

# May at Saint Mary's



Saint Mary's Episcopal Church Barnstable MA

## News from the Rector

Dear Friends,

The Season of Pentecost begins this month, lasting a full half year, taking us all the way to Advent at the end of November. Pentecost is traditionally seen as the teaching season of the church, and its liturgical color, green, symbolizes growth. We are encouraged as Christians to grow ourselves more fully into Christ this time of year, in the development of our faculties of wisdom and knowledge.

Many of you now in your retirement years are fully committed to the concept of lifelong learning. In this, you are great examples for those of us who are younger. Recent studies show that using our brains, in both hemispheres, can delay the onset of Alzheimer's and senility. So it

is incumbent on all of us to exercise our brains in service of our health, each other, and our Lord.

Our great legacy as Episcopalians is that we see reason as an indispensable part of working "out our salvation in fear and trembling". Over against the tendencies toward anti-intellectualism and "dumbing-down" in our culture, and those religious tendencies in our world that embrace uncritical fundamentalism, we affirm a faith that is intellectually robust and open to novelty and discovery. We see ourselves as works in progress, and the manifestation of God's Spirit in our lives is the degree to which we remain curious and passionate about the wonder and mystery of life.

Pentecost affirms every-

thing that burns hot and pure in our hearts and minds, and in this holy season, may each of us be open to the wind of the Spirit as she stirs in our souls.

Once again, I want to thank all the good women of our parish who have labored hard to make our Daffodil Tea a big success. Our Silver Tea this year has been moved to the fall, and a date will be announced for this in the coming weeks, so those of you who are 80 years young or older can get this on your calendars. As Linda recovers from her surgery away from the office, I hope all of you will keep her in your prayers, and also will be patient and supportive during this transition time.

Blessings and peace,

*Steve*

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May 2008

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## JOURNEYS

### *Saint Mary's 3rd Annual Retreat*

Saint Mary's 3rd Annual Parish Retreat will take place September 12-14, 2008 at the Barbara C. Harris Camp and Conference Center in Greenfield NH. Our first two retreats were a resounding success, and this one promises to be even better. Registration forms are available in the sunroom and outside the office—sign up now! Like last year there is plenty of cabin space, but lodge rooms are limited (12) so don't delay! See you at camp in September!

Do you have a topic you'd like to see covered in the quarterly *Cross Currents*?

Would you like to write an article?

Contact Liz at [stmarysnewsletter@comcast.net](mailto:stmarysnewsletter@comcast.net).

## *May at Saint Mary's*

### **UPDATES from the OFFICE**



Parish Administrator Linda Keedwell is having surgery on her right foot on May 1. As a result she will not be able to walk or drive for six weeks, and will be out on disability May 1 – June 16. Linda will be working from home probably starting around May 12 unless there are complications. Thank goodness for computers and for Connie Sullivan who will be covering the office while Linda is away. Connie will be in Monday through Friday 9:30 – 2:30.

Anyone wanting to visit or call Linda during her recuperation, please do so. Linda can be reached at 118 James Circle, Mashpee, MA, 508-539-2332. . Thanks to everyone who has been concerned about her foot for the last year. Please keep Linda in your prayers.

A few reminders:

- ☞ Financial Administrator Jim Cranitch's hours are Monday, Wednesday & Friday 9:00 - 1:00.
- ☞ Please remember to give the office a call if you know of anyone who is hospitalized, sick at home, or passes away.
- ☞ Please remember that when you put your name on the flower chart in the Sunroom to also please fill out the flower request form right next to the flower chart and leave in my mail box in the hall way of the office building.
- ☞ Safety is everyone's responsibility. With the warm weather coming please remember to make sure that all our doors & windows in the church and the St James room are closed and locked and all lights are turned off when you leave.
- ☞ Recently we have had problems with our toilets clogging up. Please if you see a clogged toilet, report this to a staff member immediately.

### **ECW NEWS**

#### *Episcopal Church Women*

#### *Spring Rummage Sale*

Saint Mary's Spring Rummage Sale will be held May 23-24. Gently worn clothing, sporting equipment, toys, books, craft items, linens, electronic equipment (no computers or TVs), garden tools, kitchen ware and collectibles are among the sought after times. Special items are always welcome for the boutique. Drop-off will begin on Monday, May 19. Assistance is always needed; if you can help with sorting, selling or clean-up please contact Jeanne Stokinger at [jeanstokinger@msn.com](mailto:jeanstokinger@msn.com)

PLEASE make sure that all items donated are clean and in working order—no burnt pots & pans, chipped china, or glass ware. All clothing should be cleaned and without holes or rips. Remember that we must dispose of things that don't sell.

