



Saint  Mary's
Episcopal Church Barnstable

MAY/JUNE 2017

C O N T E N T S

FROM OUR RECTOR

ADJUSTING THE SAILS

FROM OUR ASSOCIATE RECTOR

A FOND FAREWELL

WORSHIP & MUSIC

**THE POWER OF THE CROSS
THROUGH MUSIC**

YOUTH & FAMILIES

**EASTER GARDENS & THE
FUTURE OF OUR CHILDREN'S
MINISTRY**

OUTREACH

**OUTREACH OPPORTUNITIES
ABOUND**

INREACH & CARE

ORGAN DONATION



A D J U S T I N G T H E S A I L S

THE REV. DR. LIBBY GIBSON

**“THE PESSIMIST COMPLAINS ABOUT THE WIND; THE OPTIMIST EXPECTS IT TO CHANGE; THE REALIST ADJUSTS THE SAILS.”
WILLIAM ARTHUR WARD**

Dear Friends,

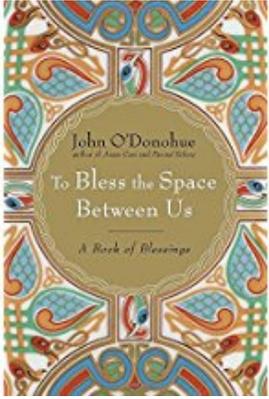
The winds of change continue to blow at St. Mary's! While I always knew that Michael would move on to new adventures, like many of you, I was saddened to learn that his time with us is so short. It has been a joy and honor to walk with Michael in these early years of his priesthood. From the moment of our first conversation in my office, I could easily see Michael enriching our lives at St. Mary's. I know he has touched many of your lives with his sermons, pastoral care, and teaching. As a colleague and friend, I deeply appreciate Michael's intellect, humor, and energy and will miss him. Michael's last Sunday will be on June 11, 2017, when we will honor him and David, and Michael's ministry among us. If you would like to contribute to a purse for Michael, please bring your gifts to the church by Monday, June 5.

I am thrilled to share the news that The Rev. Canon Charles Morris will be joining our staff this summer as a part-time clergy associate. Your vestry and I have discerned that our greatest parish needs are pastoral care, children's ministries, and weekend liturgical assistance. Canon Morris brings decades of experience working with Sunday Schools and as the headmaster of a school on Long Island. He also has a huge heart for pastoral care, a gorgeous singing voice, and a reverent liturgical presence. Many of you will remember Canon Morris from his time spent at St. Mary's earlier in his career. We look forward to welcoming him home!

I am grateful that Father Bob Anthony will also help us by continuing to meet with the Men's Fellowship, leading the Tuesday Morning Bible Study, and working with pastoral care. Very soon, I look forward to sharing the news of hiring an excellent coordinator for our Children's Ministries. Amidst all these transitions, the Holy Spirit is guiding and blessing us with abundant hope and joy. While it is always sad to say goodbye to people we have come to cherish, we know that God is already bringing new life into our midst. Please enjoy the meditation on "Thresholds" that I have excerpted from John O'Donohue's masterful book, *To Bless the Space Between Us*.

With love and blessings,

Libby +



Thresholds, by John O'Donohue

Within the grip of winter, it is almost impossible to imagine the spring. The gray perished landscape is shorn of color. Only bleakness meets the eye; everything seems severe and edged. Winter is the oldest season; it has some quality of the absolute. Yet beneath the surface of winter, the miracle of spring is

already in preparation; the cold is relenting; seeds are waking up. Colors are beginning to imagine how they will return. Then, imperceptibly, somewhere one bud opens and the symphony of renewal is no longer reversible. From the black heart of winter a miraculous, breathing plenitude of color emerges.

The beauty of nature insists on taking its time. Everything is prepared. Nothing is rushed. The rhythm of emergence is a gradual slow beat always inching its way forward; change remains faithful to itself until the new unfolds in the full confidence of true arrival. Because nothing is abrupt, the beginning of spring nearly always catches us unawares. It is there before we see it; and then we can look nowhere without seeing it.

Change arrives in nature when time has ripened. There are no jagged transitions or crude discontinuities. This accounts for the sureness with which one season succeeds another. It is as though they were moving forward in a rhythm set from within a continuum.

