In Christmastide and Epiphany, we have the chance to reflect on the manifestations of God’s love in the world. At Christmas, we heard that in the beginning was the word and the word was with God and the word was God - an invitation to remember our origins as beloved children of God, made in the image of a relational God, whose identity is as loving human beings. As a human being, Jesus lived in a family, in a community where he experienced all the joys and challenges of our lives.

Margot Critchfield so beautifully reminded us of the gift of this loving faith community to her and to so many of us. Last weekend, I reflected on the explicit words of love that God speaks to God’s people – In Isaiah 43 where God tells us ‘you are precious, and honored, and I love you,’ and in Luke’s gospel where God tells Jesus (and us as adopted in Christ), ‘You are my child, my beloved, with you I am well pleased.’

Basking in God's love of us is one of the great invitations of Epiphany.

From this place of belovedness, we can’t help but want to share our love with those around us. Every day at St. Mary’s I witness your acts of love. I see you love your spouses, children and grandchildren, and other family members with daily acts of caring, driving, nourishing, and simply enjoying each other. I see you loving your friends as you share the joys and challenges of life over meals, playing card games, enjoying concerts, and exercising together.

I see you loving each other through your prayers, pastoral visits, learning together in small groups, serving through our outreach ministries, and conversing in social times. And I see you loving our neighbors in need, whether by feeding people who are hungry, tending the sick and lonely, mentoring children in our schools, caring for prisoners, and helping to ensure that all have a safe and warm place to live.

When we experience God’s love, we know that we are seen and cherished for all that we are - our talents, strengths, needs, and failings. Love embraces us no matter our circumstances or conditions, with arms open wide. As we prepare to move back into our Church after many months of renovation, we will go through a period of getting reacquainted with our well-loved sanctuary and we will feel the embrace of this refreshed, restored, and newly accessible space. While many aspects of our church and parish hall will feel different, we will come to love our “new” buildings.

With every beginning we pause to recognize the era that came before. Please join us for our first weekend of worship services in our renovated church February 2nd – 3rd. Following the 10 am service on February 3, we will have our annual meeting to remember and celebrate all that has lead us to this wonderful new era of love and service at St. Mary’s.

Libby

January/February 2019
Mark Your Calendars

at Colonial Courthouse

Saturday, January 26, Holy Eucharist, Rite II, 4pm
Sunday, January 27, Holy Eucharist, Rite I, 8am
  Holy Eucharist, Rite II, 10am

at St. Mary’s! Welcome Home!

Saturday, February 2, Taize with Eucharist, 4pm
Sunday, February 3, Holy Eucharist, Rite I, 8am
  Holy Eucharist, Rite II, 10am
  Annual Parish Meeting
  Vestry Meeting, 1pm
Saturday, February 4th - Libby Begins her Sabbatical

Saturday, February 9, Holy Eucharist, Rite II, 4pm
Sunday, February 10, Holy Eucharist, Rite I, 8am
  Holy Eucharist, Rite II, 10am
Saturday, February 16, Holy Eucharist, Rite II, 4pm
  Pot Luck Reception, 5pm
Sunday, February 17, Holy Eucharist, Rite I, 8am
  Holy Eucharist, Rite II, 10am
Saturday, February 23, Holy Eucharist, Rite I, 4pm
Sunday, February 24, Holy Eucharist, Rite I, 8am
  JOY Mass, 9:30am
  Holy Eucharist, Rite II, 10am

Shrove Tuesday Supper
March 5 at 6:00 pm
Come enjoy a delicious dinner in our new parish hall!

Ash Wednesday Services -
Wednesday March 6th, 2019
7:30 am Holy Eucharist with Imposition of Ashes
12:00 pm Holy Eucharist with Choir and Imposition of Ashes
5:00 pm Children’s Ash Wednesday Service

January/February 2019
Welcome Back Allison

We are thrilled to welcome back Allison Bresette to St. Mary’s as our part-time director of Children’s and Families’ ministries. Allison’s personal warmth, creativity, and deep roots at St. Mary’s will be a wonderful point of continuity for our families during the time of Libby’s sabbatical. Allison will send out the weekly enews to our families, and work with Father Mark Anschütz to support JOY mass. She will also help to coordinate special events for families like the Ash Wednesday and Good Friday services, and our annual Easter Egg Hunt. Please join me in warmly welcoming Allison back to St. Mary’s!

