

# Saint Mary's

Episcopal Church Barnstable

July-August 2015

## GOD'S STORY AND OUR STORIES

In his introduction to a Bible storybook, Archbishop Desmond Tutu writes: "God wants us to fill our lives with love. Jesus says we should love God, love other people, and love ourselves. How do we do this? By doing three important things: Do what is right, be kind to one another, and be friends with God. You will see these teachings and many more in God's stories..."

The Bible remains the best-selling book of all time because of the ability of God's story to change lives. In my experience, the practice of reading God's story in Holy Scripture is one of the most transformative spiritual practices we can engage. However, many Bible-reading programs can lead to frustration because large sections of Holy Scripture can feel inaccessible and irrelevant. To overcome this, Zondervan Press has created *The Story*.

### *What Is The Story?*

*The Story* is an abridged, chronological Bible that reads like a novel. There are no verse references, and Scripture segments are seamlessly woven together with transition text into a single grand narrative. For people who become intimidated or overwhelmed by the unabridged Bible, *The Story* helps people understand God's story throughout history more fully and engage with it more easily. *The Story* is a powerful way to help people engage in Bible reading like never before. As *The Story* brings the Bible to life, the broad scope of God's message can enter our hearts and people of all ages will be swept up in the story of God's love for all.

St. Mary's will begin reading *The Story* on September 13, 2015. Age-appropriate books will be available for sale in the sunroom

## From our Rector, the Rev. Dr. Libby Gibson



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beginning the week of July 13. Throughout next year, our Sunday School, adult forums, and one of our weekend Scripture readings will follow along with The Story. As a parish, we will build our familiarity with God's story and reflect on the many ways that our stories have been touched by God's love.

I hope you will commit to reading The Story this coming year and experience the power of God's story to change your life.

With love and blessings,

*Libby +*

### From Our Deacon

St. Mary's is blessed to have many talented people in the congregation. Kate Dunigan-Atlee is one such gift as she is a librarian at Sturgis High School. Kate and I will be working in the library during the summer. We will be working in the library during the summer. We plan to weed out seldom (if ever) read books and outdated material. As space opens up we will be able to better display interesting and new material. Kate has already attractively rearranged some shelves in the children's section.

In the bookcase there is a tape player and some speakers. We would like to use this space for books. If you know who owns these things please let me know. From time to time we may come across material that might be of interest to someone in the congregation. This material will be left on the cushions under the windows. After two weeks they will be discarded.

Kate and I are working to make the library more attractive and accessible for reading, browsing and meetings. I am delighted and grateful to have her expertise.

Blessings,  
*Elizabeth*

## EDUCATION & FORMATION

*The act or process of forming the state of our being...*

### Parish Retreat - Save the Date

The 2015 parish retreat is scheduled for October 23-25. Please mark your calendars and begin to prepare your heart for a wonderful community-building and blessed weekend with members of your Church Family. The retreat takes place at the diocesan run Barbara C. Harris Retreat and Conference Center, located in New Hampshire. Reservation forms will be available the end of August.

## Youth & Family Ministries

And just like that, it is suddenly Summer! I hope this summer is a special time with plenty of opportunities for quality family time and fun adventures. Although we are taking a break from Sunday School in the summer, we still have many reasons to gather together at St. Mary's.

We will continue to celebrate JOY Mass in July and August, the 4th Sunday of each month, at a slightly earlier start time of 9:00 AM. When the weather cooperates, we will celebrate JOY Mass at our beautiful outdoor chapel. *Summer JOY Mass dates are: July 26th and August 23rd.*

St. Mary's Youth and Families will once again be running a lemonade stand at the annual celebration in the hollow after the Barnstable Village 4th of July Parade. All money raised will go to support our outreach projects in the coming year. This is a fabulous fundraiser and a great way to have a visible presence in the village. All are welcome to join us squeezing lemons and scooping ice!