To change is one of the great dreams of every heart - to change the limitations, the sameness, the banality, or the pain. So often we look back on patterns of behavior, the kind of decisions we make repeatedly and that have failed to serve us well, and we aim for a new and more successful path or way of living. But Change is difficult for us. So often we opt to continue the old pattern, rather than risking the danger of difference. We are also often surprised by change that seems to arrive out of nowhere. We find ourselves crossing some new threshold we had never anticipated. Like spring secretly at work within the heart of winter, below the surface of our lives huge changes are in fermentation. We never suspect a thing. Then when the grip of some long-enduring winter mentality beings to loosen, we find ourselves vulnerable to a flourish of possibility and we are suddenly negotiating the challenge of a threshold.

At any time you can ask yourself: At which threshold am I now standing? At this time in my life, what am I leaving? Where am I about to enter? What is preventing me from crossing my next threshold? What gift would enable me to do it?

A threshold is not a simple boundary; it is a frontier that divides two different territories, rhythms and atmospheres. Indeed, it is a lovely testimony to the fullness and integrity of an experience or a stage of life that it intensifies toward the end into a real frontier that cannot be crossed without the heart being passionately engaged and woken up. At this threshold a great complexity of emotions comes alive: confusion, fear, excitement, sadness, hope. This is one of the reasons such vital crossing were always clothed in ritual.

It is wise in your own life to be able to recognize and acknowledge the key thresholds; to take your time; to feel all the varieties of presence that accrue there; to listen inward with complete attention until you hear the inner voice calling you forward. The time has come to cross.

To acknowledge and cross a new threshold is always a challenge. It demands courage and also a sense of trust in whatever is emerging. This becomes essential when a threshold opens suddenly in front of you, one for which you had no preparation. This could be illness, suffering or loss. Because we are so engaged with the world, we usually forget how fragile life can be and how vulnerable we always are. It takes only a couple of seconds for a life to change irreversibly. Suddenly you stand on completely strange ground and a new course of life has to be embraced. Especially at such times we desperately need blessing and protection. You look back at the life you have lived up to a few hours before, and it suddenly seems so far away. Think for a moment how, across the world, someone's life has just changed - irrevocably, permanently, and not necessarily for the better - and everything that was once so steady, so reliable, must now find a new way of unfolding.

Though we know one another's names and recognize one another's faces, we never know what destiny shapes each life. The script of individual destiny is secret; it is hidden behind and beneath the sequence of happenings that is continually unfolding for us. Each life is a mystery that is never finally available to the mind's light or questions. That we are here is a huge affirmation; somehow life needed us and wanted us to be. To sense and trust this primeval acceptance can open a vast spring of trust within the heart. It can free us into a natural courage that casts out fear and opens up our lives to become voyages of discovery, creativity, and compassion. No threshold need be a threat, but rather an invitation and a promise. Whatever comes, the great sacrament of life will remain faithful to us, blessing us always with visible signs of invisible grace. We merely need to trust.



A FOND FAREWELL

MICHAEL BOUSQUET

Many of you already know, because you have read my farewell letter, that I am leaving St. Mary's in June. Because my husband is taking an international assignment with his company, we are moving to Zürich, Switzerland this summer and will be there for, perhaps, the next few years. As exciting an adventure as this will be for us, it is a bit unexpected, and, consequently, a bit disappointing. It is disappointing because I expected to be able to minister with St. Mary's for longer. It is also disappointing because, when I eventually did move on from this wonderful parish community, I had hoped that it would have been because I was called to serve as rector in another parochial call.

Anytime we face unexpected changes—even changes that offer exciting adventure—we face the possibility of being disappointed. We often might find ourselves dwelling on our old plans, our old dreams, our old hopes, or our old expectations. And that is only human and natural; we do need to grieve the end of an old reality. But my hope is that we do not become stuck dwelling on what has passed away. If we do find ourselves stuck, it is then that we risk becoming blind to grace, unaware to the presence of God in that new reality that is about to come into existence.

Disappointment is natural, but, hopefully, only temporary. God in Jesus Christ always calls us into a new creation and always invites us into resurrected life. If we find, because we are stuck in disappointment, that we cannot recognize the grace

of God, that we cannot recognize the new creation that God is laying out at our feet, then I encourage us at that time to refresh our prayer-life. With a disposition of curiosity, ask God in prayer where God is present in the midst of this disappointing turn of events. It might be easy for me as I face this move to Switzerland (for many obvious reasons!), but it will certainly be harder when we face greater disappointments, like the death of a loved one. But if there in any message I want us all to hear, it is that in every transition, God is present. In every loss, God has made some newness available to us.