CHRISTMAS PAGEANT 2018
OUTREACH

Opportunities to Serve

Rosebud Mission Trip: Dates
TBD in July or August 2019

Teens age 15 and older and adults of all ages are welcome to join us for this fun and rewarding time of serving with and learning from our Lakota friends on the Rosebud Reservation.

Contact Angela Cenzalli
(acenzalli72@gmail.com) by March 1 if you would like to join the trip this year.
Healing Ministry

REIKI (pronounced “Ray Kee”) is a spiritual practice of natural healing that supports the well-being of body, mind, and spirit. During a Reiki treatment the trained practitioner places her/his hands Non-obtrusively on or near the Recipient who remains fully clothed.

Reiki energy supports the body in regaining balance of optimal health and wellness. It brings extra energy to the body as it seeks to heal from surgery, injury, and Illness. It can also be an adjunct to treatment for cancer. Reiki does not replace medical treatment but does enhance treatment.

Reiki energy is embraced by many spiritual traditions. As Christians we know of the healing power of a loving Jesus.

Reiki may be done in the home, hospitals, and skilled nursing facilities.

If you would like to receive Reiki healing, or learn more about it, please contact me at: emmausw65@gmail.com or 774 994 2740

Blessings
Deacon Elizabeth (Elizabeth Whitemore)
Cold remedies are almost as common as the common cold, but are they effective? Nothing can cure a cold, but there are some remedies that might help ease your symptoms and keep you from feeling so miserable. Here’s a look at some common cold remedies and wha’s knwo about them.

By Mayo Clinic Staff

Cold remedies that work
If you catch a cold, you can expect to be sick for one to two weeks. That doesn’t mean you have to be miserable. Here’s a look at some common cold remedies and what’s known about them.

- Stay hydrated. Water, juice, clear broth or warm lemon water with honey helps loosen congestion and prevents dehydration. Avoid alcohol, coffee and caffeinated sodas, which can make dehydration worse.
- Rest. Your body needs to heal.
- Soothe a sore throat. A saltwater gargle — 1/4 to 1/2 teaspoon salt dissolved in an 8-ounce glass of warm water — can temporarily relieve a sore or scratchy throat. Children younger than 6 years are unlikely to be able to gargle properly.
You can also try ice chips, sore throat sprays, lozenges or hard candy.
Use caution when giving lozenges or hard candy to children because they can choke on them. Don’t give lozenges or hard candy to children younger than 6 years.
- Combat stuffiness. Over-the-counter saline nasal drops and sprays can help relieve stuffiness and congestion. In infants, experts recommend putting several saline drops into one nostril, then gently suctioning that nostril with a bulb syringe. To do this, squeeze the bulb, gently place the syringe tip in the nostril about 1/4 to 1/2 inch (about 6 to 12 millimeters) and slowly release the bulb. Saline nasal sprays may be used in older children.
- Relieve pain. For children 6 months or younger, give only acetaminophen. For children older than 6 months, give either acetaminophen or ibuprofen. Ask your child’s doctor for the correct dose for your child’s age and weight. Adults can take acetaminophen (Tylenol, others), ibuprofen (Advil, Motrin IB, others) or aspirin.
Use caution when giving aspirin to children or teenagers. Though aspirin is approved for use in children older than age 3, children and teenagers recovering from chickenpox or flu-like symptoms should never take aspirin. This is because aspirin has been linked to Reye’s syndrome, a rare but potentially life-threatening condition, in such children.

- Sip warm liquids. A cold remedy used in many cultures, taking in warm liquids, such as chicken soup, tea or warm apple juice, might be soothing and might ease congestion by increasing mucus flow.
- Add moisture to the air. A cool-mist vaporizer or humidifier can add moisture to your home, which might help loosen congestion. Change the water daily, and clean the unit according to the manufacturer’s instructions.
- Try over-the-counter (OTC) cold and cough medications. For adults and children older than age 5, OTC decongestants, antihistamines and pain relievers might offer some symptom relief. However, they won’t prevent a cold or shorten its duration, and most have some side effects.
Experts agree that these shouldn’t be given to younger children. Overuse and misuse of these medications can cause serious damage. Talk with your child’s doctor before giving any medications.
Take medications only as directed. Some cold remedies contain multiple ingredients, such as a decongestant plus a pain reliever, so read the labels of cold medications you take to make sure you’re not taking too much of any medication.
Cold Remedies: What works, what doesn't, what can't hurt

Cold remedies that don't work

The list of ineffective cold remedies is long. Some of the more common ones that don't work include:
- Antibiotics. These attack bacteria, but they're no help against cold viruses. Avoid asking your doctor for antibiotics for a cold or using old antibiotics you have on hand. You won't get well any faster, and inappropriate use of antibiotics contributes to the serious and growing problem of antibiotic-resistant bacteria.
- Over-the-counter cold and cough medications in young children. OTC cold and cough medications may cause serious and even life-threatening side effects in children. Talk with your child's doctor before giving any medications.

