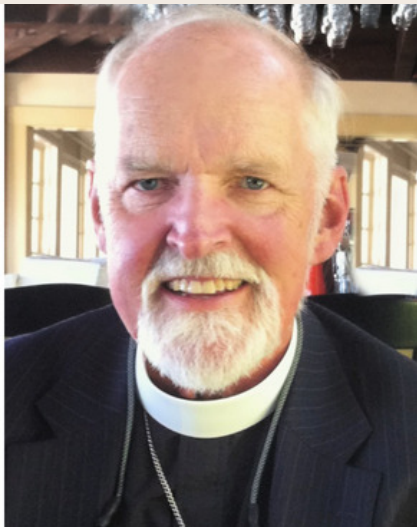


The background is a vibrant stained glass artwork. It features a central panel with a blue sky and a large, stylized blue cross. Below the cross, the words "Saint Mary's" are written in a large, flowing, golden-yellow script. Underneath this, "Episcopal Church Barnstable" is written in a smaller, dark grey serif font. The bottom section of the stained glass depicts a grey dolphin leaping out of stylized, swirling blue and green waves. The entire scene is framed by a thick black border, with decorative elements like small white flowers and circular patterns in the corners.

Saint Mary's

Episcopal Church Barnstable

MARCH/APRIL 2019



F R . J O H N M C G I N N

" J E S U S ' L O V E I S F O R E V E R . . . "

Friends in Christ,

I begin my first newsletter at St. Mary's by giving thanks to Libby, the Wardens, the Vestry and all of you for trusting me to be your substitute priest, sabbatical priest or associate priest. Just call me John or Father John and I will do the best I can.

My intention is to touch on Lent and Easter in this newsletter. I begin with a story about a farmer who had a large shade tree towering over his house. It was a majestic tree and apparently perfect in every way--tall, straight and of immense size--the grand old sentinel of his home. One morning, while sitting on the porch, he saw a squirrel run up the tree into a hole and he thought the tree might be hollow. He proceeded to examine it carefully and, much to his surprise, he discovered that the stately tree that he valued for its beauty and grandeur, to be the pride and protection of his little farm, was hollow from top to bottom. Only a rim of sound wood remained, barely sufficient to support its weight. What was he to do? If he cut it down, it would do much damage with its great height and spreading branches. If he let it remain, his family was in constant danger. What should he do? As he turned away he said sadly, "I wish I had never seen that squirrel."

The opening pages of the Bible tell of a tree in the Garden of Eden, "the tree of the knowledge of good and evil", and in its branches was--not a squirrel--but a serpent. And Adam and Eve came to wish they had never seen that snake. For that snake and the tree symbolized their downfall, an end to a life in paradise, full fellowship with God.

I believe that Adam and Eve are representative of every man and woman since human life began. Let us remember that their story of insight and profound understanding of human nature is also our story. Adam and Eve and you and I.

This Lent, I hope you will meditate on the fact that temptation is a large part of life. Gossip, racism, cable news, struggling print media, hate, fear and sexism, and homophobia surround us and tempts us to be sorry for what we see....as was the farmer who saw the squirrel and Adam and Eve who saw the serpent.

Easter reassures us that no matter what the temptation, God loves us and we need to love ourselves and all others. Easter comes late this year (April 21st) and you can blame the moon for that. The date of Easter, as you know, is set each year by the moon. The Council of Nicea in 325 A.D. set the festival on the first Sunday following the first full moon after the Vernal (Spring) Equinox. Thus, the date for Easter can range from as early as March 22nd to as late as April 25th. It's entirely up to the moon. This year, the full moon is a bit tardy to come around so we have a "late" Easter.

Now, why should the moon have so much association with Easter? The moon is dead, you know. It died 5 billions years ago, astronomers tell us. Yet, it's still around, "telling" us when we can have Easter.

The moon, however, relates to Easter in more profound ways than in determining the date. It is an example of life beyond death, which is the theme of Easter. The moon died many, many years ago. Yet, there it is, still in the sky, influencing our lives. It exists beyond death. Jesus lives. Jesus' love is forever. And no temptation can take that from us.