#### *Daffodil Tea*

Thanks to everyone who worked so hard to make the annual Daffodil Tea a resounding success!

*King of glory,*

*King of peace,*

*I will love thee...*

## NEWS and NOTES

*What's happening at Saint Mary's?*

### New Picture Directories

It's time for new picture directories. Photographers from Olan Mills will be at Saint Mary's on **May 1-3** and **May 15-17**. If you have not signed up for your sitting, please do so ASAP! And new this year—your pet may be included in your portrait.

### Women's Evening Group    Adult Forum

The **Women's Evening Group (WEG)** will meet on Monday, May 5 at 7:00 pm. All women of Saint Mary's—and your friends—are welcome. This monthly gathering of women aims to be a respite from the stress of daily life and centers on spiritual nourishment and fellowship. Join us at our next meeting, and bring a friend!

This month's Forum on May 18 will feature Saint Mary's Minister of Music, Joan Kirchner, and is sure to include singing!

Forums provide an opportunity for the various ministries at Saint Mary's to inform and involve others in their work. If your group would like to present a forum please contact Kris. Child care will be provided if needed.

### Travel Opportunity

Join a 15 day trip to Hawaii led by Harry and Sallie Irwin from October 8-23, 2008. Fly to San Diego and then board the Holland America ship "Zaandam", visiting 4 islands. The trip starts at \$1999 including all meals, port charges and government fees. Air fare to and from San Diego is approximately \$280. Call Harry and Sallie at 508-362-4870 with any questions and registration.

*And that love  
may never cease,  
I will move thee*



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# May at Saint Mary's

## CHURCH SCHOOL and YOUTH



Hello all Rite 13 kids and parents! On June 1 at the 10:00 o'clock service, we will have our second Rite 13 ceremony and during the month of May, we will be looking at the ceremony, talking about what it means, and begin making it meaningful for you. It doesn't matter if you've already done your Rite 13 ceremony (in October) or if you haven't been to meetings lately, we need and want you to be a part of this event. Each person has an important role to play -- not just the teens who are celebrating their Rite 13 ceremony.

All members of the Rite 13 Group and their parents are invited to join the youth mentors and the clergy for a special rehearsal dinner for the Rite 13 Liturgy honoring:

**Leighanne Garlick**

**Shannon Sullivan**

Please join us at Saint Mary's in the parish hall  
Saturday May 31st  
6:00 - 8:00 pm

RSVP to Connie Sullivan  
508-428-2167

Please wear party clothes!

### Celebrate!

We'll celebrate the Day of Pentecost on Sunday, May 11. Wear red, and watch for signs of the Holy Spirit at Saint Mary's!



### End of the Year

Mark your calendars now for our gala end-of-the-school year-celebration to be held on June 8, in conjunction with our celebration of Rogation Sunday on June 8. Following a shortened service we will take advantage of our beautiful surroundings as we celebrate. Join us as we recognize students and teachers, help plant in the garden, play games, and celebrate the year. Activities will culminate with a picnic in the garden complete with ice cream social.

### Summer Camp

at the Barbara C. Harris Camp and Conference Center

It's not too late to sign up for summer camp sessions at our diocesan camp. All kids who have finished 3rd grade through 11th grade are eligible to attend; sessions for various ages are scheduled across the summer. You can find out more by going to [www.bchcenter.org](http://www.bchcenter.org) and clicking on the camp section. You can register on-line as well.

Camperships are available from the ECW and from the camp to help defray expenses. A number of Saint Mary's youth have attended camp over the last few summers and had a wonderful experience. Swimming, boating, arts and crafts, ropes courses, worship, singing, bonfires, games—these are all part of the camp experience. Still got questions? Ask Connie or Barbara.

