



# Newsletter July & August 2014

## Saint Mary's Episcopal Church

### In Barnstable Village

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## From our Rector, the Rev. Dr. Libby Gibson

*'See, the home of God is among mortals. He will dwell with them; they will be his peoples, and God himself will be with them; he will wipe every tear from their eyes... And the one who was seated on the throne said, 'See, I am making all things new.' ... To the thirsty I will give water as a gift from the spring of the water of life.*

Revelation to John 21: 3-6

As we look around, at the beauty of God's creation bursting forth in the gardens, salt marshes, beaches, and in the creative and exciting program offerings at St. Mary's, the Spirit is moving strongly and we see that "the home of God is among mortals!" After a difficult winter and spring – with snow, icy cold temperatures, and many administrative challenges – we now celebrate new life. In this newsletter, the amazing staff members of St. Mary's offer details about their upcoming programs. I hope you will thank them for their efforts and join us for these exciting offerings:

- Worship services on the sandbar: June 28 and August 16, meet at 8 am;
- Evensong at St. Andrew's: June 29 and August 31 at 5 pm;
- Float in the July 4 parade, and lemonade stand in the Hollow (proceeds to benefit the Youth group's pilgrimage next summer);
- The **\*\*first ever\*\*** Cape Cod Early Music Festival, beginning on July 8 at 12:15 pm with the REBEL Baroque Orchestra;



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- Journal-keeping workshop with Ron Armstrong focused on Mindfulness and Aging, beginning July 8 at 10:30 am;
- "Mission Possible," an intergenerational outreach-focused alternative to Vacation Bible School, beginning Friday July 18 at 6:00 pm;
- Amazing Grace summer camp experience for children whose parents are incarcerated, August 17-22 at Camp Burgess in Sandwich;
- SAVE THE DATE: All-parish retreat in New Hampshire, September 19-21.

In addition to these exciting new offerings, many of our regular offerings continue: Wednesday Healing Eucharist, Thursday Eucharist and breakfast group, Miracle Kitchen, Nutrition Mission, Days of Hospitality, yoga, and weekend worship. All of our offerings at St. Mary's seek to connect us more deeply with God, with each other, and with the needs of our community – and when we do, we receive the gift of living water to quench our thirst. Blessings to you and yours this summer!

*Libby+*

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## Better Early than Late: The Cape Cod Early Music Festival



*The Italian Muse*



*Bach's Lunch*

What is "Early Music"? Well, it's not music you listen to before 6:00 am, nor is it the warm-up act before the main event. "Early Music" is the term given to anything composed and performed in the Western world from the Medieval period (c.400-c.1300), through the Renaissance (c.1300-c.1600), up to and including the Baroque period (c.1600-c.1750). With such a wide time-span, this includes a lot of different styles of music: chant, choral, madrigal, instrumental, dance, sacred, secular, and more. Early Music performance is essentially the act of keeping the earliest times Western music alive and fresh, as if it were newly-composed today. Every note of music we experience in our daily lives today: symphonies and opera, choral and instrumental, hymnody, guitar folk masses, top-40 pop and rock, New Age,

Elvis, Frank Sinatra...none of this is really new. All of today's music owes its existence to the first 1200-or-so years of musical development...and that's Early Music.

Every other year in June, the Boston Early Music Festival presents dozens of national and international performers in a week-long series of concerts, master classes, and exhibits. Recognizing the lack of opportunities for Cape Cod audiences to experience Early Music performances, the Music & Arts Committee decided to develop and present the first-ever Cape Cod Early Music Festival during the year BEMF was off. Not meant to be a copy of Boston's festival (which is quite large), the Cape Cod Early Music Festival is an inaugural attempt to bring professional-caliber performances of early music to Cape

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*Enchanted Journey*



*Barocco: Musical Treasurers of  
the 17th & 18th Centuries*



*If Music and Sweet Poetry Agree*

Cod audiences, surrounded by the lovely settings of St. Mary's Church, the gardens, and Barnstable Village.