Cold remedies with conflicting evidence

In spite of ongoing studies, the scientific jury is still out on some popular cold remedies, such as vitamin C and echinacea. Here's an update on some common alternative remedies:
- Vitamin C. It appears that for the most part taking vitamin C won't help the average person prevent colds. However, taking vitamin C before the onset of cold symptoms may shorten the duration of symptoms. Vitamin C may provide benefit for people at high risk of colds due to frequent exposure — for example, children who attend group child care during the winter.
- Echinacea. Study results on whether echinacea prevents or shortens colds are mixed. Some studies show no benefit. Others show some reduction in the severity and duration of cold symptoms when taken in the early stages of a cold. Different types of echinacea used in different studies may have contributed to the differing results.
- Echinacea seems to be most effective if you take it when you notice cold symptoms and continue it for seven to 10 days. It appears to be safe for healthy adults, but it can interact with many drugs. Check with your doctor before taking echinacea or any other supplement.
- Zinc. There's been a lot of talk about taking zinc for colds ever since a 1984 study showed that zinc supplements kept people from getting as sick. Since then, research has turned up mixed results about zinc and colds.
- Some studies show that zinc lozenges or syrup reduce the length of a cold by one day, especially when taken within 24 hours of the first signs and symptoms of a cold. Zinc also has potentially harmful side effects. Talk to your doctor before considering the use of zinc to prevent or reduce the length of colds.

Take care of yourself

Although usually minor, colds can make you feel miserable. It's tempting to try the latest remedy, but the best thing you can do is take care of yourself. Rest, drink fluids and keep the air around you moist. Remember to wash your hands frequently.
MINISTRY SUPPORT

Rector’s Sabbatical: Frequently Asked Questions
(adapted from the website of the Church of the Redeemer in Lexington, MA and their document developed for the Rev. Kate Ekrem’s sabbatical)

What is a sabbatical?

The word sabbatical has its roots in the Biblical concept of resting from work every seventh ... day or year. One of the Ten Commandments is “to remember the Sabbath and keep it holy,” a reminder from God that rest is essential to our lives and work. Sabbatical leave is a time for our priest to shift gears in order to rest, disengage, study, reflect and travel in order to return to minister among us refreshed and renewed in body, mind and spirit. (It is not a time for mid-career assessment, job search, or terminal leave).

Libby’s letter of agreement with St. Mary’s specifies that she will take a sabbatical of three months after every five years. The year 2019 will mark Libby’s seventh year among us. Sabbatical is more than a vacation from meetings, budgets, sermons, and people in need. It is a time for Libby to receive spiritual nourishment and a change in perspective, to deepen her relationship with God, herself, and her family – a season of spiritual growth. This special time will also be a season of growth for the entire parish.

Do other clergy go on sabbatical?

Yes, sabbatical is now standard in all Episcopal (and most other) churches. Most congregations report that their priest returns refreshed and revitalized, and that the parish moves on to new phases of ministry. The Diocese of Massachusetts guidelines suggest that clergy can and should take their normal retreat time, vacation time, and continuing education time as outlined in their Letter of Agreement in a sabbatical year, in addition to the sabbatical time.

How long will Libby be gone?

Libby will be away from the parish for three months and will begin her sabbatical on Monday, February 4th. She will “pause” the sabbatical for two weeks in late March / early April to prepare for and lead the pilgrimage to Iona. Libby will then return to her time of rest for another six weeks and her first weekend back at St. Mary’s will be May 18-19.

What will Libby be doing on her sabbatical?

The focus of Libby’s sabbatical is on resting in God, enjoying time with the children, and developing her hobbies that help manage stress. With the exception of the pilgrimage to Iona and spending Holy Week in Charlottesville, VA, Libby will be at home for most of her sabbatical.

Who will cover Libby’s responsibilities in her absence?

St. Mary’s has been paying for part-time clergy support since Rev. Michael moved to Switzerland in the summer of 2017. These funds will support the salary of Father John McGinn, the priest covering Libby’s sabbatical, and a stipend for Deacon Elizabeth who will help with pastoral care. The staff, vestry and ministry leaders will be taking on a bit more responsibility in each of their areas to continue our ministries while Libby is away. As per church canons, our wardens Caty McMahon and Brooks Smith will be the key administrators and leaders in Libby’s absence.