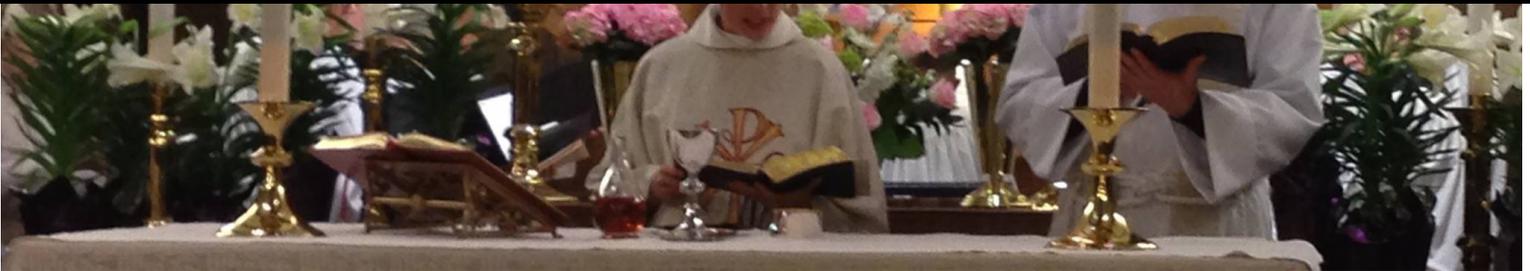
I am aware that the St. Mary's community might experience losses and transitions at a greater rate than other parish communities. In my own time at St. Mary's, I have witnessed and participated in fifteen funerals and burials. I know that Libby has witnessed and participated in many more. And yet, this community is not mired in perpetual disappointment and grief. I believe that that is because this community has the wonderful ability to find the new life, the unexpected grace, the abiding presence of God, that is always springing up in the midst of these losses. As we part ways in the next couple of months, my prayer for St. Mary's is that no one here ever becomes stuck in disappointment, that all of us continue to discover God's invitation in the midst of any loss. Life is, after all, a great exciting adventure. And wherever we go, whatever new reality we face, God will be there. Amen!

Michael +



W O R S H I P & M U S I C

THE POWER OF THE CROSS THROUGH MUSIC BY DOUGLAS KEILITZ



At the conclusion of the Good Friday evening service this year, someone came up to me, saying: "The last hymn we sang was so powerful. Thank you for scheduling it." After some reflection, I realized this powerful experience was limited to those present, so I attempt to share it with you now. It IS a powerful hymn text, wedded to equally-powerful music. Written by Keith Getty and Stuart Townend in 2005, *The Power of the Cross* provides a contemporary text and tune for a contemporary world. The poetry may not be William Blake or George Herbert, and the music may not be Thomas Tallis or Orlando Gibbons. But, they were the contemporaries of their age communicating biblical truths, and Getty & Townend are contemporaries of our age, communicating those same truths with a contemporary voice. If, in the context of worship, the message was powerful enough to move someone to tell me so, then by scheduling it I've done my job. There is nothing else to add except the text....

"Oh, to see the dawn Of the darkest day: Christ
on the road to Calvary.
Tried by sinful men, Torn and beaten, then
Nailed to a cross of wood.

(CHORUS)

This, the power of the cross: Christ became sin
for us;
Took the blame, bore the wrath—We stand
forgiven at the cross.

Oh, to see the pain Written on Your face, Bearing
the awesome weight of sin.
Every bitter thought, Every evil deed Crowning
Your bloodstained brow. (Chorus)

Now the daylight flees; Now the ground beneath
Quakes as its Maker bows His head.
Curtain torn in two, Dead are raised to life;
"Finished!" the victory cry. (Chorus)

Oh, to see my name Written in the wounds, For
through Your suffering I am free.
Death is crushed to death; Life is mine to live,
Won through Your selfless love.

(FINAL CHORUS)

This, the power of the cross: Son of God—slain for
us.
What a love! What a cost! We stand forgiven at
the cross."

WORDS AND MUSIC BY KEITH GETTY AND STUART TOWNEND
COPYRIGHT © 2005 THANKYOU MUSIC

....and the music. Each week, the music for the coming weekend's services is posted on the church web site. Frequently, video links are included for select pieces. In case you missed it this past Holy Week, here it the link for Kristin Getty's powerful and moving rendition:
<https://www.youtube.com/watch?v=aowdjLeaCYs>

Standing or Kneeling During the Eucharistic Prayers

We receive many questions (and some complaints) about people who stand or kneel during the Eucharistic prayers. Whatever your practice may be, chances are you feel quite strongly about it! Every celebration of the Eucharistic brings many things to our minds and hearts: our creation as beloved children of God, our tendency to act in ways that do not reflect the image of God, the salvific gift of Jesus' incarnation, the triumph over evil and death in the resurrection, and the Spirit's inspiration and blessing of all creation.