Seven performances over a two-week period offer a variety of musical styles. From madrigal love-songs for soprano and lute, to Baroque ornamentation on strings and harpsichord; from Renaissance choral music written by a teenaged, cloistered nun, to four distinct styles of Baroque organ music...the Cape Cod Early Music Festival offers a different style of music at each performance, at a variety of times...and even offers a "Bach's ("Box") Lunch" after the opening concert! All performances will include a post-concert reception for audiences to meet the artists.

Concert information can be found on the Festival's web site (<http://www.ccemf.org>) and in the beautiful Festival brochure. Tickets can be purchased in advance (by calling the parish office or music office, or by speaking with a Music & Arts Committee member), or at the door of each performance.

While all of this looks wonderful on paper, what will really make the Cape Cod Early Music Festival a great success (and help bring even more attention to the many things happening at St. Mary's) is capacity audiences for each concert. So, please... spread the word; tell everyone you know, give someone a brochure, invite a friend or two for an afternoon or evening out. **Be a part of a first for Cape Cod: the Cape Cod Early Music Festival.**



*A Garland of Madrigals*



*Musical Offerings*



*Baroque in Barnstable*



*He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all." Then he took a little child and put it among them; and taking it in his arms, he said to them, "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me." Mark 9:35-37*

Planning for Amazing Grace is in high gear. The program is set. Appeals for volunteers and funding support have gone out. Publicity is increasing. Potential campers are sending in inquiries.

You are encouraged to go to our web site: <http://www.amazinggracecapecod.org/>. There you will find information regarding various volunteer opportunities as well as the forms necessary to apply. In addition you will find information on making a donation. For example, a check for \$500 will sponsor a child. No donation is too small or too large. It will ensure the camp provides all that is needed for the kids. Please make checks payable to St. Mary's Church with Amazing Grace in the memo line.

The most important act you can do is to pray:

- for the planning team, the volunteers, and the YMCA counselors;
- for the people in jail and prison who are separated from their children;
- for the parents, foster parents and guardians raising the children of the incarcerated;
- and, hold up before God these precious children whose lives are so disrupted through no fault of their own, the littlest victims of crime.

Our Book of Common Prayer offers two prayers, which I commend, to you:



*For Prisons and Correctional Institutions*

Lord Jesus, for our sake you were condemned as a criminal: Visit our jails and prisons with your pity and judgment. Remember all prisoners, and bring the guilty to repentance and amendment of life according to your will, and give them hope for their future. When any are held unjustly, bring them release; forgive us, and teach us to improve our justice. Remember those who work in these institutions; keep them humane and compassionate; and save them from becoming brutal or callous. And since what we do for those in prison, O Lord, we do for you, constrain us to improve their lot. All this we ask for your mercy's sake. *Amen.*

*For the Care of Children*

Almighty God, heavenly Father, you have blessed us with the joy and care of children: Give us calm strength and patient wisdom as we bring them up, that we may teach them to love whatever is just and true and good, following the example of our Savior Jesus Christ. *Amen.*

*Eleanor Braun  
Amazing Grace Coordinator*

## Saint Mary's All Parish Retreat



Join us for a beautiful, relaxing weekend in the mountains of New Hampshire! The all-parish retreat is wonderful way to connect more deeply with God and deepen relationships with fellow parishioners of St. Mary's. The weekend will include program-time for people of all ages, as well as lots of time to explore the surrounding hiking trails, apple orchards, and shaded trees where you can curl up and read. The retreat center is fully accessible — all are welcome!



### SAINT MARY'S EPISCOPAL ALL PARISH RETREAT

September 19, 20 & 21, 2014 at the BCH Camp & Conference Center, Greenfield NH

*Families and individuals of all ages are welcome!*

Family Name: \_\_\_\_\_

(2 nights and 5 meals included. Friday 6pm dinner to Sunday breakfast.)