Agape, *John+*

March/April 2019



W O R S H I P & M U S I C

Worship Highlights for March

Saturday Service returns to 5PM

March 2nd: Saturday service returns to 5pm Taize with Eucharist followed by Potluck at 6pm

Shrove Tuesday March 5th - 5pm

Join us in the Parish Hall for Shrove Tuesday Pancake Dinner. Chris Howard will be providing pancakes and jambalaya! We are asking those who attend to bring a dessert or beverage to share. Please be sure to register by Sunday, March 3. Sign up sheets are in the back of the church as well as in the Parish Office.

Ash Wednesday Services, March 6th

7:30 am (quiet service)

12:00 pm (service with choir)

5:00 pm (service for families)

*Imposition of ashes and Holy Eucharist at all services.

Joy Mass - Saturday, March 24th 9:30am

Worship Highlights for April

Palm Sunday Services, April 13th & 14th

5pm Saturday, April 13 Service

8am Sunday, April 14 Palm Sunday Service

9:30am Children's Palm Sunday Service

10am Palm Sunday Service

Maundy Thursday, April 18th

7pm - Foot Washing Service

Good Friday, April 19th

12pm Stations of the Cross

5pm Good Friday Services for Families

7pm Good Friday Liturgy

Holy Saturday, April 20th

7pm Easter Vigil

Easter Sunday, April 21st

9am Service with Children's Sermon

10am Easter Egg Hunt in the Garden

11:15am Easter Sunday Service

Joy Mass - Saturday, April 28th 9:30am



St. Mary's is an ADA accessible church with T-Coil for hearing aids



March/April 2019

"Be Not Afraid"

This Lenten season we are focusing on being prepared for the resurrection of Christ and also on the home front, being prepared for the unexpected. This may translate to a bad winter storm, a house fire or a man made event like a terrorist attack. Feeling prepared for a situation – be it a job interview, a new baby or a sudden disaster – not only helps us experience less fear and anxiety, but can actually improve how things go. And it is an important part of caring not only for ourselves and our own families but for our neighbors who may be more vulnerable and less resilient when disaster of any kind strikes.

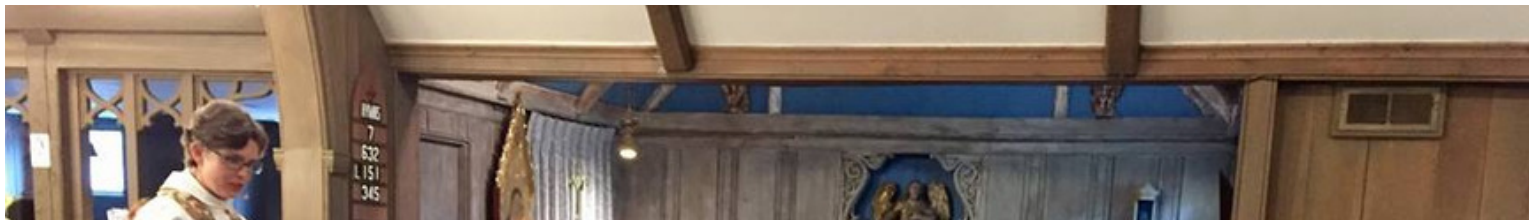


photo courtesy of RedCrossWNC

Each week you will receive **"A Season of Resilience"** insert in our weekly bulletin which includes emergency preparedness and safety tips. These are provided by Episcopal Relief & Development, from their Disaster Program which helps parishes and community members prepare for disasters. The three most important things you can do to prepare for a disaster are: **Get A Kit, Make a Plan and Be Informed.**

On **Sunday, March 31**, Hilary Greene, our candidate to become a deacon and the Executive Director of our local Red Cross chapter, along with Barnstable Deputy Fire Chief and Fire Prevention Officer Rick Pfauzt will present a Sunday forum on **Fire Safety and Emergency Preparedness**. This will take place in **Walden Hall at 11:30**. Please circle your calendar and plan to attend this important presentation. What you learn could save a life or even your own..





EDUCATION & FORMATION

ALLISON BRESSETTE, COORDINATOR FOR CHILDREN AND FAMILIES' MINISTRIES



Youth & Children

I am so delighted to be a part of Saint Mary's Youth and Families Ministry again. I've yet to meet some of you and I'm truly looking forward to getting to know you. For so many others, I can't wait to see you again. It feels like coming home. Saint Mary's is such a special place because of all the special people who makeup this community. I am truly grateful to be home.

