some examples so far:

Paint and share kindness rocks to spread thoughtful sentiments across the Cape and beyond.

Create a joyful surprise "welcome home" door decoration for Libby's return

Craft notes and bouquets left on parishioner's windshields in the parking lot

These projects have spanned age groups and generations in some cases, and they've been meaningful for the teachers as well as the kids.

Blessings, Allison



At the Car Wash, Ya!

A big **THANK YOU** to everyone who helped with the car-wash May 25th. The weather was perfect and everyone was working hard to get that nasty pollen off folk's cars! Nice job Youth Group!





OUTREACH

OPPORTUNITIES TO SERVE

An update on Summer Eats 2019

Summer Eats 2019 is off to a great start! In our first week, we started off slow with 375 lunches and snacks for the HYCC, and we benefited from the work of over 35 different volunteers! Next week, we'll start with the Mashpee Public Library as well and serve over 500 lunches and snacks each week for the rest of the summer!

There are still many openings for volunteers in July and August. Signups can be found in the Parish Hall and through the Signup Genius link in the eNews every week. Kitchen workers start at 8 am to prep the sandwich for the day and fruits and vegetables for the next day. Line workers start on the assembly line at 8:30 to put together the lunches and snacks for the day. Drivers pick up the coolers afterward and take them to one of our two sites.

With over 50% of children in Barnstable and Mashpee qualifying for the free and reduced lunch program, our open sites have a big impact over the course of the summer.

You can reach me at: formation@stmarys-church.org and (774) 208-8012 (cell). I hope to see you some mornings this summer!

Sophie Gibson





IN REACH & CARE

COMMUNITY INFORMATION

Presented by the Pastoral Care Committee

Best sunscreen:

Understand sunscreen options

The best sunscreen is one that you'll use generously and according to label directions. Know what to look for on sunscreen labels and how to maximize your sun protection.

By Mayo Clinic Staff

Confused about the best sunscreen to use? Lawrence E. Gibson, M.D., a dermatologist at Mayo Clinic, Rochester, Minnesota, offers his guidance.

What are the best ways to protect yourself from the sun? Focus on the big picture when it comes to sun safety. For example:

- **Avoid the sun during peak hours.** Generally, this is between 10 a.m. and 4 p.m. Water, snow, sand and concrete reflect light and increase the risk of sunburn.
- **Wear sun protective clothing.** This includes pants, shirts with long sleeves, sunglasses and hats.
- **Use sunscreen.** Look for water-resistant, broad-spectrum coverage with an SPF of at least 30. Apply sunscreen generously, and reapply every two hours – or more often if you're swimming or sweating.

What does a broad-spectrum sunscreen do?

There are two types of UV light that can harm your skin – UVA and UVB. A broad-spectrum sunscreen protects you from both. UVA rays can prematurely age your skin, causing wrinkling and age spots. UVB rays can burn your skin. Too much exposure to UVA or UVB rays can cause skin cancer. The best sunscreen offers protection from UV light.

What SPF do you need?

SPF stands for sun protection factor, a measure of how well sunscreen protects against UVB rays. (UVA protection isn't rated.) Manufacturers calculate SPF based on how long it takes to sunburn skin treated with the sunscreen as

compared to skin with no sunscreen. Experts recommend using a sunscreen with an SPF of at least 30. Sunscreens with SPFs greater than 50 provide only a small increase in UV protection. High-number SPFs last the same amount of time as low-number SPFs.

Sunscreen is often not applied thoroughly or thickly enough, and it can be washed off during swimming or sweating. As a result, sunscreen might be less effective than the SPF number suggests.



What does water-resistant sunscreen do?

The term water resistant means that the SPF is maintained for up to 40 minutes in water. Very water resistant means the SPF is maintained for 80 minutes in water.

What do I need to know about sunscreen ingredients?

Sunscreens contain filters that reflect or absorb UV rays. There are two main types of filters:

- **Organic.** Organic filters absorb UV radiation and convert it to a small amount of heat. Examples include cinnamates, salicylates and benzophenones.
- **Inorganic.** Inorganic filters reflect and scatter UV radiation. Examples include titanium dioxide and zinc oxide. Inorganic sunscreens are typically less irritating to skin.