Thus, many people kneel in gratitude and humility before the sacredness of God's activity in our lives, and the presence of Jesus in the sacrament. Other people stand in recognition of our essential goodness, acknowledgement of our redemption, and celebration of the gift of new life beyond the grave. You likely have your own reasons for why you stand or kneel, and all worshippers are welcome to do what is most aligned with their spirituality.

While we acknowledge that there are practical, visual reasons why it may be better for everyone to adopt the same prayer posture, such decisions are left to the individual. Please don't hesitate to talk to Libby or Michael if you have any questions.

Holy Week Gratitude!

Many thanks to the altar guild, flower guild, ushers, lectors, Eucharistic ministers, acolytes, choirs, garden committee, and staff members who put so much energy into making this a sacred and beautiful Holy Week. Your efforts are deeply appreciated.

The Holy Week offerings this year will support the Diocese of Jerusalem & related ministries, including the church in Syria. They will also support Amazing Grace Camp. We received \$2,400 in donations. Thank you for your extraordinary generosity!



Easter Vigil



Good Friday Service for Children



YOUTH & FAMILIES

EASTER GARDENS & EGG HUNTS



St. Mary's families have had a blessed spring. The children created Easter Gardens after our March JOY Mass. Building their tomb, making the wooden crosses, and planting the grass seed allowed everyone to meditate on the reality of Jesus's death, burial and resurrection. The most exciting part of the project was taking the gardens home to watch the grass grow around the three crosses. We hope the Easter gardens provided families with the opportunity to draw closer to the mystery of Easter.

On Easter Eve, the Youth Group stuffed 1655 eggs for our parish Easter Egg Hunt! The children enjoyed every minute of this annual event. Not one egg was left behind on that glorious Easter morning!

Looking Forward

Sunday School classes will meet May 7, 14 and 21. There will be no JOY Mass on Memorial Day Weekend, May 28. The Sunday School End-of-Year Celebration will be held Sunday, June 4. Look for more information to follow.

The needs of the children and youth in our parish are of utmost importance to our leadership. Members of the Christian Education Committee have been conducting family interviews to determine the direction of our Christian Education programming.

If you are a parent or guardian with children/youth involved in activities at St. Mary's and you have not been interviewed yet, please contact Stella Bearse at 774-836-2967 or sbearse2013@gmail.com. Our goal is to complete all interviews as soon as possible. Thank you!

Stella Bearse

Interim Church School Coordinator





OUTREACH

OPPORTUNITIES TO SERVE



New committee leadership began in February: Leezie Magruder and Jud Phelps are now the co-chairs of the Outreach Committee. We are seeking to solicit more congregational participation and new ideas. Please bring them to us. We have a healthy budget of 5% of pledged income and 50% from St. Mary's fund raising events like the Daffodil Tea, Rummage Sale and Holly Fair.

The following pages contain an overview of some of the programs St. Mary's is planning to support this year. There are many ways for you to help in this significant work. Our next meeting is scheduled for 9:00 AM Sunday, May 21, in the Library. Thank you,
Leezie Magruder & Jud Phelps



All Our Children Volunteers at Hyannis West Elementary

Food 4 Kids

This summer we will continue the FOOD 4 KIDS program. Volunteers from St. Mary's will make and deliver breakfasts and lunches to children who are food insecure on Cape Cod. This year we will triple the number of children we fed last summer. We count on the same generosity you showed last year, since we need many hands to make this program successful. No special talents are necessary and training will be provided. Please look for opportunities to join in this much-needed mission. Watch for sign-up information both online and in the sunroom in May.

Service opportunities include: kitchen workers, line workers, and drivers. Volunteers can select the days of their choice to work in the church kitchen or parish hall, 7:00 - 10:00 a.m., Monday through Friday, during the last week of June through August.

For more information contact Joyce Bertschmann (774-255-1291) or Maureen Tempesta (508-428-4426), 2017 Food 4 Kids co-chairs.

What is Prison Ministry?

I would imagine that you might think prison ministry is just bringing the Gospel inside prison walls; helping the men, women and children incarcerated to better understand the lessons of Jesus and to become more productive citizens upon release. Well, you would be correct except that prison ministry is this and so much more!

