

CROSS CURRENTS

Saint Mary's



Saint Mary's Episcopal Church in the Village of Barnstable, MA 02630

Volume xxi Number 2

February 2007

DEAR FRIENDS,

The Season of Epiphany, I fear, is lost on most of us who live in the cold, dreary climes of the North Atlantic. That is why many of us retreat to Florida or points farther south this time of year, where light and warmth are ubiquitous. This Season of Light here on Cape Cod, at best, reveals itself in the subtlest of circumstances.

One of these happened recently as we gathered our first Environmental Stewardship Committee this past Sunday. It was the significant number of people who responded to my invitation to convene this group, but more than this, is what was shared in that meeting and the fervor with which people spoke. Ever since I arrived at St. Mary's, I have sensed a great yearning in this community for our natural world, a great desire to tend and care for this fragile earth, a great concern for its welfare. My sense now is this is where the light of healing and hope is breaking into our lives. It was certainly was very much on display in this recent gathering.

St. Mary's has a long tradition of giving care and priority to its gardens and facilities. Many of our parishioners over time have devoted themselves to the stewardship of this legacy. Now I believe we are in a unique position to develop a mission strategy that makes the care of ourselves and God's creation part and parcel of our faith as Christians. What I said to our newly formed environmental stewardship committee, I now say to all of you: we can lead by example. We have much to do yet on improving our energy consumption as individuals and as a community, here at church and in our homes. We need to develop a policy on recycling. And there are many other issues which require our attention. Should we compost together? Could we create a community garden together? What kind of worship could we develop that witnesses to the glory and wonder of our Creator God? How might we cooperate with other spiritual communities on the Cape who share these concerns? What is God calling us to be and do with respect to our stewardship of our world?

I hope in these next months and years we can listen and learn from each other, affect positive change in our lifestyles, make connections, provide leadership, become a witness, raise our consciousness. And my prayer is that, in all of this, the transforming light of God's Incarnate Word written in each of our hearts will bring light and hope to our world, so desperate for our generosity and care.

Faithfully,
Steve+

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NOTE FROM KRIS



February ushers in both gray gloomy winter days and the occasional glimpse of spring that gives us hope for what is to come. Similarly, February this year means the beginning of Lent, that time set aside to prepare for the coming crucifixion and resurrection of Jesus—by its very nature time that is intentionally somber and yet tinged with the hope of what is to follow. During the six weeks of Lent we are asked to ready ourselves through a process of self-examination, prayer, fasting and self-denial. But often when we think Lent, all we think of is what we're going to "give up."

As a child growing up in the Episcopal Church I remember Sunday School and dinner table discussions about what we might give up for Lent. As children, my siblings and I often choose one of two extremes: something so difficult to give up that we would have no real hope of lasting six weeks ("I won't watch any TV" or "I won't talk on the phone with my friends") or conversely, something we'd really like to be rid of anyway. "I'll give up carrots" (a vegetable I detest), I offered one year, hoping that this would relieve me of the need to eat them on a regular basis as my mother required.

As adults it's easy to fall into similar patterns. Attempting to be disciplined, we struggle to remove something we enjoy from our lives; we feel guilty if we fall short, and even if we make it, we sometimes wonder what good it did us. Self-denial is, of course, a traditional part of a Lenten discipline. But self-denial alone may end up being a meaningless exercise if its purpose is not well-thought out and if it is not combined with "taking on" something as well: prayer time, reading and reflection, service to others—the options are many.

At Saint Mary's this Lent we will be offering a number of opportunities for activities that you can incorporate into your Lenten discipline. We will ready ourselves for the beginning of Lent on Shrove Tuesday (Fat Tuesday), February 20 with our traditional pancake supper and the burning of last year's palms. On Ash Wednesday, February 21, we will offer three services of Holy Eucharist with the imposition of ashes, at 7:30 am, 10:00 am, and 7:00 pm. On Saturday mornings we will offer "Yoga with Prayer" as a way to feed both body and soul. Our Saturday 5:00 pm Eucharist will be enriched by the addition of Stations of the Cross with a short meditation replacing the sermon. Continuing a tradition begun last year, we will follow the Saturday Eucharist with a simple soup supper and program; via media, a new program designed to introduce or reinforce Anglican theology and practice will be offered for adults and age appropriate activities for children. At our regular Wednesday morning Eucharist at 10:00 am we will also add Stations of the Cross. On March 14 the ECW will sponsor a quiet day open to all parishioners, and on March 17-18 the choir will perform two Lenten concerts. All of this will culminate in our celebration of Holy Week, which will be detailed in the next newsletter.