- **CABIN**, Number of adults x \$90= \_\_\_\_\_  
+ Number of children x \$45 = \_\_\_\_\_ (ages 3 to 11), (*infants to age 2 are free*)

*The following choices have limited spaces available, so first come, first served:*

- **Adult Friendly Cabin - 4 person occupancy**, Number of adults x \$120/pp = \_\_\_\_\_
- **Adult Friendly Cabin - 2 person occupancy**, Number of adults x \$160/pp = \_\_\_\_\_
- **Shared LODGE room**, Number of adults x \$160/pp = \_\_\_\_\_
- **Private LODGE room**, One adult x \$240/pp = \_\_\_\_\_

Names (please include ages of children):

\_\_\_\_\_  
\_\_\_\_\_

Would you like to request to share accommodation with a specific family or person?

\_\_\_\_\_

Do you have Dietary Restrictions?

\_\_\_\_\_

**Total Due:** \_\_\_\_\_

I would like to add a small amount to my total to help a family or individual who might otherwise not be able to go... \_\_\_\_\_

**DEADLINE: AUGUST 1 AFTER AUGUST 22, NO REFUNDS WILL BE GRANTED.**

**Please send in your registrations and full payment to the parish office early to ensure your choice of Lodge or Cabin accommodation.**

## Youth & Family Ministries

The magic of a Cape Cod Summer lies ahead for all of us. We have a lot planned at St. Mary's for the Summer 2014. I am keeping my letter brief other than a **GIANT** and heartfelt **THANK YOU!** to each of you for granting me the privilege of working with your children. St. Mary's is a great place because of *all* the wonderful families.

Warmly,  
Allison Bresette  
Director of Youth & Family Ministries

P.S. Please take a minute to mark your calendars so you don't miss any of the fun ahead!

### St. Mary's Float for the 4<sup>th</sup> of July Parade! 8:00 a.m. on July 4<sup>th</sup>

We need decorators and riders. This year's theme is: Promoting the Early Music Festival at St. Mary's. We'll need medieval lads and lasses this year. Think...Maypoles, flutes and lutes.

**R.S.V.P. to [youth@stmarys-church.org](mailto:youth@stmarys-church.org)** if you can help decorate or want to be on board.



2013 Float - above  
Can we do it again for 2014? YES WE CAN!

### The YOUTH's 4th of July

#### Lemonade & Popsicle Stand in the Hollow

Volunteers and lemonade-drinkers welcome!  
Help THE YOUTH raise funds for their trip to the Badlands of South Dakota. Please let me know if you can help.



### Mass on The Sandbar

**R.S.V.P.'s required!**

Saturday, August 24<sup>th</sup> at 8:00 a.m.

**[youth@stmarys-church.org](mailto:youth@stmarys-church.org)**

### Joy Mass Schedule in the garden (weather permitting)

Sunday, July 27<sup>th</sup> at 9:30

Sunday, August 24<sup>th</sup> at 9:30

### Mission Possible

Friday, July 18, 25, Aug 1, 8

From 5:00 to 8:00 p.m.

*Four Friday nights of intergenerational fun and service projects, potluck suppers, mission work, education and fun crafts for families.*

**R.S.V.P. to [youth@stmarys-church.org](mailto:youth@stmarys-church.org)**

### Arkeology Music Theatre Workshop

August 18 -22, Monday - Friday

Daily program from 9:00 a.m. to 3:00 p.m. for rising 1<sup>st</sup> - 7<sup>th</sup> graders, \$100 per child for the week. Please pack a nut free lunch.

***Registrations and fees are due by June 29<sup>th</sup>!***

### Yoga and Music Program for Kids:

Ages: 9 - 12

July 7-18: M, W, TH, 9:30-12:30

Ages: 6 -12

August 4-15: M, W, TH, 9:30-12:30

***Call Alicia Mathewson at 646-345-5484 for info.***



## News and Notes

### DEAR FRIENDS,

Thank you all so much for the cards, phone calls, gifts and visits following my surgery. I felt so graced and cared for by my St. Mary's family. The surgery went well and I am now in outpatient physical therapy. So all is well for the summer and my trip to The Holy Land in November.