St. Mary's, some four years ago, along with Saint David's, initiated the Amazing Grace Camp, a one week overnight camp for the children of those who are or have been incarcerated. This is prison ministry. Prison ministry is also supporting the Wednesday night support group in Hyannis for those returning to the community from prison.

It encompasses re-entry housing, such as Francis House, a new program which will help those transitioning back into the community with a structured re-entry program along with job searches, transportation, health access, and mentoring to help prevent re-incarceration. Other re-entry support housing includes Friends of Prisoners, St. Claire's House, and Bayside Cottage which serve returning women.

The data shows that the more a community helps returning offenders to become productive citizens, the lower the rates of recidivism and homelessness. Community support also aides in the rebuilding of families. The financial savings to the community in reduced crime, increased productivity, and families moving off the welfare system should not be minimized.

Yes, all of these services require financial support but more important is the volunteer base our faith community can provide. Jesus showed us all what it means to love our neighbor, as the passage in the Bible states, "I was in prison and you visited me." I am fully aware that many of you are uncomfortable going inside the walls, which I have been doing for over 30 years; however, these other services are a way you too can help volunteer in this important endeavor.

Ross Anderson, Outreach Committee Member

Miracle Kitchen

St. Mary's Miracle Kitchen prepares and serves lunches every third Wednesday of the month at the Salvation Army. Currently, we have four teams of cooks: five women and three men. For each meal we prepare food for 60-80 people. It would be wonderful if we could get more volunteer cooks, since we lost one team this year and the rest of us have done it for a number of years and are getting older. Food is purchased from the Outreach budget. I have recipes. We have four drivers who pick up and deliver the food for reheating at the Salvation Army. We also have a group of six women who generously bake cakes for the lunches. Anyone who is interested in serving or baking should contact Joy Hambly.

Roy Hammer, Outreach Committee Member

Faith Family Kitchen

The Faith Family Kitchen, formerly called Nutrition Mission, started 5 years ago after a fire at Calvary Baptist Church in Hyannis destroyed the church and their soup kitchen. St. Mary's was one of the first churches on the scene. We were literally there in the parking lot of the church the day after the fire. We have been doing this ministry ever since. The program is part of the Council of Churches.

After raising \$250,000 in donations and value-in-kind, Faith Family Kitchen now has a stunning restaurant-style kitchen located at Faith Assembly of God Church on Bears's Way in Hyannis. This is where we serve a nutritious and hearty meal 3 nights a week to families and singles. We have a chef on board and the volunteers take care of setting up the dining room, serving the meal, cleaning the dining room and washing dishes. It is a big operation and we feed 100-150 food-insecure people each night. St. Mary's serves the 4th Monday of each month. It takes 7 volunteers to make this happen. Email Judy Scarafale or Judy O'Brien if you are interested in volunteering: judyobie@gmail.com, judyscarafale@gmail.com

All Our Children Church-School Partnership

One of our major outreach initiatives for 2016 was to develop a church-school partnership, working with All Our Children. In collaboration with Province One, we developed a regional forum, held at the Barbara Harris Camp & Conference Center, to help congregations begin or advance their journeys into partnership. Next, we launched a discernment process to determine which local, under-resourced school best matched our team's gifts. We met with staff at the Hyannis West Elementary School to decide together if there was a mutual interest in exploring a partnership and the form it would take.

We launched our partnership in January, 2017 with a small group of parishioners now volunteering at HyWest and plan to expand our partnership with the school throughout the year. This fall, on Saturday, October 21st, we will host a Southeast Massachusetts forum titled The Church's Role in Education Equity. Featured speakers will include Bishop Alan Gates.

How you can help:

- *Sign up to volunteer in the classroom at Hyannis West Elementary School
- *Volunteer for special events like Read Across America day
- *Assist St. Mary's youth to stuff backpack with supplies for HyWest students
- *Join the planning team for the October 21st forum (Planning team will meet on Sunday, May 21 from 2-4 p.m. at St. Mary's)

To learn more about All Our Children and our church-school partnership, please contact: Lisa Barr, Eleanor Braun, Vickie Cahalane, Lallie Lloyd, Tricia McDonald, David Miller, or Christy Saling.

Days of Hospitality

In this program, we work with the Salvation Army to provide food and fellowship to the homeless in our community. We transport guests from the Salvation Army to St. Mary's for a home-cooked lunch. There are many volunteer opportunities for all ages. We especially need drivers and parishioners to sit, chat and offer hospitality to our guests. Days of Hospitality are scheduled for the following Saturdays: June 3, July 29, August 26, and October 28.