Sunscreens might also contain or be combined with:

- **Insect repellent.** Experts recommend using separate sunscreen and insect repellent products. Sunscreen needs to be applied generously and often, while insect repellent should be used sparingly and less frequently.
- **Cosmetics.** Some moisturizers, makeup and after-shaves contain sunscreen. While convenient, these products need to be regularly reapplied to continue providing protection.

(continued next page)

Should I use a spray sunscreen or a lotion?

Consider the pros and cons for different applications, including:

- **Creams.** If you have dry skin, you might prefer a cream – especially for your face.
- **Lotions.** Lotions are often preferred for application on large areas. Lotions tend to be thinner and less greasy than creams.
- **Gel.** Gels work best in hairy areas, such as the scalp or chest.
- **Stick.** Sticks are useful when applying sunscreen around the eyes.
- **Spray.** Sprays are easy to apply on children. Because it's difficult to know how well you're applying it, spray a generous and even coating. To prevent inhalation of the product, don't spray near the face or mouth. Check the direction of the wind before spraying.



Uncovering UPF in clothing

You're heading out the door for a day of fun in the sun with your family. You grab the sunscreen because you know a sun protection factor, or SPF, of 30 is going to protect your exposed skin from getting burned. But most people don't know that skin covered by clothing can still get sunburned.

"Natural clothing without sun protective factors will have an SPF of approximately 1 to 4, based on how tight the weave is and how breathable the material is. So it actually does not give you that much sun protection." But Dr. Dawn Davis, a Mayo Clinic dermatologist, says there are special types of clothing that will protect you.

The clothing industry has now allowed the integration of a weave of microfibers into certain clothes that allow it to have a UPF, or ultraviolet protection factor, that's equivalent to SPF of s Sunscreen. She says UPF is even calculated the same way SPF is.

"You can spend 50 minutes outdoors with a piece of clothing before developing mild redness versus 10 minutes without, you would have a protective factor of 50 over 10, which is a UPF of 5."



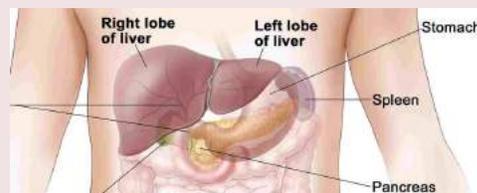
What else do I need to know about sunscreen?

When you use sunscreen:

- **Apply generous amounts of sunscreen to dry skin** 15 minutes before you go outdoors.
- **Use sunscreen on all skin surfaces** that will be exposed to the sun, such as your neck, the tops of your feet, your ears and the top of your head. Apply a lip balm or lipstick with an SPF of least 30 to your lips.
- **Since UV light can pass through clouds,** use sunscreen even when it's cloudy.
- **Check the sunscreen's expiration date.**
- **Avoid using sunscreen on children younger than age 6 months.** Instead, try to limit sun exposure. Use sunscreen year-round, but don't let any product lull you into a false sense of security about sun exposure. A combination of shade, clothing, sunscreen and common sense is your best bet.

Pancreatic Cancer

Adapted from the Mayo Clinic website.



Pancreatic cancer begins in the tissues of your pancreas – the organ in your abdomen that lies horizontally behind the lower part of your stomach and releases hormones to help your body process sugars and juices that help you digest food. The cancer occurs when cells in your pancreas develop mutations in their DNA. These mutations cause cells to grow uncontrollably and to continue living after normal cells would die. These accumulating cells can form a tumor. Untreated pancreatic cancer typically spreads rapidly to nearby organs and blood vessels.

(continued next page)

Pancreatic cancer is seldom detected in its early stages, and in most cases it's not clear what causes it. Doctors have identified factors, such as smoking, that increase your risk of developing the disease. But for people with pancreatic cysts or a family history of pancreatic cancer, some screening steps might help detect a problem early. Treatment may include surgery, chemotherapy, radiation therapy or a combination of these.

Signs and symptoms of pancreatic cancer often don't occur until the disease is advanced. They may include:

- Pain in the upper abdomen that radiates to your back
- Loss of appetite or unintended weight loss
- Depression
- New-onset diabetes, especially when combined with weight loss.
- Blood clot
- Fatigue
- Jaundice – the yellowing of your skin and the whites of your eyes



See your doctor if you experience unexplained weight loss or if you have persistent fatigue, abdominal pain, jaundice, or other signs and symptoms that bother you. Since many other conditions can cause these symptoms, your doctor may check for these as well as for pancreatic cancer.