## VESTRY NEWS and NOTES

On April 16th the vestry gratefully affirmed the nomination of Robin Greene to serve as Junior Warden. As well we reviewed our current financial situation and resolved to publish quarterly budget reports to the parish starting in June. We continued to work on a statement of welcome and guidelines for becoming a member of Saint Mary's for our web page. The highlight of the meeting was a report from Sharon Donegan on the work and goals of Saint Mary's Outreach Committee and consideration of how best to inform the parish of the depth and breadth of these initiatives as well as the opportunities for service. Our next meeting is Wed May 21st at 7pm in the St. James room; like all vestry meetings it is open to all.

### Let's Talk Box

The vestry continues to be eager to hear from parishioners regarding their experiences at Saint Mary's. If you have a compliment, concern, suggestion or question, drop it in a *Let's Talk* box and it will go right to the top of the vestry's agenda. All signed notes will receive a personal response. For your convenience an additional box has been placed in the sun-room. The other two are inside the street entrance to the church, and on the table outside the main office.

### New Junior Warden

The vestry is pleased to announce that Robin Greene will serve the balance of Ron Bearse's term as Junior Warden. (As announced previously, Ron resigned as he faces a possible job relocation.) No stranger to the Saint Mary's family, Robin keeps herself busy raising two teenage daughters, Kaitlynn who is a freshman at St. Anselm's College and Sarah who is a freshman at Barnstable high school. Robin is furthering her education presently at Wheelock College on the weekends. She worked for 15 years as a preschool teacher before joining Barnstable Public Schools as a special needs assistant. Her involvement at Saint Mary's has included the evangelism committee, church school teacher, vestry member and faithful volunteer.

### Did you know?

This Month at Saint Mary's is available by email, and online on Saint Mary's website. Please consider helping us to save paper, labor and postage—call or email the office to be taken off the paper mailing list and added to the email list.

### Habitat for Humanity

On April 6th, fourteen did arrive,  
 And into house building they did dive.  
 Michael, Pete, and Ernie built the roof and shed,  
 And then Ann had the big hammer on her head.  
 Jeff, Walter, Steve, and Bruce made sure that no  
 nail was loose,  
 Jane, Jeannie, Linda and Andie became quite  
 handy.  
 They nailed, sawed and drilled so every house  
 part was filled.  
 Judy became the insulation queen.  
 And sweet Suzanne made the entire house clean.  
 Brandon and B-man ran the show.  
 They taught us very well all we know.  
 We are mighty proud of the site  
 And with God's help we got it right.

Linda Gadkowski, April 11, 2008

*Thou hast  
 granted my  
 request, thou hast  
 heard me; thou  
 didst note my  
 working breast,  
 thou hast spared  
 me.*

# May at Saint Mary's

## NEWS and NOTES

*Amy Crocker begins the Discernment Process*

On behalf of the newly formed discernment committee, I would like to inform the congregation of Saint Mary's that Amy Crocker has made known her desire to enter the process towards ordination to the Priesthood.



As you know, this is a major life decision and Amy needs your support through this long process. There is a strict step-by-step procedure set up by the Bishop and the Diocese that one must follow in order to become a Postulant, the first step towards ordination. Amy has begun this process and has had initial conversations with Steve Smith and papers have been presented to the Diocese.

The next step, discerning what the right path is for Amy, is in process now here at Saint Mary's. A Discernment Committee comprised of Mark Anschutz, Jim Armstrong, Hilary Greene, Sarah Magruder, Connie Von Maur and Jim Phillips was formed several weeks ago. Following a guidance meeting with the head of the Diocesan Committee on Ministry, the Discernment Committee began holding weekly meetings with Amy to discuss all aspects of her desire to enter the Priesthood. At the end of eight weeks a comprehensive report will be presented to the Vestry for consideration. This should take place toward the end of May or the beginning of June.

We ask for your prayers for Amy and for the Committee that the Holy Spirit may guide us all through this difficult process.

We would be pleased to hear your comments or questions. Please speak to any of the committee members, in person or on the phone.

*~Jim Phillips, Discernment Committee Chair*

## SUPPERS for SEVEN

*Season Finale*

This year's Suppers for Seven have gone by quickly! I hope you all have been able to participate in the shared meals and come to know some of the Saint Mary's family a bit better as a result. This summer we will return to the parish hall for the final dinner of the year SATURDAY, JUNE 14 at 5:45 PM, immediately following the 5 o'clock service, which will allow us to worship together before the dinner if we wish to do so.