How you can help:

- *Volunteer as a driver
- *Help to prepare lunch
- *Sit and chat with our guests over the meal

To volunteer for Days of Hospitality, please contact Lisa Barr.

Angel Tree

The Angel Tree is a Christmas project, funded by the Outreach Committee and conducted by the Youth Group. Working with the Family to Family Program of the Department of Children and Families, we obtain the names of twenty or more children presently in DCF custody. DCF supplies the names of the children and teens, together with their Christmas wish list. The Youth Group purchases and wraps the gifts, which we then deliver to DCF for distribution.

How you can help:

- *Transport the members of the Youth Group to the Cape Cod Mall to purchase gifts;
- *Assist with wrapping and delivering the gifts to DCF.

To learn more about this project, contact Lisa Barr.



IN REACH & CARE

*HOW SCIENCE HELPED ME GIVE MY WIFE A KIDNEY
BY PETER GWYNNE*

Last June, my wife, Joanne, and I celebrated a somewhat unusual occasion: the 10th anniversary of her second kidney transplant. The unusual nature of the celebration stemmed from the origin of the new kidney: I donated it. And no, Joanne and I are not close, or even distant, cousins.

The contrast between Joanne's first transplant, which she had received from her mother 16 years earlier, and the second illustrates how the evolution of medical technology has facilitated live organ donation, thereby opening up the process to a far larger group of donors.

First, my donated kidney has performed better than my mother-in-law's, the decline of which required the second transplant. Second, my mother-in-law had to undergo a long series of tissue-typing tests to check that her organ would match my wife's system with a minimal risk of rejection; my tests were much simpler. And after the operation to remove her kidney, my mother-in-law had an 18-inch scar beneath her ribs from the removal of her kidney. My own procedure left me with three small spots on my skin that are all but invisible today. "Both donors and patients are in better shape as a result of the advances," said Stephen Tullius, chief of the Division of Transplant Surgery at Brigham and Women's Hospital in Boston, who implanted my wife's second kidney.

Easier and Less Painful Transplants

The technical improvements played out before, during, and after surgery.

In the pre-operative phase, simpler methods have emerged for identifying unrelated donors, who may be spouses, friends, colleagues or even strangers; connecting them with potential recipients; and testing them for their suitability to donate. Donors' post-operative pain has been reduced by the use of laparoscopy, the procedure that removes the kidney without the long incision usually associated with major surgeries. And after surgery, new approaches to immunosuppression - the reduction in the organ recipient's natural immune system to reduce the risk that the recipient will reject the foreign organ -- have improved the chances of success for kidneys whose donors are unrelated to the patient.

Even with the relative ease of modern transplants, transplantation teams don't ignore the social aspects of the procedure. Potential donors meet several members of an evaluation team assigned to them individually to ensure that the donor has decided to donate without pressure and without bias.

The advances have come at a time of growing need for transplanted kidneys and other organs subject to live donation, such as lungs, parts of the liver or pancreas, and bone marrow. At present, according to the National Kidney Foundation, the waiting list for organ transplants contains more than 100,000 individuals in the United States. .

The list grows by more than 3,000 each month. And on average, 13 Americans die each day because of the lack of an available kidney for transplantation. Plainly, the number available for donation falls far short of need.

Organs from living donors have some obvious advantages over those from deceased individuals. First, they allow transplant teams plenty of time to test their compatibility with recipients' bodies. Surgeons can take an organ from a living donor on their own schedule rather than rushing to react to one made available when an individual dies. Second, a kidney from a living donor usually starts functioning immediately on implantation. That's because it spends very little time outside the body. The operating rooms for donor and recipient are usually side by side.

The process of living donation starts with a check on blood type. A match with the potential recipient sends the donor to the next stage of tissue typing and cross-matching. This consists of blood tests for more detailed checks of the similarities between the recipient and potential donor. "The closer the match," states the National Kidney Foundation on its website, "the lower the likelihood of rejection of the transplanted kidney."

A Test of Marital Compatibility

Joanne's first transplanted kidney showed no signs of rejection. But its performance, measured by blood tests, started to decline after a dozen years. Since I had read about successful kidney exchanges among loving, long-married couples, I suggested myself as the next donor. When the decline of the transplanted organ worsened, we started the procedure for her next kidney.