Factors that may increase your risk of the disease include:

- Chronic inflammation of the pancreas (pancreatitis)
- Diabetes
- Family history of genetic syndromes that can increase cancer risk, including a BRCA2 gene mutation, Lynch syndrome, and familial atypical mole-malignant melanoma (FAMMM) syndrome
- Family history of pancreatic cancer
- Smoking
- Obesity
- Older age, as most people are diagnosed after age 65
- One large study demonstrated that the combination of smoking, long-standing diabetes and a poor diet increases the risk of pancreatic cancer beyond the risk of any one of these factors alone.

As pancreatic cancer progresses, it can cause complications such as:

- **Weight loss.** This can arise from various factors. The cancer itself may cause weight loss. Nausea and vomiting caused by cancer treatments or a tumor pressing on your stomach may make it difficult to eat. Or your body may have difficulty processing nutrients from food because your pancreas isn't making enough digestive juices. Your doctor may recommend pancreatic enzyme supplements to aid in digestion. Try to maintain your weight by adding extra calories where you can, and making mealtime as pleasant and relaxed as possible.
- **Jaundice.** Pancreatic cancer that blocks the liver's bile duct can cause jaundice. Signs include yellow skin and eyes, dark-colored urine, and pale-colored stools. Jaundice usually occurs without abdominal pain. Your doctor may recommend a procedure to take images of the pancreatic and bile ducts using an endoscope.
- **Pain.** A growing tumor may press on nerves in your abdomen, causing pain that can become severe. Pain medications can help you feel more comfortable. Radiation therapy might help stop tumor growth temporarily to give you some relief. In severe cases, your doctor might recommend a celiac plexus block –injecting alcohol into the nerves that control pain in your abdomen. This stops the nerves from sending pain signals to your brain.
- **Bowel obstruction.** Pancreatic cancer that grows into or presses on the duodenum, the first part of the small intestine, can block the flow of digested food from your stomach into your intestines. Your doctor may recommend placing a tube in your small intestine to hold it open or surgery to attach your stomach to a lower point in your intestines that isn't blocked by cancer.

You may reduce your risk of pancreatic cancer if you:

- **Stop smoking.** If you smoke, try to stop. Medically recommended strategies include support groups, medications, and nicotine replacement therapy. If you don't smoke, don't start.
- **Maintain a healthy weight.** If you are at a healthy weight, work to maintain it. If you need to lose weight, aim for a slow, steady loss – 1 to 2 pounds a week. To do that, combine daily exercise with a diet rich in vegetables, fruit, and whole grains with smaller portions.
- **Choose a healthy diet.** The diet above may also help reduce your risk of cancer.
- **Genetic counseling.** If you have a family history of pancreatic cancer, consider meeting with a genetic counselor. He or she can review your family health history and determine whether you might benefit from a genetic test to understand your risk of pancreatic or other cancers.



MINISTRY SUPPORT

Calmer Choice

Summer Meditation Program!

Calmer Choice will offer a 6-week Summer Meditation Program for Adults starting July 23rd here at St. Mary's Church – led by Calmer Choice. More details to follow in our weekly bulletin and e-News!

“Calmer Choice is a universal prevention program committed to teaching people how to effectively and safely manage stress and resolve conflict so that they live happy, healthy and successful lives. Our goal is to provide skills that will diminish the risk of violence, substance abuse, and other self-destructive behaviors. Calmer Choice is designed to engage each individual in a mindful experience, stimulate their curiosity around the curriculum, and guide them in discovering how it relates to their lives. Through discussions and cooperative activities, participants learn to integrate the Calmer Choice skills into their lives.” (excerpted from Calmer Choice at calmerchoice.org)

BOOK GROUP

Our next book group will be September 13, Friday at 1:00 in the St James Room We will be discussing "Recipes for Love and Murder" by Sally Andrew. This is a good summer read that will take you to the sights, sounds and smells of South Africa. All are welcome. Contact Susan Babcock, susan.babcock@comcast.net.

St. Mary's Fall Rummage Sale!



Save the Date, September 20 and 21. Please consider donating and/or volunteering. This time-honored event is one of our biggest fundraisers for outreach and the needs of St. Mary's. Here are some dates to consider, Set- up 9/15, Collection, organizing and pricing 9/16 to 9/19.