*Joy and Peace,  
Elizabeth*

**PLEASE TAKE A UTO BOX** from the back of the church for your United Thank Offering coins and bills. We will have an ingathering in mid September when we will present these tangible symbols of our daily "thank you's" for all of God's blessings.

**RUMMAGE SALE STORAGE, PLEASE!** If you have room in your garage, basement, or shed and are willing to store items, please call the office.

**WE'RE BEING DARING THIS SUMMER!** The women of our community are invited to join our rector, Libby Gibson, to discuss Brené Brown's book Daring Greatly: How the Courage to Be Vulnerable

Transforms the Way We Live, Love, Parent, and Lead. For more information contact Libby Gibson, [rector@stmarys-church.org](mailto:rector@stmarys-church.org).

**IF YOU OR A LOVED ONE ARE ADMITTED TO THE HOSPITAL,** please indicate that you are a parishioner at St. Mary's. A clergy person visits the hospital most days and this makes it easier to find you!

**READ ST. PAUL'S LETTERS** in their proper chronological order and in their cultural and personal context. Six sessions; time and place to be determined by availability of participants. Contact Bill Opel at [w.opel@comcast.net](mailto:w.opel@comcast.net) or 508 255 2580 for more information or to sign on.

**EVENING YOGA WITH SHERIANNA BOYLE:** Monday nights at 6:00 p.m. all summer.

**CAPE HARMONY CONCERTS:** Monday nights throughout July at 8:00 p.m.

### Garden Cherub Restored

Bill Plettner's ability to restore the cherub, and rebuild the cupola and Dave Knauer's efforts in carefully taking off the original shingles and attaching them to the rebuilt cupola resulted in what you will see in the attached photo. Thank you Bill and Dave.



### Mindfulness and Aging

**Presenter: Ron Armstrong, MSW**

Tuesday and Thursday

10:30am - 12:30pm

July 8, 10, 15, 17, 22, and 24

This is a journal-keeping workshop that targets aging through the prism of mindfulness, reflection and self-awareness. Three specific themes will be addressed and these are:

- Intention - the willingness to look at one's self honestly;
- Attention - that ability to be aware and mindful of internal and external influences that impact and affect our lives; and,
- Attitude - how we see, understand and interact with others in our day-to-day lives.

# Events at a Glance

|         |         |   |
|---------|---------|---|
| July 1  | 7:00PM  | Women's Book Study with the Rector  |
| July 2  | 1:00PM  | Eucharist at Heatherwood  |
| July 4  | 8:00AM  | Parade - Visit St. Mary's Lemonade Stand                                    |
| July 5  | 5:00PM  | Taizé Eucharist   |
| July 6  | 11:20AM | Grief & Loss Group  |
| July 8  | 10:00AM | Mindfulness & Aging Workshop begins   |
| July 9  | 12:15PM | Cape Cod Early Music Festival begins  |
| July 18 | 6:00PM  | Mission Possible - Intergenerational fun and service (first of four events) |
| Aug 4   | 9:30AM  | Yoga/Music Program begins   |
| Aug 6   | 1:00PM  | Eucharist at Heatherwood  |
| Aug 16  | 8:00AM  | Mass on the Sandbar   |
| Aug 18  | 9:00AM  | Arkeology Drama Program begins  |

## Weekend Eucharists (Summer Schedule)

Saturday, 5:00PM, Rite II  
Sunday, 8:00AM, Rite II  
Sunday, 10:00AM, Rite II

Note: the First Saturday of the month, the 5PM Eucharist is in the style of Taizé; The 4<sup>th</sup> Sunday of the month, a children-friendly service, *Joy Mass*, is scheduled for 9:30AM.

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The Rev. Dr. Libby Gibson, Rector

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