I invite you to prayerfully consider what Lent means to you and what sort of Lenten discipline might best help you to prepare for the Easter that is to follow. I invite you also to consider how you might incorporate some of these offerings into that Lenten discipline so that our lives may be enriched individually and collectively. Watch for sign-up sheets on the bulletin board in the Sun Room in the coming weeks.

Know that you are in my prayers as we move toward a holy Lent.

Blessings,

Kris

Lenten Schedule

February 20 Shrove Tuesday
6:00 pm Pancake Supper and Compline

February 21 Ash Wednesday
7:30 am Holy Eucharist and Imposition of Ashes
10:00 am Holy Eucharist and Imposition of Ashes
7:00 pm Holy Eucharist and Imposition of Ashes

February 24, March 3, 10, 17, 24
10:30 am Yoga with Prayer
5:00 pm Holy Eucharist and Stations of the Cross
6:00-8:30 pm Simple Soup Dinner and Lenten Program via media for adults, activities for children 4 and older

February 28, March 7, 14, 21, 28
10:00 am Holy Eucharist and Stations of the Cross

March 14 Lenten Quiet Day sponsored by ECW

March 17-18 Lenten Concert

April 1 Palm Sunday
10:00 Precession of Palms and Reading of the Passion (Weather permitting, meet in Sturgis Library parking lot for procession)

April 3 Tuesday in Holy Week
7:00 pm Tenebrae

April 5 Maundy Thursday
7:00 pm Holy Eucharist with Foot Washing and Stripping of the Altar

April 6 Good Friday
12:00 Stations of the Cross
7:00 Ecumenical Service with Good Friday Liturgy

April 7 Holy Saturday
6:00 pm Easter Vigil
7:30 pm Lamb Roast

April 8 Easter Sunday
9:00 and 11:00 am Festal Choral Eucharist

PLUSES AND MINUSES

Finance and Budget Review Committee's Report
For the calendar year January 1, 2006 – December 31, 2006

MINUS: PLEDGE INCOME was \$813.66 in ARREARS for the year

PLUS: Unpledged Income was \$264.50 more than budgeted.

PLUS: \$3,420.50 of the **2005** pledge arrearages have been received, which is \$1,163.50 more than was budgeted.

PLUS: Open Plate Offerings were \$2,768.04 more than budgeted.

MINUS: Gifts and Special Offerings were \$2,159.89 less for this year.

PLUS: E.C.W. contributed \$1,000.00 for the Church School Youth Program.

PLUS: ** Investment Income of \$173,479.18 was used for Operating Expenses.

PLUS: The Diocesan Assessment of \$59,950.00 for the year was paid in full.

PLUS: Actual Expenditures in several categories were slightly less than budgeted.

MINUS: THE "BOTTOM LINE" – **NET DEFICIT OF (\$18,690.96).**

Total Income \$470,901.67 – Total Expenses \$489,592.63

—————**HOWEVER**—————

Without the appropriation of \$173,479.18 of Investment Income, the Operating Fund "Bottom Line" is a **DEFICIT** of \$192,170.14.

PLUS: As previously reported, the Virginia M. Deal Trust Fund of \$2,084,609.00 was received on September 8th at A.G. Edwards & Sons, Inc. \$1,784,609.00 will be entitled "Edwin M. and Virginia M. Deal Legacy Fund" and \$300,000.00 as St. Mary's Charities-Deal Outreach Fund. Thus the major portion of the Earned Income from this fund will be used for the cost of the upkeep of the Church properties and the balance will be used for Outreach. NONE will be used for ordinary Operating Expenses.