I'll be sending out a weekly E-News targeted to our youth and their families. Please look for communication from me every Friday morning. I'll do my best to keep it brief and readable. I do know how busy you all are. E-mail is often hard to get through. I will also be assisting Father Mark with our wonderful monthly JOY Mass and assisting with any of our other special services for youth and families. Please do not hesitate to reach out to me via e-mail any time you need information or have an issue I may be able to help with. My cell phone is 508-280-4518 if you prefer texting.



*A special thank you
from Cathy Ode*

"I want to send my heartfelt thanks to everyone at St. Mary's for a lovely send-off on January 13, including a generous parting gift and a gorgeous cake with my own face on it! I have loved being among you and will carry countless happy memories with me as I go.

Much love, Cathy Ode"



ASH WEDNESDAY AND OUR CHILDREN!

On March the 6th, Father Mark will be the Officiant for a 5:00 pm Ash Wednesday Service for children and all who care to join them on this central and valuable day in the life of the Church. While there will be something of value for all who attend, young and old alike, the actual liturgy will focus on our children and the steps they can take to observe a Holy Lent. Join Frederick the Fox, Kneel Highchurch, bring a friend in observing this central and valuable day in the life of the Church.

Family Ministries & Community Engagement

Inquirer's Class: The Episcopal Church 101

SUNDAY, MARCH 10 – SUNDAY, APRIL 14 (THE SIX SUNDAYS OF LENT)

8:45AM-9:45AM

THE REV. MARGOT CRITCHFIELD

Calling all seekers, wonderers, and others hungry to learn more about the Episcopal Church and what it means to be Episcopalian: Whether you're a sojourner from another denomination, someone who identifies as "spiritual but not religious," or a "cradle" Episcopalian, please join me for this introductory class where all of your questions are welcome and where you'll meet others on this journey of exploration.

My hope in offering this class is three-fold: To share with you my enthusiasm for the Episcopal Church, to affirm for you that you're exactly where you're meant to be, and to whet your appetite for more!

Our gatherings will be informal and largely conversational. Our basic "texts" will be a very light-hearted but informative little book by the Rev. Dr. Dennis Maynard called "Those Episkopols," and the Episcopal Church's The Book of Common Prayer, 1979. Both will be available at our first class on March 10th.

Here is a description of Maynard's book from the back cover:

"The Episcopal Church is known as the 'thinking person's religion' to those of us that love her. It is a Church solidly grounded in scripture, tradition, and reason. In this best selling book Doctor Maynard explains why it is also a Church that will not accept simplistic answers to complex questions. With humor and insight he answers some of the following questions and others frequently asked by inquirers. Why do Episcopalians read their prayers? Does God like all that ritual? Can you believe anything you want and be an Episcopalian? Why do Episcopalians reject Biblical Fundamentalism? The inquirer will finish the book with a better understanding of The Episcopal Church. Those that are already members will have the reasons they became Episcopalians warmly confirmed."

People often ask, "Do I have to make it to every session?" While it's certainly preferable to attend most if not all of the sessions, the reality of our lives is that it's not always possible. So please, come when you can and know that you will be welcomed whole-heartedly when you do!

To register please email me at margotcritchfield@gmail.com

Blessings,
Margot+

March/April 2019



O U T R E A C H

OPPORTUNITIES TO SERVE



All Our Children News Hyannis West Volunteers

Although it's hard to believe right now, it will soon be time to prepare the soil and begin planting in the student gardens at Hyannis West Elementary School. Helping with the garden project is a great way to become familiar with the school, its teachers, and the students while playing in the dirt outdoors. Garden volunteers can help for as little as 2½ hours or much more if they prefer. More information will be coming soon; watch for it!

In the meantime, volunteers from the congregation are providing vital assistance to classroom teachers at the school.



Donna Albert, Rosa Babcock, Lisa Barr, Happy Gray, Helen Malone, Helen Hinckley, Lallie Lloyd, Mackie Rice, and Don Sherlock continue to volunteer for an hour or two a week at the school during this second semester, with some breaks for winter travel. If you'd like to know more about being a school volunteer, feel free to speak with any of them or with Christy Saling, the volunteer coordinator (cesaling@gmail.com, 508-775-0583).