Who will cover additional expenses of the sabbatical?

Libby was awarded grants from the diocese and a generous parishioner to cover the pre-sabbatical expenses associated with the trip Libby and the children took to Ireland last summer (the sabbatical was originally supposed to be in the summer of 2018 but Libby moved it in order to be present for the building renovation). The vestry has voted to give Libby additional funds in 2019 to help fund any sabbatical activities. This expense has been folded into our operating expenses for 2019.

Who do I call for pastoral care, if I have a family or personal crisis?

During the sabbatical, you may contact either Father John or Deacon Elizabeth. Either of them will be happy to help with pastoral crisis at any time. As always, if you call the church office, the staff will help you connect with a clergy person or the pastoral care team to respond to your needs.

(Continued on next page)
Will the church just be in a “holding pattern” while Libby is away?

All of our ministries will continue to flourish while Libby is away. Also, it is important to remember that the sabbatical is a two-way process: while Libby is on her journey of renewal, refreshment and reflection, we will embark on a journey as well – to continue reflection on our ministry, to renew ourselves and to discern God’s will for us. We also need to rest after all of the activities of the last year!

What if I have a baptism or funeral I need to plan?

During the sabbatical, Father John will be happy to conduct any baptisms or funerals necessary.

Will Libby be in contact with St. Mary’s during her sabbatical?

An important part of a sabbatical is to make a complete break from things. The only people who will be in direct contact with Libby while she is away will be her family and friends. In the unlikely event that some extraordinary news absolutely must be communicated to Libby, the wardens will know how to be in touch with Libby.

What if I bump into Libby around town?

If you happen to see Libby around town, it’s only natural to wave and say “hello”. Please do help her maintain the “silence and solitude” of her sabbatical, though, by providing separation with her pastoral care duties and parish life. In May, she will be eager to catch up on all your news!

How will we get “reacquainted” when Libby returns?

On the weekend of May 18-19th, we will welcome back Libby and have a service of thanksgiving for all of those who played a special role in keeping St. Mary’s moving forward during the sabbatical, especially the staff, the wardens and vestry, Father John, and Deacon Elizabeth. In May and June, Libby will be keeping her administrative responsibilities at a minimum in order to reconnect with us and learn about our lives during the months of her sabbatical. Beginning in early May, Frankie and Julie will publish a calendar with various dates and times for people to sign up for appointments.

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Personnel Changes at St. Mary’s

Dear friends,

I want to address an issue about which some of you are concerned, i.e. the number of staff changes we’ve experienced at St. Mary’s in the last two years. I am very blessed to participate in several professional colleague groups that provide much-appreciated perspective and input regarding church life and ministerial leadership. Recently, one colleague shared that her church had experienced 15 staff changes in the last two years, while another colleague noted that his entire staff had turned over in just the last year alone, with one position turning over twice!

My colleagues and I observed that some of the changes occurred due to the challenges of living on Cape: the high cost of living and difficulty for spouses to find meaningful work. We also noted that several of our employees were of retirement age or had increased demands for their time at home caring for loved ones of various ages. In some instances, the need to find higher paying jobs, sometimes off Cape, led to several of the resignations we experienced. And finally, challenges in parish finances necessitated staffing changes in all of our churches.

At St. Mary’s, in the last two and a half years we have said goodbye to Frankie as she retired, to Allison so she could spend more time with her family, to Michael when David was transferred to Switzerland, to Charles when he retired to attend to health and personal matters, to Doug when he became a cathedral organist, to Katie when her job took her to India and now Boston, to Amanda when she had an exciting career opportunity at the Unitarian Church and with a solar company, and more recently to Kate and Cathy who left their positions for various reasons and opportunities.

Because of the richness of our common life together, it is always unsettling when we have to say good-bye to a member of our staff. For many reasons, the toll on me of these changes has been high, so part of my sabbatical will be spent reflecting on what I might do as your rector to ensure more stability in our staff. I hope you find some comfort (as I did) in learning that St Mary’s is by no means unique among faith communities on the Cape in struggling with staffing issues.
Finally, I know that in the middle of all the change, it can be easy to forget the amazing members of our staff who continue to serve us all so faithfully. Carmen Cappuccio, our sexton, lovingly cares for our buildings and tends to a huge variety of needs every week. Colleen Mason, our finance coordinator, has assumed more and more responsibility while remaining cheerful and helpful no matter what. Brittany DeCoste, our nursery attendant, lovingly works with children of all ages each weekend. Bob Anthony, our faithful leader of the Men’s Fellowship and Bible Study, blesses us weekly with his personal warmth and humor. Deacon Elizabeth Whitmore returned to us after retiring from official parish positions and provides exquisite pastoral care for many of us while also developing her skills as a reiki practitioner. And Frankie Stahlhut, aka “St. Frankie,” has continued to support all of the ministries of St. Mary’s in a variety of ways in the last 2 years.