*THANK YOU FOR YOUR CONTINUED SUPPORT!!
"PRAISE GOD FROM WHOM ALL BLESSINGS FLOW"*

Gertrude P. Waters, Chair

Sunday	Monday	Tuesday	Wednesday
4	5	6	
8a – 9a Holy Eucharist, Rite I 10a -11a Holy Eucharist, Rite II 11:15a – 12p Community Choir 5:30p - 7:30p Rite 13	9a – 10:30a ECW Board Meeting 9a – 11a Miracle Kitchen	No Events	10a -11a Holy Eucharist Healing 1p - 2p Staff Meeting 3:30p - 4:30p Eucharist Heatherwood 6p – 7p Music Commission Meeting 7p – 8:30p Adult Choir
11	12	13	
8a – 9a Holy Eucharist, Rite I 10a –11a Holy Eucharist, Rite II 11a –12a Special Pastoral Care Coffee 11:15a – 12p Community Choir Half Day BCHCC Retreat Vacation Day Joan Kirchner	6p – 11:59p Women’s Overnight Hospitality Vacation Day Joan Kirchner	7a - 9a Men’s Breakfast 10:30a – 12p Prayer Group Vacation Day Joan Kirchner	Valentine’s Day 10a – 11a Holy Eucharist Healing 11:30a – 1:30p ECW 1p – 2p Staff Meeting 3p – 4p Finance & Administration Meeting Vacation Day Joan Kirchner
18	19	20	
8a – 9a HE, Rite I 10a -11a HE, Rite II 11:15a –12p Community Choir 5:30p - 7:30p Rite 13	No Events	Pancake Supper	7:30a – 8:30a Holy Eucharist with Imposition of Ashes 10a - 11a Holy Eucharist Imposition of Ashes 1p – 2p Staff Meeting 7p – 8p Holy Eucharist Imposition of Ashes 7p - 8:30p Adult Choir 7p – 9p Vestry Meeting
25	26	27	
8a - 9a HE Rite I 10a – 11a HE Rite II 11:15a – 12:15p Outreach Committee Meeting 11:15a – 11:45a Community Choir 5:30p – 7:30p J2A	No Events	7a – 9a Men’s Breakfast 10:30a – 12p Prayer Group 6p – 9p Executive Committee Meeting St. Barnabas	10a – 11a Holy Eucharist Healing 1p – 2p Staff Meeting 6p – 11:30p Men’s Night 7p – 8:30p Adult Choir

RY 2007

Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>All Day Rev. Smith Environmental Stewardship Meeting with Bishop Bud in Boston 7a - 9a Men's Breakfast 5:30p - 6:30p Contemplative Prayer, HS, Orleans 7p Book Group 7p - 9p AA Meeting</p>	<p>2</p> <p>7p - 10:30p Vestry Dinner</p>	<p>3</p> <p>All Day Youth Safe Church Training in Boston 8:30a - 9:30a Liturgy Meeting 3:30p - 4:30p Holy Eucharist</p>
<p>7</p> <p>Eucharist with Meeting Eucharist at Committee Choir</p>	<p>8</p> <p>7:30a - 9a Holy Eucharist & Breakfast Group 9:30a - 1:30p Cape Cod Auxiliary 7p - 9p AA Meeting 7p - 9p Building & Grounds Meeting Vacation Day Joan Kirchner</p>	<p>9</p> <p>3:30p - 11:59p Newsletter Deadline 4p BCHCC Retreat Vacation Day Joan Kirchner</p>	<p>10</p> <p>9a - 1:30a Assoc. of Companions, Holy Cross 5p - 6p Holy Eucharist All Day BCHCC Retreat Vacation Day Joan Kirchner</p>
<p>14</p> <p>Eucharist with CW Program Meeting Budget Kirchner</p>	<p>15</p> <p>7:30a - 9a Holy Eucharist & Breakfast Group 7p - 9p AA Meeting Vacation Day Joan Kirchner</p>	<p>16</p> <p>10:30a - 12p Altar Guild Vacation Day Joan Kirchner</p>	<p>17</p> <p>5p - 6p Holy Eucharist</p>
<p>21</p> <p>Eucharist shes Eucharist with ng Eucharist with Choir ing</p>	<p>22</p> <p>7:30a - 9a Holy Eucharist & Breakfast Gp 7p - 9p AA Meeting</p>	<p>23</p> <p>No Events</p>	<p>24</p> <p>5p - 6p Holy Eucharist</p>
<p>28</p> <p>Eucharist with Meeting Hospitality Choir</p>			

CHRISTIAN FORMATION

YOUTH FORMATION

Youth Mentors: Please note we will have a brief meeting on Monday February 5 in the St. James Room to brainstorm year-end ideas, work through our calendar plan, discuss progress and address any issues. 7:00pm. Please, email RSVP to Connie.