SIGN UP SHEETS Are POSTED IN THE SUNROOM. Please sign up so that we may all indicate what we will bring. And please bring along any ideas you have for next year. COUNTRY THEME dinners have been suggested once again—any other ideas?

Until then...see you in church!

*~Margaret Mankiewicz*



## FINANCE NEWS

### *Pluses and Minues*

Finance and Budget Review Committee's report

For the Calendar year January 1, 2008 to March 31, 2008

MINUS: PLEDGE INCOME was \$7,137.77 less than budgeted for the 3 month period.

MINUS: Unpledged Income was \$265.01 less than budgeted.

PLUS: \$2,919.00 of the 2007 pledge arrearages have been.

MINUS: Open Plate Offerings were \$457.96 less than budgeted

MINUS: Gifts and Special Offerings were \$1,864.61 less than budgeted.

PLUS: **Investment Income** of \$49,996.87 was used for Operating Expenses.

PLUS: Gifts to Music Programs generated \$325.00.

PLUS: As Wee Grow rental generated \$2,862.00

PLUS: \$450.00 has been received for the Use of Facilities.

PLUS: The Diocesan Assessment of \$14,929.74 was paid up to date.

PLUS: Actual Expenditures in several categories were slightly less than budgeted.

**MINUS:** THE "BOTTOM Line" – **NET DEFICIT OF (\$6,343.39)**

[Total Income \$128,377.54 – Total Expenses \$134,720.93] ]

THANK YOU FOR YOUR CONTINUED SUPPORT AND

"PRAISE GOD FROM WHOM ALL BLESSINGS FLOW"

Gertrude P. Waters, Chair

### Coffee Hour

We all enjoy having time for coffee, goodies and conversation after the 10:00 service on Sundays. Currently we rely on the kindness of 8-10 families to provide for our coffee hour. Can we lessen their load by adding 5 more? Training provided. Time requirements: 1/2 hour before church; 1/2 hour after coffee. Can be done in pairs or teams. Sign up in the sunroom or call Marian Ferguson at 508-362-8225 or email [marianferg@aol.com](mailto:marianferg@aol.com)

*Seven whole days,*

*not one in seven,*

*I will praise thee;*

*in my heart though*

*not in heaven,*

*I can raise thee.*

# May at Saint Mary's



## Liturgical Schedule

		Usher	Lector	Eucharistic Minister	Acolyte
May	5:00	Brad Goodwin	Janis Umschlag	Jeannette Hanlon	
3/4	8:00	Jud Phelps	Jud Phelps	Louise Koch	
	10:00	Ann German Bruce Vandebroek	Lois Gagnon Bill Ballard	Jim Phillips Jim Cranitch	Nancy Mamlock Shannon Sullivan Torrie Tamash
May	5:00	Peter Gwynne	Russ Fales	Lenore Stanley	
10/11	8:00	Forrest Beam	Louise Koch	Amy Crocker	
	10:00	Pete Gouger Matt Palmer	Donald Babcock Harry Irwin	Ardith Call Robin Greene	Sarah Greene Matthew Hersey David Palmer
May	5:00	Brad Goodwin	Brad Goodwin	Ellen Culver	
17/18	8:00	Jon Ferguson	Diane Maguire	Joy Hambly	
	10:00	Sam Anderson Ann German	Peter Hutton Newell Bearse	Dave Knauer Jeannette Hanlon	Henry Ramage Holden Ramage Spencer German-Reed
May	5:00	Bruce Vandebroek	Jim Cranitch	Jim Cranitch	
24/25	8:00	Jud Phelps	Peter Gwynne	Peter Gwynne	
	10:00	Roger Gray Dave Edwards	Roy Anderson Claire Anderson	Jim Hinckle Hilary Greene	Henry Ramage Matthew Hersey David Palmer
May	5:00	Russ Fales	Janis Umschlag	Amy Crocker	
31/	8:00	Jud Phelps	Jud Phelps	Joy Hambly	
June 1	10:00	Matt Palmer Peter Hutton	Ed Humphrey Patrick Ramage	Jim Phillips Charlotte Stiefel	Nancy Mamlock Meghan Mamlock Torrie Tamash

## Liturgical Guilds

Saint Mary's Liturgical Guilds comprise the ushers, lectors, Eucharistic ministers, acolytes, and altar guild. Without the participation of parishioners in these groups it would be difficult if not impossible to have the worship experiences we do here.