I am particularly excited to announce a new relationship with Cape Cod Child Development. We are very fortunate to have the dynamic new CEO of Cape Cod Child Development, Anne Colwell as one of our own parishioners. Cape Cod Child Development serves over 3000 children a year through a broad range of vital social services. I am sure many of you have personally benefited from the long reach of their programs. They provide affordable childcare, education and developmental intervention, and broad-ranging family support services. Although they serve youth and families from all financial strata of our community, they are

uniquely positioned to reach those in great need on an intimate level. A large part of their work is done with homeless families as well as with the rising numbers of the working poor. In order to more efficiently serve the youth and families in greatest need in our community, we are establishing new outreach programs that will serve many of these families.



The youth of St. Mary's are very eager to serve their peers in need. Our first outreach initiative with Cape Cod Child Development will be opening a fully stocked **Back to School Store**. C.C.C.D. has secured an ideal little cottage in Hyannis to house our

store. It is our hope that children in need will be able to shop and actually choose their supplies for starting their new school year off right. Children in need are often denied the pleasure of choice. **We are looking for your support to help us stock our store with crisp new notebooks, sharp colorful crayons and beautiful backpacks full of promise.** We will have collection boxes in our own sunroom and all around town. **We've reserved two dates for Mission Possible Service Nights: Wednesday July 22nd and August 19th from 4:00 to 8:00 PM. We will need many hands to help get the store up and running.** This is indeed a bold project or, as Father Mark has taught the children to say, "A bodacious promise," a whole lot larger than the numbers of our St. Mary's youth. **We hope to serve close to 300 families this September. Please help us reach our goal and deliver on this bodacious promise to help young children and families in need.**

Thank you and Happy Summer!  
Allison Bresette  
Director of Youth and Family Ministries



# WORSHIP AND MUSIC

## Cape Cod Early Music Festival....Again!

Once again, St. Mary's will be hosting the Cape Cod Early Music Festival, in what is becoming an annual event. This series of concerts is unlike any other musical event on the Cape, featuring internationally-recognized artists who specialize in Medieval, Renaissance, and Baroque music. Last year's Festival was well received by Cape Cod concertgoers, and this year's performances promise to be just as special. The concert lineup includes:

Thursday, July 9 - 7pm: Thomas Dressler, Organist <http://www.thomasdressler.com>

Saturday, July 11 - 7pm: Canto Armonico <http://www.cantoarmonico.org>

Tuesday, July 14 - 7pm: Ensemble Passacaglia <http://www.solsticesingers.org/passacaglia.htm>

Thursday, July 16 - 7pm: Douglas Keilitz, Organist <http://www.douglaskeilitz.com>

Saturday, July 18 - 7pm: Ensemble Breve <http://flute-recorder-deborahbooth.com/breve>

All concerts will be held in the air-conditioned church, and receptions will follow each concert where audience members can meet the artists.

Please plan on partaking of this wonderful new addition to the Cape Cod music and arts scene...the 2nd Annual Cape Cod Early Music Festival at St. Mary's, Barnstable.



*Worship and Music (continued)*

## Changing Worship Schedule This Fall

For three years we have been discussing how to address the glorious problem of a frequently over-crowded 10:00 am service, and the difficulties this can create in the parking lot and pews. St. Mary's has been blessed with many new members and we want to be able to continue welcoming newcomers and visitors.

Additionally, many parishioners express a desire for a less formal service with more contemporary music. After much conversation at our vestry retreat, these issues have led the clergy and vestry to decide to move to three worship services each Sunday morning (and continue Saturdays at 5:00 pm). Many of you will remember that St. Mary's offered three services for a number of years, and we hope that the new schedule will allow us greater flexibility in our worship.

**Beginning on September 13, 2015, the new schedule will offer services at 7:30 am, 9:00 am, and 11:00 am. Each service will have a different character:**

7:30 am: A contemplative Holy Eucharist Rite I with no music

9:00 am: A family-friendly Holy Eucharist Rite II with contemporary music on piano or guitar in the Parish Hall. JOY Mass will continue on the fourth Sunday of each month.

10:00-10:45 am: Coffee hour and Christian Formation for all ages. Our adult education offerings will occur in our Library.

11:00 am: Holy Eucharist Rite II with full choir. Youth Sunday will continue on the second Sunday of each month, with the Choristers singing.