Please contact co-chairs, Liz Ferretti (eabferretti@gmail.com) or Linda Stackhouse (lstack172@gmail.com).

Coffee Host/Hostess

Coffee Hour Host/Hostess! Help keep the St. Mary's tradition of hospitality alive! Sign up with [this link](#) for a date and feel free to invite a friend or family member to co-host/hostess with you. You need only provide a quart of Half & Half, and whatever goodies you choose. You may bake or purchase; fruit, coffee cakes, bread, donut holes have all been popular. Carmen will set up the coffee, mugs, and do clean-up. You need to only arrive early to set out your goodies prior to the 10am Service. Any questions please contact Liz Ferretti, 508-362-6546 or eabferretti@gmail.com.



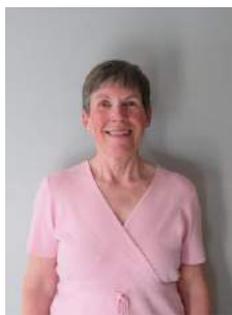
Weekly eNews



Your weekly eNews is intended to look ahead, beginning today through the next week. If you would like to look further out please visit the website, www.stmarys-church.org. You will find St. Mary's Calendar under the News section.

Deadline for Service & eNews Announcement:
Monday, noon, for the following weekend bulletin and eNews.
Email submissions to ministrysupport@stmarys-church.org

Welcome Newcomers!

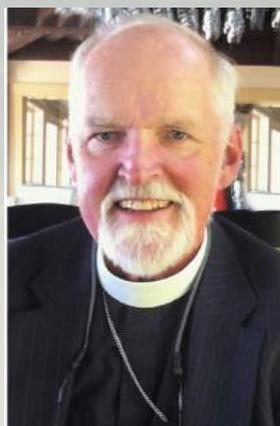


Photos courtesy of:
Cay Hartley

Farewell Fr. John!

CELEBRATING FR. JOHN!

The Rev. John McGinn will be joining us Sunday, July 7th. Please join us on for worship and to properly thank him for leading our parish during Rev. Libby's sabbatical.



Picture this....

Play Ball!!

Rev Libby dedicates Scarafile Field in Hyannis with the invocation on Monday night. Good contingent of parishioners present.



Barnstable Youth Singers!



Have you recently seen any of our parishioners in the news?
Please feel free to submit a link or copy to
admin@stmarys-church.org.

Works of Art by our own St. Mary's parishioners!

Art is displayed in our renovated space just outside Walden Hall. Come and see these lovely works!



BUILDING RENOVATION UPDATES AND NEWS

Renovation Update:

By David Munsell and Peter Gwynne

Another quiet but effective week as we await the visit of Bishop Gates on July 9 to rededicate the church. Electricians have completed the wiring for the elevator, and the ConServ crew worked for two days with the elevator crew to finish the interior shaft. Still to come is certification, which will give us access to the facility. Meanwhile Carmen has sprayed primer paint and added new baseboard in the old library. And the new 'Welcome All' sign now graces the area outside the new entryway. As usual, you can view photos of the work on our Instagram site, <http://www.stmarys-church.org/2018-renovation>.



The Garden Committee has been hard at work putting the gardens and grounds back together. They have been digging, mulching, planting, building, clearing, buying and replanting again and their hard work is paying off! The grounds are looking beautiful! Thank you to our wonderful committee of green thumbs!!

CARMEN'S CORNER.



Need the Sexton's Help with something?

Please call the office at (508) 362-3977 or email admin@stmarys-church.org.

"Administrators work from sun to sun, but a Sexton's job is never done!" Ok, maybe that's not how the saying goes, but it sure does apply. From making Sunday morning coffee, to digging plots for burials, to cleaning the entire campus and stocking supplies, to building shelves, to repair and maintenance on the building & rectory, to even doing masonry, laying wood flooring or building rock walls. Carmen has many skills and his services are in high demand!

Would you please help? If you need Carmen for any tasks - no matter how small you believe it to be - please be sure to call Julie at the office, come visit her or email her at admin@stmarys-church.org. She will be sure to fit you into Carmen's busy schedule. We really appreciate your help.