Would you like to be a part of one or more of these groups? Training and support are provided; camaraderie and friendship are often fringe benefits in addition to playing a vital role in the liturgy. If you are interested, or just want to find out more about the work of these groups, please contact the church office, Peter Gwynne, chair of the Liturgy Committee, or one of the clergy.

**Eucharistic ministers, lectors, and ushers for the 5 p.m. Saturday and 8 p.m. Sunday services are especially needed!** If you can undertake any of these duties during summer and/or beyond, please call the church office or Peter Gwynne (508-833-6789).

May 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 8:00am Outreach Committee Meeting 8:00am HE Rite I 10:00am HE Rite II 5:30pm Rite 1 3	5 9:00am ECW Board Meeting 9:00am Miracle Kitchen 1:00pm Sewing & Knitting 5:00pm Fatherhood Program 7:00pm Women's Evening Group	6 8:30am Bible Study	7 10:00am HE and Healing 12:00pm Staff Lunch- Meetings 4:00pm HE at Heatherwood 7:00pm Adult Choir	8 7:30am Holy Eucharist and Breakfast Group 10:30am Cape Cod Hospital Auxiliary Meeting	9 1:00pm Book Group Meeting	10 5:00pm Holy Eucharist
11 8:00am HE Rite I 10:00am HE Rite II/ Baptism (Joyce Crow) 11:15am Community Choir	12 5:00pm Fatherhood Program	13 7:30am Men's Breakfast Group 10:30am Prayer Group 7:00pm Tails of Cape Cod- Parking Lot	14 10:00am HE with Healing 11:00am ECW Program 1:00pm Staff Meeting 3:00pm Finance and Budget Committee Meeting 7:00pm Adult Choir	15 7:30am HE & Breakfast Group 3:00-9:30pm New Directory Photographs 5:00pm Evangelism Meeting	16 10:00am Altar Guild 1:00-7:00pm New Directory Photographs	17 10:00am-5:00pm New Directory Photographs 5:00pm Holy Eucharist
18 8:00am HE Rite I 10:00am HE Rite II 11:15am Adult Forum 5:30pm Suppers for Seven 5:30pm Rite 1 3 Youth	19 Rummage Sale Set Up 9:00am Miracle Kitchen 1:00pm Sewing & Knitting 5:00pm Fatherhood Program	20 Rummage Sale Set Up 8:30am Bible Study	21 Rummage Sale Set Up 10:00am HE with Healing 1:00pm Staff Meeting 7:00pm Adult Choir 7:00pm Vestry Meeting	22 Rummage Sale Set Up 7:30am Holy Eucharist and Breakfast Group 6:00pm Deanery Meeting	23 12:00pm-6:00pm Rummage Sale	24 9:00am-2:00pm Rummage Sale 5:00pm Holy Eucharist
25 8:00am Holy Eucharist Rite I 10:00am Holy Eucharist Rite II 11:30am Environmental Stewardship Meeting	26 Memorial Day-Office Closed 5:00pm Fatherhood Program	27 7:30am Men's Breakfast Group 10:30am Prayer Group	28 10:00am HE with Healing 1:00pm Staff Meeting 6:30pm Men's Overnight of Hospitality 7:00pm Adult Choir	29 7:30am Holy Eucharist and Breakfast Group	30	31 Donegan Wedding 5:00pm Holy Eucharist 6:00pm Rite 1 3 Rehearsal Dinner

# May at Saint Mary's

## BIRTHDAYS

May

Ella Fraser	2	Ronald Keeler	10	Meredith Colbert	24
Alfred Stephens	2	Thomas Ryder	11	Clifford Whalen	24
James Cranitch	3	H. Cully Beasley	12	Rees Hawkins	25
Norman Thornton	3	John English	13	Jillian Fraser	27
Nancy Mamlock	4	Catherine McMahon	15	Helen Boocock	29
Pete Gouger	5	Wendy LaPine	16	Liam Sullivan	29
Lauren Persson	5	Shirley Borglund	17	James Perry	31
Barbara Walters	5	Gertrude Waters	18	Christopher DesRoches	31
Jeffrey Wells	5	Joan Lamminen	20		
Nancy Fales	6	Carol Pinney	20		
Barbara Stovich	7	Elizabeth Miller	21		
Lenore Stanley	8	Mary Bowman	23		
Stephen Jones	10	Kyle Stead	23		

*Small it is in this*

*poor sort to*

*enroll thee;*

*e'en eternity's too*

*short to extol thee.*

~George Herbert

Watch over you children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

~A Prayer for Birthdays Book of Common Prayer

The deadline for material to be included in *June at*

*Saint Mary's* is May 19.