Christy Saling, for All My Children

Children's Art Show - All Entries Welcome!



It does not need to be a masterpiece – if it was important enough to save then it is important enough to hang. The only requirements are that it was done before the artist graduated from grammar school and that it has a wire or hooks on the back of a frame for hanging. Please drop your art off in the office along with the artist's name, age, title of the art, and comments taped to the back of the frame. Let's brighten the walls of St. Mary's with the inspiration of children."

Libby's Book of Sermons

This project to selfpublish fiftytwo of Libby's sermons as a book of weekly mediations, "Musings For Everyday Living", needs some additional volunteers to review, edit, and proofread some of her transcribed sermons and galley proofs. We hope to put a finished book in the time capsule in June as a reflection of our lives at St. Mary's in the 21st. century.

If interested, contact Hub Mathewson, hmathewson@verizon.net or 774994-1585.



IN THE NEWS!

Faith Family Kitchen (aka Nutrition Mission) was recently featured by Cape Media News: Feeding the soul in downtown Hyannis. Follow the link for an inspiring story and to see St. Mary's outreach ministers living the Word: <https://m.youtube.com/watch?v=06gm2TG6Vr4&feature=youtu.be>

Daffodil Tea 2019



SAINT MARY'S CHURCH

ROUTE 6A
BARNSTABLE VILLAGE
58th Annual

Daffodil Tea

Saturday, April 27, 2019

English Style Tea

Seatings at 12:30 & 2:30 pm

For reservations

**Call 508-362-3977 and leave a message
by April 16**

Adults \$20 - Children \$10 (16 and under)

Prompt Payment Guarantees Reservation to this sell-out event

3055 Main Street, P.O. Box 395, Barnstable, MA 02630

Stroll through beautiful gardens

Spring Boutique features vintage and new tea-related
items, daffodil soap and notecards by local artists

Proceeds to benefit St. Mary's Outreach Charities

*Spring boutique features vintage tea items, daffodil soap and
selections by local artists*

Proceeds to benefit St. Mary's Outreach Charities

Daffodil Tea 2019 - We need your help



Seeking Daffodil Tea Boutique Donations

There will be a Boutique again at the Daffodil Tea again this year. The Boutique raised nearly \$1,000 last year. "Vintage" things that we are seeking include teapots, cozies, creamers & sugar holders, napkins, napkin rings, tablecloths, placemats, cheese spreaders, fancy aprons, fancy plates – dinner size & dessert size, lace of any type or size, knickknacks, and anything with a daffodil design on it. If you have items that you would like to donate, please contact Janis Umschlag (see below) or leave items in a box or bag labeled "Daffodil Tea Boutique" on the pew outside the Church office.



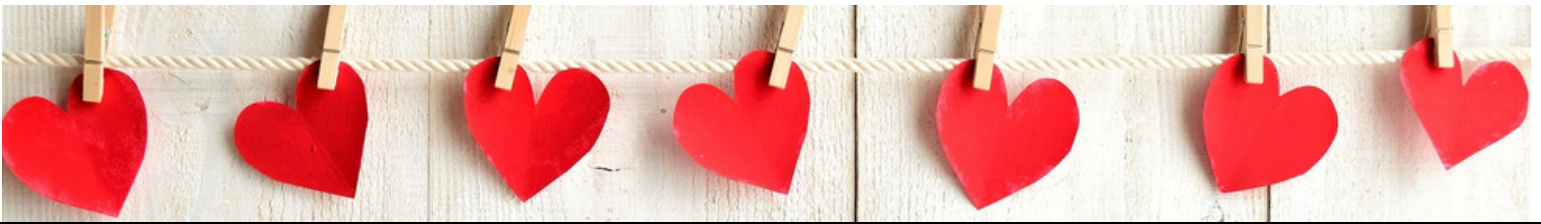
Volunteers needed for the Daffodil Tea

It takes many hands to make the Daffodil Tea the lovely experience that it is for our guests. This year's Tea will be held on Saturday, April 27th and will need volunteers to help make it the success it always is. There are many ways to help – preparing the food, making desserts, donating items to the Boutique, directing traffic, arranging and setting the tables, making simple flower arrangements for the tables, seating our guests, serving food, breaking down tables, setting up the Boutique and selling items, to name a few. A sign-up sheet will be posted on the Sunroom bulletin board in mid-March.