Your vestry and clergy know that we will have to work very hard to maintain a sense of community and connectivity, qualities that we all deeply value. We hope that you will try services at various times, and attend the coffee hour, in order to nurture old and new friendships. Please be in touch with Libby Gibson or the vestry if you have any questions or concerns. Thank you.

## Blessing of the Motorcycles, Sunday, July 19, at 11:00 am



This year, Big Nick's Ride for the Fallen, in honor of Corporal Nicholas Xiarhos, son of Yarmouth Police Department Deputy Police Chief Nicholas Xiarhos, will pass by St. Mary's on Sunday, July 19, at roughly 11:00 am. Immediately following our 10:00 am service, I invite you to wave flags and join the members of our clergy who will be offering blessings to support the hundreds of bikers who ride to remember the members of our armed forces who have died.

## IN-REACH AND CARE

### A note regarding my recent email

I am always grateful for people who take the time to express their concerns about something at St. Mary's, and thus learned that several of you were distressed by my email about Kate Watters in late June. By way of explanation, in case they are helpful, I offer these thoughts. The day after Kate was arrested, I began to receive multiple messages from parishioners who had seen a video on-line, taken by a "journalist" in Hyannis. A parishioner, and member of the press, also contacted me to warn me that an article was going to appear in the Cape Cod Times. Given the highly public nature of the situation, I consulted with members of the vestry, several friends of Kate, and a counselor about the best way to express our support for Kate and her son Jack. Again, given the publicity surrounding this incident, I was encouraged to be open and honest in acknowledging that a member of our community was in trouble and deeply needed our prayers and support. I certainly would not have communicated a request for your prayers if Kate had revealed her struggles in private or if her arrest had not been such prominent news. For those who had not seen the online, newspaper, or radio coverage, I know my email came as a shock and I'm very sorry for any pain it caused. Please don't hesitate to be in touch with further questions.

*Libby +*

### Creation Care News

Aware, Awake & Alive! That's our theme and the goal of our committee. Our members are Hilary Greene, Angela Cenzalli, Amy Crocker, Dorothy Torrey and Sue Davy. What ties us all together? How our choices affect our community, our health and our world now and in the future; how animals are used in our food system; how our current food system impacts our health; how making our buildings more sustainable affects the environment; how our way of living affects our health; and how putting this knowledge into action will show our love for all that God has made- including us! Dorothy Torrey focuses us on healthy eating and well-being and how that helps not only us but our planet; Amy Crocker focuses us on her animal ministry; Angela Cenzalli focuses us on the buildings and grounds for our parish and our homes and fair trade items; Hilary Greene ties our efforts to the efforts in our Deanery, Diocese and larger world of Creation Care; Sue Davy helps us with forums, communications and internal workings to help us get our message to you.

Over the past year we've held forums about waste, eating healthy, animal ministry and other issues that affect our lives, our community and our planet. Events coming up: July 23, a talk and demonstration about Bokashi Composting, in September another discussion by Dr. Steve Blake about Diabetes and a healthier lifestyle, Animal Awareness efforts during October and in November a talk about a plant-based diet that helps you and the planet at the same time.

We hope to keep you informed and help each one of us be Aware, Awake and Alive! Look for interesting statistics and fun facts to help guide your choices.

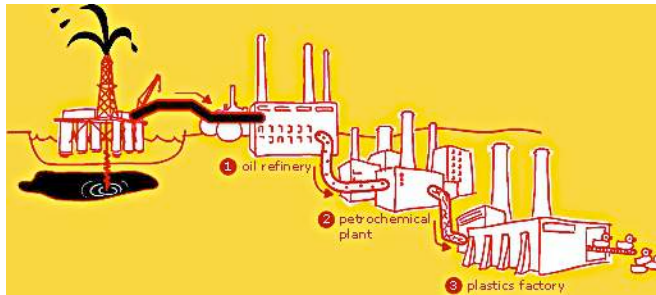
For the Creation Care Committee  
*Hilary Greene*



*InReach and Care (continued)*

## Why Plastic Matters

Sometimes the packaging of products we consume is as much of an issue as what is inside it. Even though a plastic container may be recyclable, the amount of petroleum products used to create that product in the first place is an issue.