Please send information to [stmary@cape.com](mailto:stmary@cape.com) or bring it to the church office. Information should be in electronic format; if you must submit a hard copy please do so at least a week in advance of the deadline so that it can be typed.

If your committee or group is meeting or sponsoring an activity, or if you're doing something you just want others to know about, send in your information!

## ANNIVERSARIES

May

Patrick & Susan Tyrrell	2
Harry & Sallie Irwin	6
Richard & Suzanne Corsini	8
Frank & Helen Hinckley	11
James & Sally Perry	13
James Cranitch & Bruce Vandebrook	20
Robert & Susan Norton	21
David & Ann Sircom	24
James Hinkle & Roy Hammer	30



Grant, O God, in your compassion, that these couples having taken each other in marriage, and affirming again the covenant which they have made, may grow in forgiveness, loyalty, and love; and come at last to the eternal joys which you have promised through Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.

~Prayer for the Anniversary of a Marriage Book of Occasional Services

## MORE NEWS AND NOTES

*Ministry at Saint Mary's*

### Prayer Shawl Ministry

In 1998, Janet Bristow and Victoria Galo, two graduates of the 1997 Women's Leadership Institute at The Hartford Seminary in Hartford, Connecticut gave birth to a new ministry as a result of their experience in this program. Compassion and the love of knitting and crocheting came together in the prayerful ministry and spiritual practice of making shawls for those in need of comfort and solace, and in the last 10 years this ministry has spread.

Whether they are called Prayer Shawls, Comfort Shawls, Peace Shawls, or Mantles, the shawl maker begins with prayers and blessings for the recipient. The intentions are continued throughout the creation of the shawl. Upon completion, a final blessing is offered before the shawl is sent on its way—usually to someone who is sick or a shut-in. Some recipients have continued the kindness by making a shawl and passing it onto someone in need. Thus, the blessing ripples from person-to-person, with both the giver and receiver feeling the unconditional embrace of a sheltering, mothering God!

A prayer shawl ministry is being started at Saint Mary's. If you knit or crochet (or would like to learn) and would like to be part of this ministry, please contact Helen Hinckley, 508-362-9821.

### Celebrate Rogation Sunday

Saint Mary's will observe Rogation Sunday on June 8. The word *rogation* comes from the Latin *rogare*, "to ask". Traditionally rogation days were the Monday, Tuesday, and Wednesday before Ascension Day, and they came to be called "rogation days" because they were associated with the reading of John 16:24 ("Ask and you shall receive") on the preceding Sunday (which came to be referred to as "Rogation Sunday"). Before the Reformation, priests led processions round the fields on the rogation days, blessing crops and praying for good harvests. A secondary purpose was to bless the main boundary markers of each parish, in towns as well as rural areas. A cross, relics, hand-bells, and banners were carried; those taking part were sometimes given a communal meal supplied from church funds, or received food at the houses they passed.

Our celebration will build on this ancient tradition of blessing the fields. Following a shortened service we will not only bless our gardens, we will work to prepare them for summer. Wear your work clothes and join in as we tend to our gardens—tasks will be available for all ages and levels of ability. Our activities will culminate in a special picnic in the garden complete with an end-of-the-school-year ice cream social.



*Visibly through  
his garden  
walketh God.*

~Robert Browning



Lord, for tomorrow and its needs,

I do not pray;

Keep me, my God, for stain of sin

Just for today.

Let me both diligently work,

And duly pray.

Let me be kind in word and deed,

Just for today.

Let me be slow to do my will,

Prompt to obey;

Help me to sacrifice myself

Just for today.

And if today my tide of life

should ebb away,

Give me thy Sacraments divine,

Sweet Lord, today.

So for tomorrow and its needs

I do not pray,

But keep me, guide me, love me, Lord,

Just for today.

Amen.

~St. Augustine's Prayer Book



**Saint Mary's Episcopal Church**

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