Volunteers needed to make desserts for the Daffodil Tea

Last year was the first time that baking teams made the desserts served at the Tea. This new system worked out very well. We are hoping to form a team or two of bakers to make several desserts in the weeks leading up to the Tea again this year. Desserts that work well include lemon bars, mini raspberry tarts, shortbread, chocolate truffles, etc. If you would like to be on a dessert team or if you have a suggestion for a finger dessert that is delicious, easy to make and freezes well, please let Janis Umschlag know.

Many thanks,
Janis, Daffodil Tea Chair
jumschlag1@gmail.com,
508-362-9519 or see me at Church.



IN REACH & CARE

COMMUNITY INFORMATION

Presented by the Pastoral Care Committee

STRATEGIES TO PREVENT HEART DISEASE

You can prevent heart disease by following a heart-healthy lifestyle. Here are strategies to help you protect your heart.

[Excerpt - Reprinted from the Mayo Clinic website.](#)

"Heart disease may be a leading cause of death, but that doesn't mean you have to accept it as your fate. Although you lack the power to change some risk factors — such as family history, sex or age — there are some key heart disease prevention steps you can take to reduce your risk. You can avoid heart problems in the future by adopting a healthy lifestyle today. Here are seven heart disease prevention tips to get you started.

1. Don't smoke or use tobacco

Smoking or using tobacco of any kind is one of the most significant risk factors for developing heart disease. Chemicals in tobacco can damage your heart and blood vessels, leading to narrowing of the arteries due to plaque buildup (atherosclerosis). Atherosclerosis can ultimately lead to a heart attack.

The good news, though, is that your risk of heart disease begins to lower soon after quitting. Your risk of coronary heart disease significantly reduces one year after quitting smoking. Your risk of coronary heart disease drops almost to that of a nonsmoker in about 15 years. And no matter how long or how much you smoked, you'll start reaping rewards as soon as you quit.



2. Exercise for about 30 minutes on most days of the week

Getting some regular, daily exercise can reduce your risk of heart disease. In general, you should do moderate exercise, such as walking at a brisk pace, for about 30 minutes on most days of the week. That can help you reach the Department of Health and Human Services recommendations of 150 minutes a week of moderate aerobic activity, 75 minutes a week of vigorous aerobic activity, or a combination of moderate and vigorous activity. You can even get the same health benefits if you break up your workout time into three 10-minute sessions most days of the week.

And remember that activities such as gardening, housekeeping, taking the stairs and walking the dog all count toward your total. You don't have to exercise strenuously to achieve benefits, but you can see bigger benefits by increasing the intensity, duration and frequency of your workouts.

March/April 2019

[\(continued next page\)](#)

3. Eat a heart-healthy diet

Eating a healthy diet can reduce your risk of heart disease. Two examples of heart-healthy food plans include the Dietary Approaches to Stop Hypertension (DASH) eating plan and the Mediterranean diet. A diet rich in fruits, vegetables and whole grains can help protect your heart. Aim to eat beans, low-fat or fat-free dairy products, lean meats, and fish as part of a healthy diet. Avoid too much salt and sugars in your diet. Limiting certain fats you eat also is important. Of the types of fat — saturated, polyunsaturated, monounsaturated and trans fat — try to limit or avoid saturated fat and trans fat. Aim to keep saturated fat to 5 or 6 percent of your daily calories. And try to keep trans fat out of your diet altogether.



4. Maintain a healthy weight

Being overweight — especially if you carry excess weight around your middle — increases your risk of heart disease. Excess weight can lead to conditions that increase your chances of heart disease — including high blood pressure, high cholesterol and diabetes. Metabolic syndrome — a combination of fat around your abdomen, high blood pressure, high blood sugar and high triglycerides — also increases the risk of heart disease. One way to see if your weight is healthy is to calculate your body mass index (BMI), which considers your height and weight in determining whether you have a healthy or unhealthy percentage of body fat. BMI numbers 25 and higher are generally associated with higher cholesterol, higher blood pressure, and an increased risk of heart disease and stroke.