the plastic materials and resins industry, which was equal to about 2.7% of total U.S. petroleum consumption. Of those 191 million barrels, 190 million barrels were used as feedstock and 1 million barrels were consumed as fuel to manufacture these products. The best lesson to take away from this information is to follow these 3 simple steps:

In the United States, plastics are not made from crude oil. They are manufactured from petroleum products, which include liquid petroleum gases (LPG) and natural gas liquids (NGL), and natural gas. LPG are by-products of petroleum refining and natural gas processing, and NGL are removed from natural gas before it enters transmission pipelines. These fuels are used as feedstocks to make the plastic and as fuels in the manufacturing process. In 2010, about 191 million barrels of LPG and NGL were used in the United States to make plastic products in

1. **Reduce:** reduce the amount of packaging that is in the products you buy;
2. **Reuse:** if you buy non-sustainable packaging, reuse it;
3. **Recycle:** this is the last step, only after the others have been tried. Recycling is a good last resort after not being able to reduce the use of plastic products or reuse them.

Peace,  
*Hilary Greene*

## Volunteers Needed - Families Encouraged

### OUTREACH COMMITTEE - MIRACLE KITCHEN

For years St. Mary's has been an active participant in delivering hot lunch casseroles and cakes for 100 people to the Salvation Army every 1st, 3rd, and 5th Wednesday, January-December. WE HAVE AN URGENT NEED for some new volunteers. We have cooking teams (2-3) assigned for each date to purchase and prepare the casseroles on Monday morning for delivery on Wednesday morning. We also have individuals who bake cakes at home and deliver them to the kitchen before Wednesday's delivery. We have a master recipe book that outlines what to buy, where to buy it and how to assemble the casseroles (expenses reimbursed up to \$120).

If you are interested, please call Roy Hammer, Miracle Kitchen Manager, at 508-362-2593 or Sharon Donegan, Outreach Chairman at 508-362-6365. If you would like to see a cooking team in action (before volunteering) join Sharon & Don in the kitchen at 9:00 on Monday, July 13.

*Sharon Donegan, Outreach Chair*

**Talk & Demonstration**  
St. Mary's Episcopal  
3005 Route 6A  
Barnstable Village

**July 23**  
**7:00 - 8:30 pm**  
Followed by Q & A  
Fee: FREE  
(Donations gladly  
accepted!)



## Come and find out about an amazing process that **BENEFITS You and Your Community**

- No waste! Uses ALL scraps including meat, fish, dairy, cooked foods and bones
- Does not release CO<sub>2</sub> or methane gas which adds to climate change
- Saves tons of food waste from the landfill, thus reducing greenhouse gases
- Does not produce stink or odors that attract pests
- Produces high quality compost in a bucket in your kitchen
- No more daily trips to the compost bins
- Less household garbage to dispose of
- Composts food scraps much faster
- No greenhouse gases created
- Easy to do on a large or small scale



**Hosted by: Creation Care Committee and Path to Vibrant Health**  
Questions: Dorothy Torrey at 508-888-6677 or email [dorothy.torrey@gmail.com](mailto:dorothy.torrey@gmail.com)