J2A – Our February 11 meeting date will not be held at Saint Mary’s as we will be in New Hampshire at the Senior High Retreat. The next regular meeting date will be February 25 at 5:30-7:30pm. For those of you attending the retreat, please pack a sleeping bag, pillow, towel/washcloth, Bible, and any necessary toiletries (toothbrush, etc., soap would be good), and clothes would be a plus too and shoes that are good for indoor and outdoor activities. Remember it’s winter so pack gloves, hat and jacket. Also please remember to have filled out a retreat registration form and signed Community Covenant available online at www.diomass.org/youth or from Connie Sullivan. The schedule of events can be checked out online also.

Rite-13 – We will meet at our regular time of 5:30-7:30pm on February 4 and also on February 18. On February 18, we will be having a GAMES, GAMES AND MORE GAMES night, so bring your favorites and ideas for others and an ice cream topping or so. Be creative and bring a friend!

Godly Play Lessons for February include Parables of; the Good Shepherd, the Mustard Seed, the Good Samaritan and the Great Pearl.

Items of special interest.

-Community Choir needs the support of each and every one of our church schoolers. For those who’ve missed the children’s weekly singing, this one’s for you and your child! Joan Kirchner is talented, fun and experienced in leading children’s music!! Please consider attending rehearsal each week after the service. Let’s make it a goal to sing more in 2007!!

-Our next Parent/Teacher Meeting scheduled for February 16th at 7pm.

-The Diocese of Rhode Island has extended an invitation to all of us to attend a one day Godly Play Training on February 3 (at St. Michael and Grace, Rumford, RI.) This one is coming up quickly so please contact us as soon as you know you are able to attend. See www.godlyplay.com for more information on this special conference.

-Shrove Tuesday Supper on Feb. 20th, and weekly Lenten Suppers are a great excuse to skip cooking one night a week! Sign-ups for these special suppers will be posted in the Sunroom.

ANNOUNCEMENT

Let Your Body Be the Prayer

Imagine what it would feel like to pray with your whole body...

Find out at the Yoga Prayer workshop (part of the Lenten offerings at St. Mary’s). The workshops will be held during the four Saturdays of Lent from 10:30-12 noon (March 24, 9-10:30). The Yoga Prayer workshop will be led by Katherine Trainer, M.ED and is based on the DVD of Paulest priest Father Thomas Ryan.

The cost of the program is \$40 (includes all four Saturday workshops). Bring a mat and pillow to sit on and chairs will be available for chair yoga. To register or for more information call Becky McClenahan at 508-362-6361.

BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

	Russell Fales	15
	Lori Atkins	18
Evelyn Melhop	1 Leslie Lawrence	18
Betty Ann Wheeler	2 Barbara Macmillan	18
Evelyn Ames	3 Susan Norton	18
Robert Lonsdale	4 Robert Stead	18
Margery Storey	4 Ann Fishkind	19
Kathleen Sullivan Jones	4 Kathryn Norton	19
Christian Bearse	5 Keith Bows	20
Miles Bearse	5 Roger Gray	20
Jeffrey Shinn	5 Laura Hawkins	20
Helene Garnier	6 Ruth Crosby	21
Timothy Norton	6 Edwin Humphrey	21
Frederick Walters	6 Alyssa LaPine	22
Karen Scicichlone	7 Scott Smedley	22
Robert Norton	8 Margaret Edwards	23
Mary Warner	8 Frank Hinckley	24
Richard Wheeler	8 Emily Atkins	25
Kimberly Koch	9 Jon Ferguson	26
Virginia Upham	9 Shawn Peckham	26
Margaret Mankiewicz	11 Kathleen Watters	26
Lucy Owens	11 Stephen Kropilack	27
Ethel Gooch	12 Karin Alden	29

ANNIVERSARIES

	Robin Gleason	17
	Shane Gleason	
Janet Armstrong	6 Mary Smedley	17
James Armstrong	Rod Smedley	
Sallie Thompson	9 Ethel Roberts	18
Paul Thompson	Harold Roberts	
Ethel Gooch	11 Dianne Cartmill	20
Warne Gooch	David Cartmill	
Mary Scott Janney	11 Patricia Buttenheim	21
Richard Janney	Curtis Buttenheim	
Margaret Sullivan	14 Veronica Gurisko	28
Bruce Jones	Jay Gurisko	

MUSIC AT ST. MARY'S



We make our way through Epiphany, the season of Light, the afterglow of the gift of the Christ Child, as the world is busy putting away their holiday lights! But gradually, subtly, the amount of natural daylight begins to increase, the daffodils are already optimistically pushing

their way above ground, and I feel again the oneness with the liturgical year and the rhythm of nature. This month we enter the season of Lent, the liturgical season the rest of the world has the hardest time understanding. Just as those bulbs needed their time of darkness under the earth, we need time for self-examination and at least a glance into the dark side to fully celebrate the rebirth of Easter.