5. Get enough quality sleep

Sleep deprivation can do more than leave you yawning throughout the day; it can harm your health. People who don't get enough sleep have a higher risk of obesity, high blood pressure, heart attack, diabetes and depression. Most adults need seven to nine hours of sleep each night. If you wake up without your alarm clock and you feel refreshed, you're getting enough sleep. But, if you're constantly reaching for the snooze button and it's a struggle to get out of bed, you need more sleep each night.

6. Manage stress

Some people cope with stress in unhealthy ways — such as overeating, drinking or smoking. Finding alternative ways to manage stress — such as physical activity, relaxation exercises or meditation — can help improve your health.

7. Get regular health screenings

High blood pressure and high cholesterol can damage your heart and blood vessels. But without testing for them, you probably won't know whether you have these conditions. Regular screening can tell you what your numbers are and whether you need to take action. Cholesterol levels. Adults should generally have their cholesterol measured at least once every five years starting at age 18. Earlier testing may be recommended if you have other risk factors, such as a family history of early-onset heart disease. Diabetes screening. Since diabetes is a risk factor for developing heart disease, you may want to consider being screened for diabetes. Talk to your doctor about when you should have a fasting blood sugar test or hemoglobin A1C test to check for diabetes.

*for full article, go to: <https://www.mayoclinic.org/diseases-conditions/heart-disease/in-depth/heart-disease-prevention/art-20046502>



MINISTRY SUPPORT



Prayer Shawl Ministry



New knitters are welcome and needed!

Please call Judy Boyd
(508) 362-3113
or
Helen Hinckley
(508) 362-9821

They will provide more information on Wool & Needles or Directions if needed! You can also find a Prayer Shawl Ministry brochure on the table in the back of the Church.

Login in to the Realm Connect App



Have you connected with Realm Connect App yet? Our hope is that this app will make it easier for our church family to connect with each other, keep up with what's going on, and grow as a connected community.

Through the app you can:

- Get addresses, phone numbers, & email addresses of St Mary's members: a digital directory
- Text, email, & call any member of St Mary's whose information is in the app
- Send group messages to all the members of a group you are part of, e.g. your Open Circle
- See an events calendar and keep up with what's happening at St Mary's (coming soon!)
- Make a financial gift or pay your pledge

We want to make it as easy as possible for you to access the app. Just click the REALM icon above to access instructions!

Altar Guild – “Ministry Minute”

The Altar Guild assists the clergy in “setting the Lord’s table” and takes care of whatever is needed for each church service. We are loosely organized into three teams; each team is responsible for setting the altar for a two week period and then is “off” for four weeks. The schedule is made up in advance for three months, but we do a lot of switching of assignments within and between teams when necessary or convenient.

One Altar Guild member is not on a team and only resets the altar once a month after the 8:00 AM service. We would welcome anyone else who would like to work with us in a limited way, especially anyone who usually goes to the 5:00 Saturday service and would be willing to reset afterwards. (It only takes ten minutes or so, and currently the clergy do it.)

The Flower Guild, although part of the Altar Guild, has its own schedule, and many of its members only do flowers.

We have a manual in the sacristy which describes in detail what is needed for each service and how to set it.

Whether you are working alone in the peace of the sanctuary or forging friendships as you work together, serving on the Altar Guild is a blessed way to contribute to the beauty of our worship at St. Mary’s.

If you think you might like to join us, talk to Libby, Anne Lorentzen (508 385-2670), Skee Morton (508 362-5017) or, for the Flower Guild, Sue Babcock (617 527-4294).

March/April 2019

Questions or need help? Please contact Julie, Parish Administrator, admin@stmarys-church.org.

On Giving...

Tom Ryder speaks about Tithing...

At the annual meeting Tom Ryder stood up and spontaneously spoke to how powerfully his practice of tithing has affected his life. We asked if we could interview him afterward, and he shared these words with us:

It was approximately a year ago when I asked Libby for some time with her alone. When we met I told her my primary reason for meeting with her was to talk about tithing. I asked if she tithed and she said, "I do." I asked, "How did you come to terms with making that kind of commitment?" She replied, "Well, I pondered it for some time. Then I said to myself, 'The only way to do it is to just do it.'" I said, "Like putting on your Nikes and just doing it." She said, "Exactly."