## July-August Birthdays

07/01 Bruce Jones	07/22 John Mamlock	08/14 Matthew Hersey
07/01 Kyle Sullivan-Jones	07/23 Lauren Gadkowski	08/16 Anne Simpson
07/01 Michael Palmer	07/23 Mateo Dunigan-Atlee	08/16 Bruce Vandebroek
07/02 Mae Grant	07/24 Patricia Powell	08/16 Jack Watters
07/02 Lana Hopkins	07/24 Robin Greene	08/17 Timothy Coggeshall
07/03 Paul LaPine	07/25 Marion Delear	08/18 Meghan Mamlock
07/03 Ronald Bearse	07/25 Holden Ramage	08/19 Teagan Ver Eecke
07/03 Emma Steenstra	07/26 Richard Corsini	08/20 Clifford Anderson
07/03 Matthew Steenstra	07/26 Jeannie Stokinger	08/22 Sallie Thompson
07/04 Beatrice Ellicott	07/26 Trish Spillane	08/25 Charles Orloff
07/04 Donald Babcock	07/26 Jenny Brown	08/25 Christy Saling
07/04 Beth Gadkowski	07/28 Janis Umschlag	08/26 Thomas Morrison
07/06 Margaret Rueter	07/29 Carley Steenstra	08/27 William Coale
07/06 Elliott Detjens	07/31 Peter Howes	08/27 Patrick Ramage
07/07 Tracey Eastman	07/31 Tom Lippard	08/27 Phoebe Gibson
07/08 Suzanne Schlott	08/01 Jeff Spillane	08/27 Parker Hietsch
07/09 Wesley Harris	08/01 Andrew Clark	08/29 Dan Miller
07/10 Deborah Lippard	08/01 Laura Hutton	08/30 James Hinkle
07/10 Brynn Dilley	08/02 Patricia Rothermel	08/30 Marge Mansur
07/11 Ann Canedy	08/03 Ardith Call	08/30 Sally MacDonald
07/11 Melissa Allen	08/04 Alice Coniam	08/31 Eleanor Sheldrick
07/11 Kai Christo	08/04 Nicholas Grefe	08/31 Walter Meinzer
07/13 Mackie Rice	08/05 Mary Ferguson	08/31 Peter Scarafile
07/13 Matt Bresette	08/05 Oliver Prantis	08/31 Cathy Morris
07/14 Constance Rosenberger	08/06 Rogan Ver Eecke	08/31 Jennifer Dalrymple
07/16 Lauren Mamlock	08/07 Amy Crocker	
07/16 Katherine Corsini	08/08 Joseph Scichilone	
07/16 Patrick Spillane	08/08 Lulu Boothe	
07/18 Julie Winchell	08/10 Helen Hinckley	
07/18 Pauline Cunniff	08/10 Marcia Bearse	
07/18 Hilary Enz	08/10 Paxton Reed	
07/18 Elliot Prantis	08/11 Carolyn Thomas	
07/19 Becky McClenahan	08/11 Henry Ramage	
07/19 Nancy Ill	08/12 Pat Buttenheim	
07/21 LeRoy Anderson	08/12 Linda-Gene Peterson	
07/21 Joshua Hersey	08/12 Trish William	
07/21 Jacoby Hill	08/13 Lisa Hendrickson	
07/22 Elizabeth Whitmore	08/13 Christine Dilley	



*Is your name missing from the Birthday List? Please call the office with your birth-date so it doesn't happen again!*

## Supporting Our Ministries

### What is the best way to get in contact with Libby?

A question we commonly receive in the office is "What is the best way to get in touch with Libby?" We hope this article offers some guidance.

- Please remember that there are 700+ of you and one priest at St. Mary's.
- Beginning the week of July 6, Libby will hold office hours and be available for brief, drop-in appointments every Thursday between 10 am and 1 pm. If you need protected time to talk with Libby, please call the office and we can schedule an appointment for you.
- People reach out to Libby in various ways each day. She sees many people in person, receives letters, emails, calls on the church

phone, calls on her cell phone, text messages, and Facebook messages. It is not possible for her to keep up with them all.

Libby listens to or reads all of the means of communication within a few days of receiving them. She does not always have time to respond to each message but is grateful to know what is important to you, and prays for you. If you need a response within a certain time frame, please highlight the time sensitive nature of your matter.

- Please do not use Libby's cell phone for any reason except pastoral care emergencies outside normal business hours

(8 am – 5 pm). Do not text any member of the staff at night as many of us do not turn off our phones and late night texts are intrusive. Please use email to communicate longer requests to Libby. She receives a number of texts each day, and unlike email, they don't remain in an "inbox" that she can easily see and respond to later.

- Please do not communicate via Facebook messaging as Libby does not always remember to check messages there.

Thank you for your understanding!

*Frankie and Allison*

### Sunday Parking at St. Mary's

Parking on a Sunday morning at St. Mary's can be a challenge. Your vestry proposes the church parking lot be reserved for visitors, octogenarians, and non-ambulatory people. All others park in lots located at Sturgis Library, The Historical Society, and Barnstable House. If those lots are full consider parking in the municipal parking in Barnstable Village. During inclement weather please drop off your carload before parking.