We are also abundantly blessed by new staff members Julie Remie (our parish administrator), John Murelle (our Barnstable Youth Singers director), Gigi Mitchell-Velasco (our interim music minister and organist), and John McGinn (our clergy associate who will cover while I am on sabbatical) who have joined our team. My friends, if you have any additional questions or concerns, please don’t hesitate to speak to me or the wardens directly.

In His Love and Light,

Libby

Hillary Greene - Are you Deacon Yet?

“Hello beloved people of St. Mary’s! Libby and I felt it was time to once again update you on where I am in my formation process for the diaconate. As of December 2017, I became a Candidate for ordination and now I am in the process of writing a paper, taking oral exams and getting approval for ordination in June 2019. Once I pass my test, get approved by the vestry of St. Mary’s, the Diocesan Commission on Ministry (COM) and finally the diocesan Standing Committee, I will become an official ordinand, meaning I will be moved forward to be ordained by our diocesan Bishop, Alan Gates on June 1 at the Cathedral of St. Paul in Boston, along with the other ordinands, to become a deacon in the Diocese of Massachusetts. I will be ordained to the permanent or vocational diaconate and others will be ordained to the transitional diaconate and serve as a deacon for a period of time and then get ordained as a priest at the parish they are serving, as St. Mary’s did for Michael Bousquet.

Last year, from October to May, I served my parish internship at Church of the Messiah in Woods Hole, under the supervision of their Rector, The Rev. Deb Warner. This year, I am working on an independent project, which combines the diocesan “hats” I wear; a member of the Diocesan Disaster Preparedness team and the Chair of The Mission Match/Asset Mapping committee, which grew out of our Mission Strategy work. I am working with diocesan staff to move these projects along and continue my work in these areas. Once ordained (God willing and the people consenting!), Bishop Gates will decide where I will serve for a 2-3 year period. Our Bishops know the needs of the diocese and where I will best fit. It will almost definitely be in our deanery, as I will continue to work full-time as the Executive Director of the American Red Cross chapter, based in Hyannis, and will work part-time, 15-20 hours a week at the selected parish. My areas of focus at the parish will be based upon what they need and where my skills lie.

So, I continue to follow the path God has chosen for me. Thank you for your prayers and support for my process. Special thanks to my discernment committee: Sue Davy, Margaret Goad, Paul Thompson, Patrick Ramage, Peter Gwynne and Judy Scarafile who started this process with me back in the winter/spring of 2015...I wouldn’t be where I am without their hard work. And of course, many thanks for the support and guidance of our amazing rector, Libby. Keep those prayers coming!
Consider Joining...

...the faithful men and women of the Altar Guild: The Altar Guild assists the clergy in “setting the Lord’s table” and takes care of whatever is needed for each church service. Organized into three teams; each team is responsible for setting the altar for a two week period and then is “off” for four weeks. Each month one Altar Guild member is not on a team and is only responsible to reset the altar after the 8 AM service. We welcome anyone else who would like to work with us in a limited way, especially anyone who usually goes to the 4 PM Saturday service and would be willing to reset afterwards. (It only takes ten minutes or so, and currently the clergy do it.) The Flower Guild, also part of the Altar Guild, has its own schedule, focusing on creating the arrangements adorning our worship space. Whether you are working alone in the peace of the sanctuary or forging friendships as you work together, serving on the Altar Guild is a blessed way to contribute to the beauty of our worship at St. Mary’s. Contact Skee Morton if interested. skeemorton@gmail.com

Did you know that St. Mary's has an Amazon Smile account? Click the Amazon Smile image below, shop on Amazon, and St. Mary's receives 0.5% of the money you spend. It’s easy!

Thank you for your pledge

Thank you for returning your annual pledge cards in a timely fashion. We are grateful for your support and will share the proposed budget, based on our projected pledge income and feedback from the blessings conversations, early in the new year. Stop by or call the office if you need a pledge card.