I told her I had struggled for a number of years and really wanted to tithe as it is written in the Bible, but I always found ways of directing that money for either personal gain or paying off debt. After the meeting I went home and thought about it for about half an hour.

Then I actually went upstairs into my bedroom, I took out my pair of Nikes, and I put them on. I then sat down and figured out what my gross income was and took ten percent of it. The following Sunday I wrote a check for ten percent of my gross income, broken down weekly.

I remembered scripture's saying first that it's better to give than to receive, and second that your gift to the Lord, given from the heart, will come back a hundredfold. Weeks and months later, without really trying or making any major changes, my business just seemed to increase and I knew that I had done the right thing. Now I look forward to being able to give even more.

Tithing is also affecting me in other areas: with charities other than the church, of which I have chosen only three, I now give two to three times more than I used to, and I have, without any reservations, turned my life over to the good Lord and it has allowed me to find an enormous amount of peace and understanding of the word of Jesus.

If I could address the congregation at St. Mary's I would just say, "Put your Nikes on and just do it!"

P.S. When things don't seem to be going the way I had expected them to, there is one piece of scripture that I abide in religiously:

Exodus 14:14, which says, "The Lord himself will fight for you. Just stay calm." Amen!



Pledge Card - Online

As requested by several of you, we are including a link to our [2019 annual pledge card here](#). There are also pledge cards in the back of the church and in the office. If you have not yet submitted your annual pledge card please do so as soon as possible. Receiving pledge cards is intrinsic to meeting our budget. It allows us to plan for and meet our budget obligations in support of worship services, pastoral care, education, and outreach. Whether you are already a long-time pledger or making a pledge offering for the first time, we are deeply grateful. Thank you also to those of you who have already submitted your pledge for 2019; your support of all that blesses us at Saint Mary's is a wonderful gift to all in our community of faith.

**With gratitude and hope,
Cathy McMahon, Senior Warden
Brooks Smith, Junior Warden**



March/April 2019

A Note from the Junior Warden

While I am a relative newcomer to Saint Mary's, my roots in the Episcopal Church run deep. For many years in the 1970's and 1980's I was an active member, lay reader, licensed to administer the chalice at the Church of the Holy Spirit where I enjoyed a close personal relationship with the then Rector, Father David White and his family. My roots in the church however go back even further than that as my beloved grandfather Robert Smith, was for over fifty years the Sexton at St John's Episcopal Church in Beverly Farms. Life was just a bit confusing as I also attend St Margaret's Catholic Church in the "Farms" and after the nine o'clock mass at St Margaret's I would often go with my grandfather to St John's ten o'clock service and the lightning never did strike.

I am retired from the faculty at Cape Cod Community College after thirty five years and presently work as a Court Investigator for the Barnstable Juvenile Court. In addition, I am a member of Marine Corps League, Hyannis Yacht Club, Saint Mary's Vestry and have recently joined the Board at the Barnstable Historical Society. My wife, Marcia and I happily reside in the other "Rectory" on Main Street just West of the village. If you have any questions, comments or if there is any way I can help please contact me.

Brooks Smith, Junior Warden

OUR WARDENS



Caty McMahon, Senior Warden
The Rev. Libby Gibson &
Brooks Smith, Junior Warden

Spring Ahead!
March 10th



Don't forget to
change your clocks
for Daylight
Savings

A Note from the Senior Warden

It is my honor to serve as your Senior Warden for 2019. My connection to Saint Mary's is my grandmother, Ginie Upham. Many longtime parishioners may remember Ginie; she is deeply spiritual, loving and giving. In her words "church and service have been a great part of my life." I admire her greatly and seek to follow her example.

I was baptized, confirmed, and married at Saint Mary's. After living off Cape for years, I returned to the church and taught Sunday School before serving on the vestry. In my professional life, I manage implementation services for a not-for-profit organization that creates K-12 assessment solutions. In my personal life, I live in Barnstable Village with my husband, Rich, our two children, Schuyler (14) and Griffin (11), and our Jack Russell, Scout (7). We belong to the Hyannis Yacht Club and love being on the water or at the beach with family and friends.