The initial test of a matching blood group proved simple. My group is O, the universal donor. Then came the blood tests -- and a chest X-ray, an angiogram, an MRI, and a complete physical examination. An interview with a social worker served to ensure that I was "committed to the donation process" and was doing so for altruistic reasons without mental or physical coercion.

The operation to remove my kidney was simpler than my mother-in-law's had been because the surgeon, Sanjaya Kumar, used the laparoscopy instead of the traditional "open" approach.

Laparoscopy is remarkably simple. "We make a little incision and put in our hand -- a great instrument to feel tissues, check the range of motion, and facilitate surgery," Kumar said.

The process has a particular advantage in the choice of kidney to remove. "With the open technique, we took only the left kidney, because it has a longer vein," Kumar said. "But our approach is to leave the better kidney with the donor. If your left kidney is the better functioning one, we should be able to leave it if we operate laparoscopically." I still have my left kidney. And more than ten years later, the right-hand one still serves Joanne well.

Living With One Kidney

I don't want to be too Pollyannaish about the process. Some living donor transplants fail, and a small number of donors can suffer health problems after their operations. But most individuals can live normal lives with a single kidney, which increases in size after removal of its donated companion. Meanwhile, potential donors who don't match their intended recipients can join a paired kidney exchange program. That approach allows an individual to donate a kidney to a patient who does match in exchange for a donation from another person who does match. Sometimes transplant teams are able to arrange chains that match several donors and recipients.

Technology has opened the way for easier, less painful organ donations. Based on my own experience, I hope that the advances will encourage more donors to step forward to reduce the long lists of patients awaiting transplants.



This is an abridged version of an article that originally appeared in Inside Science – www.insidescience.org/news/how-science-helped-me-give-my-wife-kidney. You can find more information about live organ donation at www.kidney.org/transplantation/livingdonors and www.americantransplantfoundation.org/about-transplant/living-donation/becoming-a-living-donor/five-questions-to-ask-yourself/.

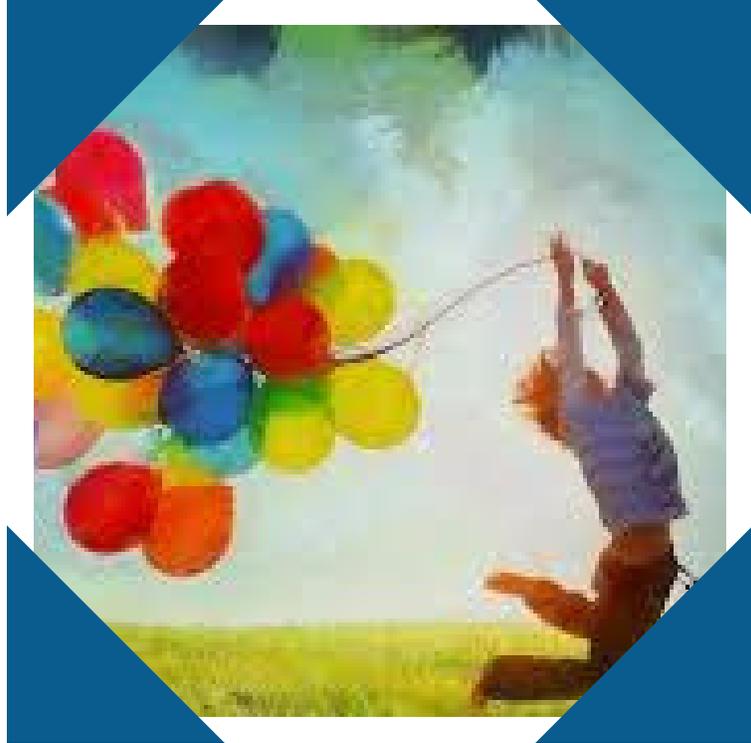
MINISTRY SUPPORT

VESTRY LIAISONS



Did you know that our vestry members serve as liaisons to various committees and teams at St. Mary's? If you have a question about any of these areas, please don't hesitate to be in touch with one of the people listed below. All contact information is in the directory.