HAPPY BIRTHDAY! July & August

Bruce Jones 7/1	Pauline Cunniff 7/18	Helen Rhodes 7/31	Linda-Gene Peterson 8/12
Kyle Sullivan-Jones 7/1	Betsy Higgins 7/18	Andrew Clark 8/1	Christine Dilley 8/13
Michael Palmer 7/1	Becky McClenahan 7/19	Jeff Spillane 8/1	Matthew Hersey 8/14
John Alden 7/1	Nancy Ill 7/19	Patricia Rothermel 8/2	Bruce Vandebrook 8/16
Lana Hopkins 7/2	LeRoy Anderson 7/21	Don Sherlock 8/2	Jack Watters 8/16
Paul LaPine 7/3	Joshua Hersey 7/21	Rob Parke 8/2	Meghan Mamlock 8/18
Ronald Bearse 7/3	John Mamlock 7/22	Ardith Call 8/3	Teagan Ver Eeck 8/19
Bea Ellicott 7/4	Elizabeth Whitmore 7/22	Stella Bearse 8/4	Clifford Anderson 8/20
Donald Babcock 7/4	Jean Mongrain 7/22	Alice Coniam 8/4	Charles Orloff 8/25
Suzanne Schlott 7/8	Rosa Babcock 7/22	Mary Ferguson 8/5	Christy Saling 8/25
Deborah Lippard 7/10	Laurel Thompson 7/22	Oliver Prantis 8/5	Tom Morrison 8/26
Brynn Dilley 7/10	Mateo Dunigan-Atlee 7/23	Rogan Ver Eeck 8/6	Patrick Ramage 8/27
Julienne Remie 7/10	Robin Greene 7/24	Jane Martin 8/6	Phoebe Gibson 8/27
Melissa Allen 7/11	Ron Armstrong 7/25	Rip Haak 8/6	William Coale 8/27
Ann Canedy 7/11	Holden Ramage 7/25	Amy Crocker 8/7	Parker Hietsch 8/27
Kai Christo 7/11	Maureen Tempesta 7/25	Finn Thompson 8/7	Dan Miller 8/29
Matt Bresette 7/13	Jeannie Stokinger 7/26	Joseph Scichilone 8/8	Sally Vektorino 8/30
Mackie Rice 7/13	Jenny Brown 7/26	Paxton Reed 8/10	Marge Mansur 8/30
Margot Critchfield 7/13	Dick Corsini 7/26	Helen Hinckley 8/10	James Hinkle 8/30
Constance Rosenberger 7/14	Trish Spillane 7/26	Marcia Bearse 8/10	Cathy Morris 8/31
Lauren Mamlock 7/16	Janis Umschlag 7/28	Carolyn Thomas 8/11	Peter Scarafile 8/31
Patrick Spillane 7/16	Gabby Keeler-Thomas 7/28	Henry Ramage 8/11	Eleanor Sheldrick 8/31
Elliot Prantis 7/18	Tom Lippard 7/31	Pat Buttenheim 8/12	Walter Meinzer 8/31

The Episcopal Church:
All are welcome.
All the time.

St. Mary's, Barnstable

St. Peter's, Buzzard's Bay

St. Christopher's, Chatham

St. Andrew's, Edgartown

St. Barnabas, Falmouth

Christ Church, Harwich Port

St. Andrew's, Hyannis Port

St. Paul's, Nantucket

Trinity Church, Oak Bluffs

Holy Spirit, Orleans

St. Peter's, Osterville

Christ Church, Plymouth

St. Mary's, Provincetown

St. John's, Sandwich

St. David's, South Yarmouth

Grace Church, Vineyard Haven

Good Shepherd, Wareham

St. James', Wellfleet

Messiah, Wood's Hole



ST. MARY'S EPISCOPAL CHURCH

3055 Main Street PO Box 395
Barnstable, MA 02630
508-362-3977

The Rev. Dr. Libby Gibson, Rector

St. Mary's Newsletter is published 6 times a year.

Please send all submissions to the Editor:

admin@stmarys-church.org

www.stmarys-church.org



NON-PROFIT
ORGANIZATION
US POSTAGE
PAID
PERMIT NO. 5
BARNSTABLE MA
02630

TUESDAY, JULY 6TH
THE BISHOP IS COMING TO
SAINT MARY'S
SEE INSIDE FOR DETAILS!



St. Mary's is an ADA accessible
church with
T-Coil for hearing aids