### Holy Smoke!!!

Aged firewood for sale. About 32 cubic feet per delivery. All proceeds, \$125.00 per delivery benefit Saint Mary's. Call Peter Scarafile at 774-836-0909

*Supporting Our Ministries*

## Rosebud or Bust!



As of this writing our youth group is on its way to Rosebud Indian Reservation in South Dakota. In addition to your prayers, please visit the giving tree in the sunroom and consider sponsoring part of our trip. The team is posting pictures and reflections on our website. Check the link on the front page of the website ([www.stmarys-church.org](http://www.stmarys-church.org)) frequently for updates and thank you for your prayers!

## Hello Book Group

Our next meeting will take place on Friday, September 25th at 1:00 pm in the St. James Room. We will be reading *The Wright Brothers* by David McCullough which at the present time is Number One on the N.Y. Times Bestseller Book List. The book describes the courageous effort by the Wright Brothers to introduce aviation to the world. I am sure this will be a soaring success. This will be great to read while watching the clouds race by in the summer sky.

Have a healthy and happy summer.

## Parish Directory in the Making

We are excited to announce that we are creating a new pictorial directory of our church family! There will be two photo sessions, **August 18-20 and September 17-19**. We encourage you to sign-up by clicking the pictorial link on the front page of the website ([www.stmarys-church.org](http://www.stmarys-church.org)). You will also be able to sign up following Sunday Services.



### St. Mary's Episcopal Church Staff

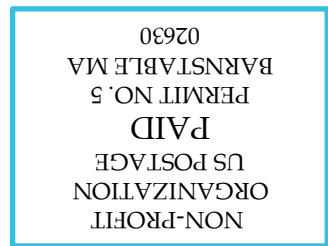
The Rev. Dr. Libby Gibson, Rector  
The Rev. Dcn. Elizabeth Whitmore, Deacon  
Douglas Keilitz, Director of Music Ministries & Organist  
Allison Bresette, Coordinator of Youth & Family Ministries  
Frankie Stahlhut, Parish Administrator  
Colleen Mason, Financial Coordinator  
Carmen Cappuccio, Sexton

### St. Mary's Episcopal Church Vestry Members

Matt Bresette, Senior Warden  
Joy Hambly, Junior Warden  
Lee Hunsaker, Chuck Lewis, Co-Treasurers  
Brad Goodwin, Clerk  
Jenn Mullin - 2015  
Lois Gagnon - 2015  
Bill Plettner - 2015  
David Munsell - 2016  
Judy Knauer - 2016  
Peter Gwynne - 2016  
Peter Hutton - 2017  
Louise Koch - 2017  
Peter Scarafile - 2017

*St. Mary's Newsletter* is published six times a year. Please send all submissions to Parish Administrator at [admin@stmarys-church.org](mailto:admin@stmarys-church.org).





**ST. MARY'S EPISCOPAL CHURCH**  
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[admin@stmarys-church.org](mailto:admin@stmarys-church.org)  
[www.stmarys-church.org](http://www.stmarys-church.org)

**July-August At A Glance**

**Special Services/Events:**  
June 26-July 5, Youth Mission Trip to Rosebud Indian Reservation  
July 6-18, Cape Cod Early Music Festival  
July 19, Big Nick Bike Ride and Blessing, 11AM  
July 23, Bokashi Demonstration, 7PM  
August 15-16, Patronal Feast Weekend  
August 18-20, 23-25: Pictorial Sessions, Sign up online  
August 23-28, Amazing Grace of Cape Cod Program  
August 30, Evensong at St. Andrews, 5pm

**Weekend Eucharists:**  
Saturday, 5:00PM, Rite II  
Sunday, 8:00AM, Rite II  
Sunday, 10:00AM, Rite II

**Monthly:**  
First Saturday, 5PM Taizé  
Second Sunday, 10AM, Youth Eucharist  
Fourth Sunday, 9AM, Joy Mass