Since the Parish Hall is now closed for the renovation, the Altar Flower Sign-up sheet is in the Main office. Stop by to sign up to donate flowers in memory of, or thanksgiving for, a loved one.
A Call for Artists

"Calling all Budding Artists" - The next show in St. Luke’s Gallery, located in St. Mary’s office hallway, is scheduled to include the works of all young artists in St Mary’s families. The only requirement is that the artist had not yet graduated from grammar school when the art was created and that the art is in a hangable frame. This is a great opportunity to lighten the hearts of all those that enter St. Mary’s hallways and to give budding artists a chance to show their work. Please contact Barry Olofsson at bolofsson@comcast.net or 774-212-6703 if your child or grandchild would like to participate. In fact, it could be work that you created before graduating from grammar school and still have in your collection!

All Our Children

This year St. Mary’s, through All Our Children, again provided items for the Hyannis Elementary School entry in the Spectacle of Trees at Cape Cod Mall. Three video game items (Nintendo Switch, Zelda, and Minecraft) and gift cards ($75 for Shaw’s and $30 for Dunkin’) helped the school raise $6500 in Tree Bucks to help enrich the children’s education in various ways.

Thank-you notes from students in Ms. Duran’s second-grade class include these comments: You are the best. Thank you kind and caring neighbors. You are very generous, thoughtful and kind. You are amazing to us kids. Thanks to you we are going on a field trip on a ferry and learn about our town. Our Spectacle of Trees was magnificent because of you. That was a kind deed!!!

submitted by: Christy Saling
The Fold is Returning Home - Renovation Update

By Peter Gwynne & David Munsell - January 15, 2019

As the renovation of our church and parish hall reach their final stages, it has become clear that our return to the campus will take place in phases. We will hold our first services in the renovated church in the first weekend of February, but we are unlikely to complete the return to normal occupation of our campus for about two months after that. Nevertheless, we must applaud our contractor, ConServ, for the speediness of its work, which suffered a slow start owing, among other factors, to delays in receiving the building permit.

Here’s the tentative schedule for our return:
January 27 - Peter Scarafile will host the final tour of the renovating church after the 10 a.m. service.
February 2 - At 4 p.m. we will hold the first service in the renovated church. This will be a combined Taizé, Eucharist, and blessing of the renovated space. We will mark our joyous return with incense and, because it will be Candlemas Day – 40 days after the birthday of Jesus – candles aplenty. Only the church will be usable at this time, and even it won’t be completely renovated; the flower area and sacristy will probably not be ready for use.
February 3 - We will hold equally joyous services of return at 8 a.m. and 10 a.m. The annual meeting will take place after the 10 a.m. service – in the church, because the parish hall won’t be completed until late in the month.
February 4 - Libby will start her sabbatical. While she is away, our wardnes Caty McMahon and Brooks SMith, and our sabbatical priest the Rev. John McGinn will provide administrative and spiritual leadership for the congregation.
By March 1 - We expect that the parish hall, the library area, and (probably) the new upstairs rooms will be ready to be occupied by the end of February.
By April 1 - The landscaping and exterior painting should be completed by the end of March. So should the elevator, making for easier access to the church for all who wish it.
You can keep up with events surrounding our staggered return to the renovated campus through the weekly e-mail blast and weekend service bulletins. And you can see images of the continuing renovation at our Instagram site, http://www.stmarys-church.org/2018-renovation.

A Word From the Wardens

Dear Friends,

As I end my three years as warden I would like thankyou for the opportunity and your trust. It was a pleasure to get the chance to get know you better. We will be in good hands with the capable leadership team of Caty McMahon and Brooks Smith.

Peace and blessings,
Peter Scarafile
Senior Warden

Caty McMahon, Junior Warden & Peter Scarafile, Senior Warden

January/February 2019
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<td>Betty Ann Wheeler</td>
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<td>Annda Flynn</td>
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<td>Tim Lippard</td>
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<td>Isabelle Ramage</td>
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<td>Ginie Upham</td>
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<td>Chris Low</td>
<td>1/21</td>
<td>Susan Tyrrell</td>
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</table>

*Is your name missing from the birthday list? Please let us know so we can celebrate you!*
WELCOME HOME!

Services back at St Mary’s February 2 and 3rd!

Saturday, February 2nd, Taize with Eucharist 4pm
Welcome Home Reception 5pm

Sunday, February 3rd, Holy Eucharist, Rite I 8am
Holy Eucharist, Rite II, 10 am

Annual Parish Meeting - 11am (following 10am service)
Vestry Meeting, 1pm