I am delighted to work alongside Brooks Smith this year. While our collaboration and friendship began during last year's vestry term, we have a shared connection through the Hyannis Yacht Club. Brooks and Marcia attended my wedding to Rich at Saint Mary's, as guests of my in-laws, back in 2002. We think this connection is a good omen for our partnership as wardens at Saint Mary's!

Caty McMahon, Senior Warden

HAPPY BIRTHDAY! MARCH & APRIL

Weezie Nelson 3/1
John Orcutt 3/1
Lisa Barr 3/1
Carlene Duprey 3/1
Linda Pettengill 3/2
Georgette Keeler 3/3
Ray Scichilone 3/4
Lilo Kimball 3/5
Caley Dooling 3/5
Setsuko Sazawa Meinzer 3/5
Susan Goodspeed 3/5
Harry Van Sciver 3/6
Bob McClenahan 3/6
Thomas Philbrick 3/7
Paul Thompson 3/8
Richard LaPine 3/8
Marcia Brown 3/8
Gail Pilibosian 3/9
Peggy Anschutz 3/10

Carol Call 3/12
Paula Bows 3/13
Matthew Mansurian 3/13
Phyllis Davis 3/14
Leighanne Garlick 3/14
Cecelia Brisbois 3/15
Erin Beasley 3/16
Eleanor Clark 3/16
Sophie Menyhart 3/16
Carol Crosby 3/18
Nancy Clairmont 3/19
Dave Knauer 3/19
Eva Fahey 3/20
Charles Morris 3/20
Joan Himstead 3/20
Chris Ehring 3/22
Andrea Driscoll 3/23
Sue Corsini 3/24

Peter Hutton 3/24
Henry Prantis 3/25
Eve Roberts 3/27
Judy Boyd 3/28
Libby Gibson 3/29
Shenandoah Theroux 3/30
Shiloh Theroux 3/30
Ellen Nicholson 4/1
Sally Campbell 4/3
Cy Nelson 4/3
Katie Beasley 4/4
Connie Von Maur 4/4
Andy Duprey 4/6
Allana Rodriguez 4/10
Steven Lippard 4/11
Hilary Greene 4/11
David Nawrocki 4/14
Judith Lewis 4/15

Bev Parke 4/15
Dorothy Savarese 4/16
Dick Edwards 4/16
Matthew LaPine 4/17
Samantha Vettori 4/17
Kaitlynn Greene 4/19
Cynthia Medaugh 4/21
Amelia Spillane 4/22
Mark Anschutz 4/22
Jillian Zoe Lippard 4/23
Sara Cushing 4/23
Thomas Dilley 4/24
Susanne Bennett 4/24
Thomas Spillane 4/25
Barbara Hersey 4/26
Cay Hartley 4/27
Peter Gwynne 4/29
Sally Orcutt 4/30



www.stmarys-church.org

admin@stmarys-church.org

St. Mary's Newsletter is published 6 times a year.
Please send all submissions to the Editor:

The Rev. Dr. Libby Gibson, Rector

508-362-3977

Barnstable, MA 02630

3055 Main Street PO Box 395

ST. MARY'S EPISCOPAL CHURCH

Celebrate Easter with us!

PALM SUNDAY, APRIL 13 & 14

5PM - SATURDAY SERVICE

8AM & 10AM - PALM SUNDAY SERVICES

9:30AM - CHILDREN'S PALM SUNDAY SERVICE

MAUNDY THURSDAY, APRIL 18

7PM - FOOT WASHING SERVICE

GOOD FRIDAY, APRIL 19

12PM - STATIONS OF THE CROSS

5PM - GOOD FRIDAY SERVICE FOR FAMILIES

7PM - GOOD FRIDAY LITURGY

HOLY SATURDAY, APRIL 20

7PM - EASTER VIGIL

EASTER SUNDAY, APRIL 21

9AM - SERVICE WITH CHILDREN'S SERMON

10AM - EASTER EGG HUNT IN THE GARDEN

11:15AM - EASTER SUNDAY SERVICE



St. Mary's is an ADA accessible
church with



T-Coil for hearing aids