	Vestry Liaison	Team Leader: Staff and Volunteer
Worship and Spirituality	Bunny Thompson	Libby Gibson, Doug Keilitz, Anne Lorentzen and Skee Morton
Parish Life: Pastoral Care	Maureen Tempesta	Libby Gibson, Michael Bousquet
Parish Life: Newcomers	Susan Goodspeed	Judy Knauer, Michael Bousquet
Parish Life: Hospitality		Helen Hinckley, Kate Dunigan-Atlee
Community Engagement: Outreach	Lisa Bar	Jud Phelps, Leezie Magruder, Libby Gibson
Community Engagement: Major Events	Caty McMahon	Daffodil Tea: Janis Umschlag; Rummage Sale: Benita Pierce, Joy Hambly; Holly Fair: Frankie Stahlhut and Sue Davy
Formation: Children and Youth	Barry Olofsson	Stella Bearse, Angela Cenzalli, Libby Gibson, Michael Bousquet, Mark Anschutz (JOY Mass)
Formation: Adults	Louise Koch	Michael Bousquet and Libby Gibson
Ministry Support: Administration	Peter Scarafile	Kate Dunigan-Atlee, Amanda McClenahan, Libby Gibson
Ministry Support: Finance	Peter Hutton	Lee Hunsaker, Barry Olofsson, Hilary Greene, Colleen Mason
Ministry Support: Buildings & Grounds	John Stackhouse	David Munsell, Kate Dunigan-Atlee, Carmen Cappuccio
Ministry Support: Gardens	Bill Plettner	Peggy Anschutz



HAPPY BIRTHDAY TO YOU!

5/2 Ella Fraser
5/2 Alfred Stephens
5/2 Teddy Gibson
5/3 James Cranitch
5/4 Nancy Mamlock
5/4 Justin Steenstra
5/5 Pete Gouger
5/5 Babs Walters
5/5 Lauren Persson
5/6 Nancy Fales
5/7 Barbara Stovich
5/7 Edward McClenahan
5/7 Payton Whalen
5/8 Lenore Stanley
5/8 Lauren Brisbois
5/9 Betsy Harrison
5/10 Stephen Jones
5/10 Ron Keeler
5/10 James Machnik
5/10 Madison Olson
5/11 Thomas Ryder
5/12 H. Cully Beasley, III
5/12 Andrew Sterwart
5/14 Miles Gibson
5/15 Caty McMahon
5/16 Wendy LaPine
5/16 Ava Christo

5/17 Shirley Borglund
5/17 Rebecca Monger
5/17 Brad Goodwin
5/18 Gertrude Waters
5/18 Robert Anthony
5/19 Carmen Cappuccio
5/20 Arthur Laughton
5/24 Meredith Colbert
5/25 Allison Bresette
5/24 Clifford Whalen
5/27 Diane Miller
5/29 Helen Boocock
6/1 Ellen Ingram
6/2 David Palmer
6/2 Rob Stewart
6/3 Janet Stansbury
6/3 Luanne Marrino-Persson
6/3 Garnett Leary
6/4 Betsy Hinckley
6/4 Bunny Thompson
6/4 Angela Cenzalli
6/4 Dick Galbraith
6/4 Jamie Hunsaker
6/4 Morgan Crowe
6/5 Ruthanne Allen
6/5 Kate Dunigan-AtLee
6/5 Prudence Stewart

6/6 Philip Tomarchio
6/8 Carrie MacDonald
6/8 Eleanor Braun
6/10 Bonnie Phelps
6/12 Vic Mankiewicz
6/13 Kirin Lennon
6/14 Ryan Kyle
6/16 Dick Buswell
6/16 Peter Johnson
6/16 Julie Coakley
6/17 Robert Wood
6/17 Liz Grefe
6/17 Carolyn Hietsch
6/18 Paula Beasley
6/19 Kathleen Plettner
6/19 Jessica Dooling
6/20 Marian Ferguson
6/21 Frederick Enz
6/22 Joyce Anderson
6/22 Barbara Morgan
6/25 Jan Lovis
6/25 Janet Edmonds
6/27 Joyce Saulnier
6/27 Jim Keene
6/28 Kerin Enz
6/28 Robert Knapp
6/28 John Rice

*IS YOUR NAME MISSING FROM THE BIRTHDAY LIST?
PLEASE LET US KNOW SO WE CAN CELEBRATE YOU!*



www.stmarys-church.org

admin@stmarys-church.org

St. Mary's Newsletter is published 6 times a year.
Please send all submissions to the Editor:

The Rev. Dr. Libby Gibson, Rector

508-362-3977

Barnstable, MA 02630

3055 Main Street PO Box 395

ST. MARY'S EPISCOPAL CHURCH

NON-PROFIT
ORGANIZATION
US POSTAGE
PAID
PERMIT NO. 5
BARNSTABLE MA
02630

EST. 1888

www.stmarys-church.org

BARNSTABLE, MA