Popular culture and a prevalent view of Christianity require us to wear a perpetual smile, to put on the mask of the happy Christian regardless of what we are feeling and where we are in our spiritual development. The greatest grace I find in Lent is the opportunity to examine and clean out the dark corners.

In the realm of church music Epiphany and Lent fall in the times when we often find ourselves short-handed. Everyone's worn out from the holidays, struggling to get back into the rhythm of every-day life. The snowbirds fly away for varying amounts of time. We look ahead to Holy Week and Easter with some nervousness. At St. Mary's we are taking on a special project during Lent learning a newly-composed "Requiem" by American composer K. Lee Scott for a concert March 17 & 18 with the choir of the Yarmouth Port Congregational Church. In its simplest terms, a Requiem is the liturgical mass for the dead using the Latin verses of the Catholic service. Our "Requiem" is of the non-liturgical variety, meaning it draws on other sources for its text, in this case primarily the Book of Revelation and the stunning poetry of John Donne. Music for Lent is often somber, minor, and often incredibly beautiful. It has been proven over and over that artists create their best work in a time of crises, pain, and/or honest reflection. To study and sing such music exposes us to the challenge of a composer's best work and invites us to examine text that requires thought.

Is this an odd way to invite you to join us either as a singer or listener for this special project? I promise rehearsals are not a time of penance—even in Lent we have a good time! And I feel certain that by the very nature of a Requiem and the season of Lent you will find more than you expect.

Joan Kirchner

EPISCOPAL CHURCH WOMEN
(ECW)**February program**

February 14th will be a very special day at St. Mary's. True, it is Valentine's Day, but the ECW would "LOVE" to see you at our monthly meeting which promises to be very informative. Doug and Diane Langeland, publishers of Eatable Cape Cod, will present a program on sustainable farming. Their magazine supports local chefs and farmers right here on the Cape. It will be an enlightening and uplifting program, and we are inviting all men and women to join us. Please circle your calendars!!! Wednesday, February 14th!!!!!!

March

Plans are being formulated for this year's World Day of Prayer, sponsored by the Church Women United of Barnstable. The Faith Assembly of God on Bearse's Way will be the Host parish this year. The date is Friday, March 2nd, another date for all parish women to circle.

April

At St. Mary's, April can only mean "Daffodil Tea". The date this year is Saturday, April 21st, and the price will remain at \$15. All reservations will be made by calling the parish office between February 1st and April 11th. Please watch your Church bulletins for the proper procedure when calling the office. This event is always a sell out, so don't wait too long. The March Cross Currents will have additional information. This event needs "many pair of hands" to make it a success. Won't you consider offering to help? Once again we are hoping to include an "all-parish" art show in the sunroom. Profits are divided 60/40%, so begin planning your project—Oils, watercolors, charcoal, pen and ink, etc....Fine Art for a very Fine Day!!!!

School Kits

ECW missions chair, Penny Hensley, will soon begin working on making and filling school kits. Please watch for a basket to be placed in the sunroom, with a list of needs. We hope to far outdo last year's number of kits.

Questions of the month

Do you sew/ Do you Knit/ Do you have favorite recipes/ Would you be interested in forming small groups who can gather occasionally to work together for next year's Holly Fair? This is a project we would very much like to get off the ground. Feedback will be important. PLEASE think about it.

Holly Fair figure

As promised, with most all receipts and disbursements now in, the ECW is proud to announce a profit of just under \$8500 for this past December Holly Fair. Thanks to one and all.

www.stmarys-church.org

Mission Statement

Saint Mary's is a community of faith striving to live intentionally as the Body of Christ in the world. We express our faith through worship, spiritual formation, care for others, and responsible stewardship of all our resources.

- We base our worship on the richness and diversity of Anglican liturgy and music.
- We provide opportunities and resources to guide the spiritual development of our multigenerational congregation.
- We reach out to help fulfill the material needs of those in our local community and beyond.
- We invite everyone to participate in the life of our community through sharing their time, talents, and tangible resources.



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